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Кафедра германських і східних мов та методики їх навчання

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Методичні рекомендації до практичних занять з навчальної дисципліни
«Практика усного та писемного мовлення (англійська мова)»
для здобувачів першого (бакалаврського) рівня 3-го року навчання
спеціальності «014.02 Середня освіта (Мова та зарубіжна література
(китайська))»

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Методичні рекомендації до практичних занять з навчальної дисципліни «Практика усного та писемного мовлення (англійська мова)» для здобувачів першого (бакалаврського) рівня 3-го року навчання спеціальності «014.02 Середня освіта (Мова та зарубіжна література (китайська))» / Укл. Е. В. Стрига. Одеса : Університет Ушинського, 2025. 71 с.

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ВСТУП

Методичні рекомендації з навчальної дисципліни «Практика усного та писемного мовлення (англійська мова)» призначені для здобувачів першого (бакалаврського) рівня 3-го року навчання спеціальності «014.02 Середня освіта (Мова та зарубіжна література (китайська))», укладені для проведення практичних занять з відповідної дисципліни.

Убачається, що запропоновані методичні рекомендації постануть доцільними задля досягнення мети означеної навчальної дисципліни, яка полягає в формуванні в здобувачів 3-го року навчання спеціальності «014.02 Середня освіта (Мова та зарубіжна література (китайська))» іншомовної мовленнєвої компетентності.

Очікується, що методичні рекомендації постануть корисними для здобувачів в оволодінні сучасними знаннями, застосовуванні їх у практичних ситуаціях; бути критичними і самокритичними; вдосконаленні навичок письмової й усної комунікації англійською мовою.

ПОЯСНЮВАЛЬНА ЗАПИСКА

Мета навчальної дисципліни: формування іншомовної мовленнєвої компетентності здобувачів спеціальності «014.02 Середня освіта (Мова та зарубіжна література (китайська))», а саме: формування лексичної, граматичної, фонетичної компетенцій; формування іншомовних мовленнєвих умінь у говорінні (монологічному, діалогічному й полілогічному мовленні); формування іншомовних мовленнєвих умінь у читанні й аудіюванні (розуміння англійських текстів різноманітного цільового призначення тощо); формування іншомовних мовленнєвих умінь у письмі (написання текстів різних жанрів); формування іншомовної мовленнєвої культури.

Передумови для вивчення дисципліни: для вивчення навчальної дисципліни «Практика усного та писемного мовлення (англійська мова)» (3-й рік навчання) здобувачі мають опанувати знання з таких навчальних дисциплін, як «Практика усного та писемного мовлення (англійська мова)» (1-й та 2-й роки навчання), «Практична фонетика (англійська мова)», «Практична фонетика (англійська мова)».

Очікувані програмні результати навчання:

ПРН 7 Учитися й оволодівати сучасними знаннями, застосовувати їх у практичних ситуаціях; бути критичним і самокритичним.

ПРН 9 Формувати і розвивати мовно-комунікативні уміння та навички учнів.

ПРН 13 Мати навички письмової й усної комунікації китайською та англійською мовами.

Очікувані результати навчання: Унаслідок вивчення навчальної дисципліни здобувачі мають

знати:

- фонетичний, лексичний (загальний та термінологічний), граматичний мінімум в обсязі, який необхідний для роботи з іншомовними текстами;

- формули мовленнєвого етикету професійного спілкування;
- соціокультурні особливості комунікації, що дозволить здійснювати ефективне спілкування іноземною мовою в міжнародному професійному середовищі.

уміти:

- читати та перекладати англomовну літературу, користуючись двомовними словниками, електронними словниками й програмним забезпеченням перекладацького спрямування та інтерпретувати прочитане з метою пошуку інформації з іноземних джерел;
- аналізувати англomовні джерела інформації для отримання даних, необхідних для виконання завдань;
- розуміти англійське усне та писемне мовлення в обсязі вивчених тем;
- вести бесіду на соціально-побутову тематику;
- готувати публічні виступи з галузевих питань.

Унаслідок досягнення результатів навчання здобувачі вищої освіти в контексті змісту навчальної дисципліни мають опанувати такі компетентності:

Загальні компетентності:

ЗК.07 Здатність учитися й оволодівати сучасними знаннями, застосовувати їх у практичних ситуаціях

ЗК.08 Здатність бути критичним і самокритичним.

Спеціальні компетентності:

СК.02 Здатність формувати і розвивати мовно-комунікативні уміння та навички учнів.

СК.06 Здатність до письмової й усної комунікації китайською та англійською мовами. **Міждисциплінарні зв'язки:** передбачаються зв'язки з такими навчальними дисциплінами, як: «Практична граматики (англійська мова)», «Практична фонетика (англійська мова)», «Ділова англійська мова», «Історія англійської мови та літератури».

ЗАВДАННЯ ДО ПРАКТИЧНИХ ЗАНЯТЬ

1. CONTENT MODULE ON "CAREERS AND PROFESSIONS"

PHONETIC SECTION

1. Articulation Drill: "Key Career and Professions Vocabulary"

Objective: Improve clarity and accuracy in pronouncing commonly used terms in Careers and Professions vocabulary; refine pronunciation skills, build confidence, and improve clarity in pronunciation.

Steps:

1. **Identify Core Vocabulary:** Focus on word-terms, such as:
management, negotiation, entrepreneur, colleague, laboratory, algorithm, innovation, cybersecurity, database, accounting, management investment, corporation, responsibility, evaluation, stakeholder profitability, professionalism, entrepreneurship, collaboration, innovation, organization, negotiation, communication, administration, presentation, leadership, productivity.

2. **Break Down Syllables:**

Practice slowly, breaking words into syllables:

man-age-ment, di-ag-no-sis, cy-ber-se-cu-ri-ty.

Stress the correct syllables:

entrepreneur (/ˌɒn.trə.prəˈnɜː/), *negotiation* (/nɪˌɡəʊ.ʃiˈeɪ.ʃən/).

3. **Practice in Context:**

Use target words in sentences:

"The manager proposed an innovative algorithm to improve the database security."

"The pharmaceutical team developed a groundbreaking therapy for rare diseases."

Bonus: Record and playback your sentences, comparing them to native pronunciation using resources like Forvo or Cambridge Dictionary.

2. Tongue Twister Challenge: "Career Vocabulary in Action"

Objective: Enhance fluency, rhythm, and pronunciation of challenging sounds.

The busy businessman boldly brought brilliant bargains.

The bold businesswoman bought brilliant bargains for better business branding.

Tech-savvy teams tackle tough technical tasks tirelessly.

Efficient engineers expertly evaluate energy-efficient equipment effortlessly.

The therapeutic therapist thoroughly theorized therapeutic techniques.
Precise pilots prepare perfectly planned paths for peaceful passenger progress.
Amazing artists analyze abstract art and achieve astonishing accomplishments.
The creative chef carefully crafts countless culinary creations with confidence.
Scientific studies solve significant societal struggles sustainably.
The loyal lawyer logically learns legal language to lead lasting lawsuits.
The wise writer works with words, weaving wonderful worlds with wit.
Dedicated doctors diagnose difficult diseases during daily duties.
Talented teachers talk tirelessly, teaching tricky topics to thoughtful teenagers.

Tips for Using These Tongue Twisters

1. Start slowly to focus on clear articulation.
2. Gradually increase speed while maintaining accuracy.
3. Use these as warm-ups before professional speaking practice.
4. Record and compare your pronunciation to improve fluency.

Bonus: Create your own tongue twister using field-specific vocabulary.

3. Role-Playing Scenarios: "Professional Communication Practice"

Objective: Develop pronunciation, stress, and intonation in realistic professional scenarios.

Steps:

1. **Choose a Scenario:**
 - **Job Interview:**
 - *"Can you describe your experience working with international teams?"*
 - Focus on clear articulation of professional terms like *collaboration, leadership, project management*.
 - **Presentation:**
 - *"Today, I'll present the key findings of our market analysis."*
 - Practice stressing important words (e.g., *key findings, market analysis*).
 - **Networking:**
 - *"I specialize in managing complex projects and streamlining operations."*
2. **Work on Intonation:**
 - Practice raising and lowering your pitch for emphasis:
 - *"This project **truly transformed** the way we approach customer service."*

3. **Feedback:**

- Record your responses and assess pronunciation or have a friend/teacher provide feedback.

Bonus: Watch professional role-playing videos online and mimic the pronunciation and rhythm of the speakers.

Resources for Practicing Oral English

1. **Apps and Tools:**

ELSA Speak: AI-based pronunciation practice with professional modules.

Speechling: Free tools to practice speaking and get expert feedback.

Italki or Preply: Find tutors for professional conversation practice.

2. **Podcasts and Videos:**

"The English We Speak" (BBC): Focus on workplace expressions and phrases.

"How I Built This" (NPR): Stories from entrepreneurs with clear professional English.

TED Talks: Search for talks related to your career for intonation and stress practice.

3. **Web Resources:**

[Forvo](#): Learn pronunciation of specific career-related words.

BBC Learning English - Pronunciation Tips: Clear lessons on English sounds and stress patterns.

4. **Books:**

"Ship or Sheep?" by Ann Baker (focused on minimal pairs).

VOCABULARY AND GRAMMAR SECTION

Exercise 1: Vocabulary in Context

Objective: To test understanding and application of career-related vocabulary.

Instructions: Fill in the blanks with the correct word from the box. Use each word once.

Words: entrepreneur, collaboration, negotiation, responsibility, internship, freelancer, promotion, hierarchy, innovation, resignation

1. The company values _____ between departments to achieve shared goals.
2. After five years in the same role, she finally received a well-deserved _____.

3. As an _____, Mark launched a startup that revolutionized online learning.
4. Effective _____ is essential for reaching agreements during business deals.
5. Taking an unpaid _____ helped Sarah gain experience in marketing.
6. The _____ within this organization is too rigid, making it hard to introduce change.
7. The new project's success depends on embracing _____ in product design.
8. Being a _____ allows John the flexibility to work for multiple clients.
9. Managers have a _____ to guide their teams effectively.
10. She submitted her _____ letter after deciding to switch careers.

Answer Key:

- | | |
|------------------|-------------------|
| 1. collaboration | 7. innovation |
| 2. promotion | 8. freelancer |
| 3. entrepreneur | 9. responsibility |
| 4. negotiation | 10. resignation |
| 5. internship | |
| 6. hierarchy | |

Exercise 2: Collocations and Phrasal Verbs

Objective: To practice common collocations and phrasal verbs related to careers.

Instructions: Match the verbs in Column A with the correct endings in Column B to form meaningful expressions.

Column A Column B

1. Apply for a. a promotion
2. Take on b. a project
3. Climb c. new skills
4. Hand in d. the career ladder

Column A Column B

- 5. Develop e. an internship
- 6. Work on f. your resignation
- 7. Go into g. responsibility
- 8. Seek h. a new field

Answer Key:

1-e, 2-b, 3-d, 4-f, 5-c, 6-a, 7-h, 8-g

Exercise 3: Grammar Practice – Conditionals in Career Planning

Objective: To practice conditionals in career-related contexts.

Instructions: Complete the sentences using the correct form of the verbs in parentheses.

- 1. If I _____ (study) harder in university, I would have secured a better job.
- 2. She will get the promotion if she _____ (perform) well in her current role.
- 3. If they _____ (invest) in more training, their employees would be more productive.
- 4. He wouldn't have become a successful entrepreneur if he _____ (not take) risks.
- 5. If you _____ (consider) this field, you might find it very rewarding.

Answer Key:

- 1. had studied
- 2. performs
- 3. invested
- 4. hadn't taken
- 5. consider

Exercise 4: Writing Professional Emails

Objective: To practice formal language and structure in professional communication.

Instructions: Read the situation below and write an email (120-150 words).

Situation: You are applying for a job as a Marketing Manager at a well-known company. Write an email to the HR Manager, expressing your interest in the role and summarizing your qualifications.

Include:

- A professional greeting
- An opening sentence mentioning the purpose of the email
- A brief summary of your skills and experience
- A closing sentence and polite sign-off

Sample Answer:

Subject: Application for Marketing Manager Position

Dear [HR Manager's Name],

I am writing to express my keen interest in the Marketing Manager position at [Company Name]. With over five years of experience in digital marketing and a proven track record of leading successful campaigns, I am confident in my ability to contribute to your team's success.

In my previous role at [Previous Company], I developed and executed marketing strategies that increased brand visibility by 40%. My expertise in analytics, combined with my creative problem-solving skills, enables me to drive data-driven decisions that align with company goals.

Thank you for considering my application. I would welcome the opportunity to discuss how my skills align with your team's needs.

Best regards,
[Your Name]

Exercise 5: Speaking and Discussion Prompts

Objective: To practice fluency and articulation in professional scenarios.

Instructions: Prepare a 2-minute response for each prompt, focusing on pronunciation, intonation, and professional vocabulary.

1. Describe a time when you faced a challenge in your career and how you overcame it.
2. What qualities do you think are essential for someone in a leadership role?

3. If you could switch careers tomorrow, what would you choose and why?
4. How do you think technological advancements will affect careers in your field?
5. What advice would you give to someone starting their career?

Bonus Tip: Record your answers and listen for areas where you can improve clarity and confidence.

Resources for Practice

1. **Vocabulary:** Cambridge Dictionary and Forvo for pronunciation of professional terms.
2. **Grammar:** Websites like Grammarly and British Council Learn English for conditional practice.
3. **Speaking:** Use apps like Speechling or join professional discussion groups online (e.g., LinkedIn forums).

TEXT WORK

Relevant Careers and Professions Nowadays

In today's rapidly changing world, career opportunities are evolving with the advancement of technology, globalization, and shifts in societal needs. As a result, certain professions that were once considered niche are now in high demand, while others are disappearing or undergoing major transformations. Whether it's the rise of the digital economy, the need for sustainability, or the healthcare sector's ongoing evolution, the modern workforce offers a wide range of dynamic career paths. In this article, we will explore some of the most relevant careers today and discuss how individuals can navigate these changing job markets.

1. Technology and IT

Technology is perhaps the most influential sector when it comes to shaping the workforce. The demand for IT professionals, such as software developers, cybersecurity experts, data scientists, and network administrators, has soared in recent years. As businesses and industries increasingly rely on digital systems and online platforms, the need for skilled tech workers continues to grow.

For example, **data scientists** are in high demand as companies look for professionals who can analyze vast amounts of data and derive actionable insights. Similarly, with the rise of cyber threats, **cybersecurity experts** are crucial in protecting sensitive data and ensuring privacy in an increasingly digital world. As artificial intelligence (AI) and machine learning become more mainstream, there is also a growing demand for engineers and professionals skilled in these technologies.

2. Healthcare

The healthcare sector has always been vital, but its importance has been magnified by the COVID-19 pandemic, which brought attention to the need for skilled professionals in medicine, nursing, and public health. As populations age and health concerns grow, there is a consistent demand for healthcare workers worldwide. Roles such as doctors, nurses, physical therapists, and mental health professionals are essential in ensuring the well-being of society.

Furthermore, **healthcare technology** is also evolving. Health informatics, for instance, is a growing field that combines healthcare with information technology to manage and analyze health data. This allows for better patient care and more efficient healthcare delivery. With the aging population, specialized roles in geriatric care, as well as palliative and hospice care, are also becoming increasingly important.

3. Green and Sustainable Professions

With climate change becoming one of the most pressing global challenges, there has been a significant rise in demand for green jobs. The need for sustainability is driving new professions and transforming traditional ones. Careers in renewable energy, environmental consultancy, and sustainability-focused business roles are increasingly important.

For example, **environmental engineers** and **renewable energy specialists** are crucial in finding innovative solutions to reduce carbon footprints and harness renewable resources. Similarly, as businesses face increasing pressure to become environmentally responsible, **sustainability consultants** help companies reduce waste, optimize energy use, and implement eco-friendly practices.

4. Creative Industries

The creative industries have seen a rise in significance, particularly with the expansion of digital media, content creation, and entertainment. Careers in **graphic design**, **digital marketing**, **film production**, and **game development** are thriving as people consume content in new and diverse ways. Social media influencers and

content creators have also emerged as new career options, reflecting how the way we engage with media is changing.

With the rise of platforms like YouTube, Instagram, and TikTok, individuals who can create engaging and entertaining content are finding lucrative opportunities in online platforms. Additionally, **UX/UI designers** (user experience and user interface designers) are in demand to create intuitive and user-friendly websites and applications.

5. Education and E-learning

Education has evolved with the increasing accessibility of the internet and online learning platforms. The demand for teachers and educators is still high, but the rise of **e-learning** has led to new opportunities. Educators who can create digital content, teach online, or design educational apps and platforms are finding new, rewarding careers.

In addition, the rise of **language teaching**, especially online language tutoring, has become a viable profession for individuals who have a strong command of languages. Online platforms such as VIPKid or iTalki allow educators to teach students worldwide from the comfort of their own homes.

6. Entrepreneurship

With the growth of digital platforms and tools that make starting a business easier, many individuals are turning to **entrepreneurship** as a career path. Whether it's launching a startup, an e-commerce business, or a personal brand, the opportunities for innovation and self-employment are abundant. **Freelancers** in fields such as writing, web development, and consulting are also thriving, benefiting from the rise of remote work and flexible employment arrangements.

Exercises

Exercise 1: Vocabulary Match

Match the terms on the left with their definitions on the right.

1. Data Scientist
2. Cybersecurity Expert
3. Environmental Engineer
4. Digital Marketing

5. UX/UI Designer

- a) A professional who protects networks and systems from cyber threats.
- b) A professional who creates user-friendly and engaging digital experiences.
- c) A role that involves analyzing and interpreting data to provide business insights.
- d) A professional involved in promoting products or services via digital channels.
- e) A person who designs solutions to environmental problems using engineering principles.

Exercise 2: Fill in the Gaps

Complete the sentences with the correct word from the list.

List:

- In-demand
 - Digital
 - Freelancing
 - Growing
 - E-learning
1. _____ is revolutionizing the education system by offering remote learning opportunities.
 2. Many professionals are turning to _____ to have more flexibility and independence in their work.
 3. With the rise of the internet, the _____ economy has created a variety of career paths.
 4. The field of cybersecurity is _____ as more companies focus on protecting their data.
 5. Data analysis has become an _____ skill across many industries.

Exercise 3: True or False

Read the statements and decide if they are true or false.

1. The demand for green and sustainable jobs is decreasing.

2. Social media influencers are now a prominent career choice.
3. E-learning has no significant impact on traditional education systems.
4. Data scientists are mainly responsible for developing new software.
5. Healthcare technology is only focused on physical health and not on mental well-being.

Exercise 4: Writing Task

Write a short essay (about 150 words) on a career that interests you in today's world. Explain why you find it relevant, the skills required, and what impact it can have on society.

Exercise 5: Question and Answer

Answer the following questions based on the text:

1. Which sector has seen the greatest increase in demand due to technological advancements?
2. How has the healthcare profession evolved in recent years?
3. Why is there an increasing need for sustainability experts?
4. Name one profession related to the creative industry that has gained popularity in recent years.
5. What is one advantage of e-learning for educators and students?

DISCUSSION SECTION

1. Questions to be discussed:

What factors should someone consider when choosing a career path?

How has technology changed the landscape of certain professions?

What are some of the most in-demand careers in today's job market?

How important is formal education versus practical experience in securing a job?

What are the key skills employers look for in candidates across industries?

How can networking help in advancing your career?

What are the advantages and disadvantages of working in a freelance capacity versus a full-time job?

How can someone successfully transition to a completely different career?

What are the benefits of pursuing a passion versus choosing a stable career?

What role do certifications and additional training play in career advancement?

How does work-life balance affect job satisfaction and productivity?

What are some effective strategies for negotiating salary and benefits?

How has remote work influenced career opportunities and employee preferences?

What are some signs that it's time to switch jobs or even professions entirely?

What are the most common job interview questions, and how should candidates prepare for them?

How can a candidate effectively showcase their skills and experience during an interview?

What are the best strategies for handling difficult or unexpected interview questions?

How can someone make a strong impression in the first few minutes of an interview?

What are some common mistakes candidates make during interviews, and how can they be avoided?

2. The scheme of the discussion.

1. Introduction

- Briefly introduce the topic and its importance.
- State the purpose of the discussion or the key question to be addressed.

2. Main Body

- **Background/Context:** Provide relevant background information or context for the topic.

- **Key Points:** Present the main points of the discussion, one at a time.
 - Support each point with evidence, examples, or logical reasoning.
 - Allow for contrasting views or counterarguments to encourage depth.
- **Questions/Engagement:** Pose questions to encourage participation and engagement if it's a group discussion.

3. Analysis/Exploration

- Dive deeper into the implications, challenges, or potential solutions related to the topic.
- Discuss different perspectives or opinions.

4. Conclusion

- Summarize the key points covered during the discussion.
- Highlight any agreed-upon conclusions or unresolved issues.

5. Call to Action/Next Steps

- Suggest next steps, future discussions, or actions to take based on the discussion's outcome.
- End with a question or thought-provoking statement to leave a lasting impression.

CONTENT MODULE ON “HEALTH”

PHONETIC SECTION

1. Articulation Drill: Medical and Health Vocabulary

Objective: Improve clarity in pronouncing common health-related terms.

Steps:

1. **Focus on Challenging Words:** Practice the following health-related terms, breaking them into syllables and stressing the appropriate parts:

- *cardiology* (/ˌkɑː.diˈɒl.ə.dʒi/), *epidemiology* (/ˌep.ɪ.diː.miˈɒl.ə.dʒi/), *rehabilitation* (/ˌriː.həˌbɪl.ɪˈteɪ.ʃən/), *immunology* (/ˌɪm.jəˈnɒl.ə.dʒi/).
- Diagnosis, pharmaceutical, cardiovascular, biotechnology, dermatologist, microbiology, epidemiology, neurosurgery.

2. **Sentence Practice:** Use these words in sentences to practice transitions between sounds:

- *"The cardiologist specializes in cardiovascular diseases."*
- *"Rehabilitation is a crucial part of recovery after surgery."*

Bonus: Record your pronunciation and compare it with online resources like [Forvo](#) or dictionary audio samples.

2. Tongue Twister Challenge: "Career Vocabulary in Action"

Objective: Enhance fluency, rhythm, and pronunciation of challenging sounds.

The thorough therapist thought thoughtfully about therapeutic techniques.

Doctors diagnose difficult diseases during daily duties.

The epidemiologist eagerly examined evolving epidemic evidence.

Healthy hearts heal quickly, helping happy humans.

Strong stamina strengthens skeletal systems swiftly.

Busy bodies balance between beneficial benefits and bad habits.

Plenty of protein powers up powerful people's physical performance.

Healthy habits help humans hold high hopes for longevity.

Sweating during strenuous stretches strengthens your stamina.
Proper posture prevents painful problems, promoting pain-free living.
Fresh fruit fuels fitness and fortifies our immune system.
Sleep supports strength and stimulates the senses effectively.
Diet decisions determine dynamic, desirable health details.
Bending and breathing build body balance and bolster bones.
Vigorously validating vitamins vitalize vital organs and systems.
Hydration helps heal hearts, heads, and hips harmoniously.
Early exercise ensures excellent endurance and energy.
Consistent cardio combats conditions and keeps kidneys keen.

Tips for Using These Tongue Twisters

1. Start slowly to focus on clear articulation.
2. Gradually increase speed while maintaining accuracy.
3. Use these as warm-ups before professional speaking practice.
4. Record and compare your pronunciation to improve fluency.

Bonus: Create your own tongue twister using field-specific vocabulary.

3. Role-Playing Scenarios: Health Communication

Objective: Practice pronunciation, intonation, and stress in realistic health-related contexts.

Steps:

1. Choose a Scenario:

- Doctor-Patient Dialogue:
 - *"Can you describe your symptoms in more detail?"*
 - *"It's important to follow the prescribed treatment plan for effective recovery."*
- Health Presentation:

- *"Today, we'll discuss the importance of mental health and strategies to manage stress."*

- Pharmacist Consultation:

- *"This medication should be taken twice daily after meals."*

2. Intonation Practice:

Focus on rising intonation for questions and appropriate stress on key words for clarity.

Example: *"Can you explain how long you've been experiencing these symptoms?"*

3. Feedback and Improvement:

Record your responses and listen for areas where you can improve articulation and stress.

Recommended Resources for Practicing Oral English

1. Apps and Tools:

ELSA Speak: Great for practicing pronunciation with feedback.

Speechling: Free speaking practice with native feedback.

YouGlish: Hear how health-related terms are used in real-life contexts.

2. Videos and Podcasts:

TED Talks: Search for health-related topics like mental health or wellness.

"The English We Speak" (BBC): Short episodes explaining health-related idioms and phrases.

YouTube Channels: **Rachel's English** for pronunciation tips and **BBC Learning English**.

3. Books and Websites:

Ship or Sheep? by Ann Baker: Focused on minimal pairs for clear pronunciation.

BBC Learning English - Pronunciation Tips.

VOCABULARY AND GRAMMAR SECTION

1. Collocations: Health and Wellness Vocabulary

Complete the sentences with appropriate health-related collocations. Use the words from the list below.

List of Words:

- balanced diet
- regular exercise
- mental health
- chronic condition
- physical activity
- medical check-up
- healthy lifestyle
- stress management

Sentences:

1. Many people find that _____ plays a crucial role in maintaining overall well-being.
2. She has been living with a _____ for several years, and she manages it with medication.
3. _____ is important for preventing health problems and improving your mood.
4. It's important to get a _____ every year to detect any early health issues.
5. Practicing _____ techniques can greatly reduce the effects of anxiety and tension.
6. To achieve and maintain a _____, one must pay attention to diet, exercise, and sleep.
7. A _____ helps strengthen muscles, improve stamina, and keep the heart healthy.
8. If you want to improve your _____, try to incorporate mindfulness and relaxation exercises into your routine.

Answer Key:

1. balanced diet
2. chronic condition
3. physical activity
4. medical check-up
5. stress management
6. healthy lifestyle
7. regular exercise
8. mental health

2. Fill in the Gaps: Prepositions of Health

Fill in the blanks with the correct prepositions (in, on, at, for, with).

1. Regular exercise is important _____ maintaining a healthy weight.
2. She was diagnosed _____ asthma last year.
3. Taking care _____ your diet is essential for long-term health.
4. He's been suffering _____ headaches recently due to stress.
5. She is recovering _____ a serious injury and needs to rest for a few weeks.
6. Many people rely _____ supplements to boost their immunity during winter.
7. The doctor advised him _____ cutting down on sugary foods.
8. If you suffer _____ high blood pressure, you should consult a physician immediately.

Answer Key:

- | | |
|---------|---------|
| 1. for | 5. from |
| 2. with | 6. on |
| 3. of | 7. to |
| 4. from | 8. from |

3. Word Formation: Health Vocabulary

Transform the words in brackets into the correct form to complete the sentences.

1. A nutritious and _____ (balance) diet is essential for maintaining good health.
2. She felt an overwhelming sense of _____ (anxious) before her medical appointment.
3. The rise in _____ (obese) in many countries is a cause for concern.
4. His _____ (active) lifestyle keeps him in great shape.
5. The doctor gave me _____ (recommend) to avoid processed foods.
6. _____ (regular) exercise improves mental health and overall well-being.
7. The healthcare system is in need of significant _____ (reform).
8. _____ (stress) is one of the leading causes of burnout in the workplace.

Answer Key:

- | | |
|-------------|--------------------|
| 1. balanced | 5. recommendations |
| 2. anxiety | 6. Regular |
| 3. obesity | 7. reform |
| 4. active | 8. Stress |

4. Conditional Sentences: Health Advice

Complete the sentences with the correct conditional form of the verb.

1. If you _____ (eat) more vegetables, you would feel much better.
2. I _____ (exercise) more regularly if I had more free time.
3. If people _____ (quit) smoking, they would reduce the risk of many diseases.
4. If I _____ (know) the benefits of yoga earlier, I would have started practicing it sooner.
5. If she _____ (drink) more water, her skin would look much healthier.
6. If we _____ (implement) stricter health policies, fewer people would suffer from preventable diseases.
7. If he _____ (take) the medication as prescribed, his condition would improve.
8. If you _____ (rest) more, your immune system would be stronger.

Answer Key:

- | | |
|-------------------|----------------|
| 1. ate | 5. drank |
| 2. would exercise | 6. implemented |
| 3. quit | 7. took |
| 4. had known | 8. rested |

5. Error Correction: Health-related Sentences

There is one mistake in each of the following sentences. Identify and correct it.

1. It's important to drink enough water in order to stay hydrate.
2. She has been diagnosed with diabetes since five years.
3. People who regularly exercise has lower chances of developing heart disease.
4. If I would have known about the health benefits of walking, I would have started earlier.

5. He suffers of high blood pressure and needs to take his medication daily.
6. Many people struggle to get enough sleep because they are busy with work and family obligations.
7. A balanced diet includes proteins, carbohydrates, and fats but avoiding too much sugar.
8. Eating processed food can lead to developing health issues in the long term.

Answer Key:

- | | |
|--|---|
| 1. stay hydrated | 5. suffers from high blood pressure |
| 2. since for five years | 6. Correct |
| 3. People who regularly exercise have | 7. but avoiding should be avoids |
| 4. If I had known | 8. developing development of health issues |

TEXT WORK

Healthy Lifestyle: The Key to Longevity and Well-being

A healthy lifestyle is essential for both physical and mental well-being. In today's fast-paced world, where many people lead sedentary lives, eat unhealthy foods, and experience high levels of stress, it's more important than ever to adopt habits that support health. A balanced lifestyle that includes regular exercise, a nutritious diet, sufficient sleep, and stress management can help prevent various health problems, improve mood, and increase longevity. In this text, we will explore the key components of a healthy lifestyle and provide exercises to enhance your understanding and practice.

1. Regular Exercise

Physical activity is one of the most important factors in maintaining good health. Engaging in regular exercise helps to improve cardiovascular health, maintain a healthy weight, build muscle strength, and boost mental well-being. Experts recommend at least 150 minutes of moderate aerobic activity, such as brisk walking or cycling, per week, combined with strength exercises on two or more days. Not only does exercise help to prevent chronic conditions like heart disease, diabetes, and

hypertension, but it also boosts mood by releasing endorphins, the body's natural mood elevators.

2. Nutritious Diet

A healthy diet is crucial for providing the body with the nutrients it needs to function optimally. A balanced diet should include a variety of foods: vegetables, fruits, whole grains, lean proteins, and healthy fats. Reducing the intake of processed foods, sugary drinks, and excessive salt can significantly decrease the risk of obesity, heart disease, and type 2 diabetes. Consuming enough water throughout the day is also important for hydration, digestion, and maintaining healthy skin.

It's also important to practice portion control and avoid overeating. Eating smaller, more frequent meals can help regulate metabolism and prevent excessive weight gain. A diet rich in fiber, vitamins, and antioxidants strengthens the immune system and reduces inflammation, which is crucial for long-term health.

3. Quality Sleep

Sleep is another fundamental pillar of a healthy lifestyle. The average adult needs about 7 to 9 hours of sleep per night. Lack of sleep can lead to various health problems, including weakened immunity, cognitive impairment, mood swings, and an increased risk of chronic conditions. Good sleep hygiene, such as having a consistent sleep schedule, avoiding caffeine before bed, and creating a relaxing bedtime routine, can help improve sleep quality.

Additionally, the bedroom environment plays a significant role in promoting good sleep. A cool, quiet, and dark room can help signal to the body that it's time to rest. Reducing screen time in the evening is also important, as blue light from electronic devices can interfere with the body's natural sleep-wake cycle.

4. Stress Management

Chronic stress can have a detrimental effect on both physical and mental health. Stress can increase the risk of high blood pressure, heart disease, and anxiety disorders. Therefore, managing stress effectively is an essential part of a healthy lifestyle. Practicing mindfulness techniques such as deep breathing, meditation, or yoga can help reduce stress levels.

Engaging in hobbies, spending time with loved ones, and ensuring a good work-life balance can also significantly improve mental well-being. Taking time for relaxation and self-care, such as reading a book or going for a walk, can help reset the mind and restore emotional balance.

5. Social Connections

A healthy lifestyle is not just about physical health—it also involves strong social connections. Spending time with friends and family, participating in social activities, and nurturing relationships can contribute to emotional well-being. Studies have shown that people who maintain strong social ties are more likely to live longer, happier lives.

Incorporating these healthy habits into daily life can require some adjustments, but the benefits are well worth the effort. A balanced lifestyle not only promotes longevity but also ensures a higher quality of life, with more energy, improved mood, and reduced risk of illness.

Exercises

Exercise 1: Vocabulary Match

Match the words on the left with their meanings on the right.

1. Cardiovascular
 2. Endorphins
 3. Antioxidants
 4. Hydration
 5. Portion control
- a) Natural chemicals that improve mood
 - b) The process of ensuring adequate fluid intake
 - c) The practice of eating appropriate amounts of food
 - d) Compounds that protect cells from damage
 - e) Relating to the heart and blood vessels

Exercise 2: Fill in the Gaps

Complete the sentences with the correct word from the list.

List:

- Boost
- Maintain
- Prevent

- Decrease
 - Include
1. Regular exercise can _____ your energy levels and improve overall well-being.
 2. It is essential to _____ a balanced diet for optimal health.
 3. A healthy lifestyle can help _____ the risk of chronic diseases such as heart disease and diabetes.
 4. Reducing stress levels can _____ the likelihood of developing anxiety or depression.
 5. A healthy diet should _____ a variety of fruits, vegetables, and whole grains.

Exercise 3: True or False

Read the statements and determine if they are true or false.

1. You should aim to exercise at least 300 minutes of moderate activity per week.
2. It is important to consume a lot of processed foods to get the necessary nutrients.
3. Sleep helps to restore both physical and mental health.
4. Chronic stress can have a positive effect on your health if managed correctly.
5. Strong social connections have no effect on your health.

Exercise 4: Writing Task

Write a short essay (about 150 words) on the importance of a healthy lifestyle. Discuss the different components (exercise, diet, sleep, stress management) and how they contribute to overall well-being.

Exercise 5: Question and Answer

Answer the following questions based on the text.

1. What are the recommended minimum minutes of moderate exercise per week for adults?
2. Why is sleep important for maintaining good health?

3. How can social connections contribute to a healthy lifestyle?
4. What are some effective ways to manage stress?
5. Name two benefits of regular physical activity.

DISSCUSSION SECTION

1. Questions to be discussed:

What are the key components of maintaining good physical and mental health?

How can regular exercise impact overall well-being?

What role does sleep play in maintaining a healthy lifestyle?

How do stress and anxiety affect physical health, and what are effective coping strategies?

What are some common misconceptions about dieting and nutrition?

What are the short-term and long-term health effects of smoking?

How does secondhand smoke impact non-smokers, especially children?

What strategies are effective for quitting smoking permanently?

How do e-cigarettes and vaping compare to traditional smoking in terms of health risks?

What role do public policies, such as smoking bans, play in reducing tobacco use?

What are the benefits of incorporating mindfulness or meditation into daily life?

How can someone make healthier choices when eating out or on the go?

What are the best ways to stay motivated to maintain a healthy lifestyle?

How does social support influence a person's ability to lead a healthy life?

What are simple steps individuals can take to build healthier habits over time?

2. The scheme of the discussion.

1. Introduction

- Briefly introduce the topic and its importance.
- State the purpose of the discussion or the key question to be addressed.

2. Main Body

- **Background/Context:** Provide relevant background information or context for the topic.
- **Key Points:** Present the main points of the discussion, one at a time.
 - Support each point with evidence, examples, or logical reasoning.
 - Allow for contrasting views or counterarguments to encourage depth.
- **Questions/Engagement:** Pose questions to encourage participation and engagement if it's a group discussion.

3. Analysis/Exploration

- Dive deeper into the implications, challenges, or potential solutions related to the topic.
- Discuss different perspectives or opinions.

4. Conclusion

- Summarize the key points covered during the discussion.
- Highlight any agreed-upon conclusions or unresolved issues.

5. Call to Action/Next Steps

- Suggest next steps, future discussions, or actions to take based on the discussion's outcome.
- End with a question or thought-provoking statement to leave a lasting impression.

CONTENT MODULE ON “AMERICA AND AMERICANS”

PHONETIC SECTION

1. Articulation Drill: American Cultural Vocabulary

Objective: Improve pronunciation of key terms related to American culture, history, and geography.

Steps:

1. **Identify Challenging Words:** Focus on words that have multiple syllables and require careful articulation. Practice the following:

Independence (/ˌɪn.dɪˈpen.dəns/), *Constitution* (/ˌkɒn.stɪˈtjuːʃən/), *democracy* (/dɪˈmɒk.rə.si/), *revolution* (/ˌrev.əˈluːʃən/), *immigration* (/ˌɪmɪˈɡreɪʃən/), *entrepreneur* (/ˌɒn.trə.prəˈnɜːr/).

2. **Break Down Syllables:**

Slow down to articulate each syllable:

in-de-pen-dence, con-sti-tu-tion, im-mi-gra-tion.

Bonus: Record yourself and compare your pronunciation to native speakers on sites like [Forvo](#).

2. Tongue Twisters: "America and Americans"

Objective: Improve fluency and rhythm while practicing challenging consonant and vowel combinations in a cultural context.

Steps:

1. **Tongue Twisters:**

Americans always admire adventurous architects advancing across all American avenues.

Big cities, like Boston and Brooklyn, bring bold business opportunities.

The American dream drives diligent dreamers to dive into diverse industries.

Many millennials make money by marketing modern American-made merchandise.

American architects are always advancing amazing architectural achievements.

Many Americans make money by managing multiple media markets.
Betsy's big bakery brings brilliant baked goods to bold Brooklyn.
Big cities like Boston boast beautiful bridges and breathtaking buildings.
The American dream drives determined dreamers to diverse destinations.
Americans always appreciate apples and avocados at affordable prices.
The Statue of Liberty stands proudly, symbolizing the spirit of freedom.
New Yorkers never neglect to navigate narrow streets in New York.
Famous Founding Fathers fought for freedom in the first American Revolution.
California's climate creates great conditions for growing grapes and grain.
Americans adore autumn afternoons as amber leaves are abundantly around.
American astronauts aspire to ascend and achieve astronomical accomplishments.

Tips for Using These Tongue Twisters

Start slowly to focus on clear articulation.
Gradually increase speed while maintaining accuracy.
Use these as warm-ups before professional speaking practice.
Record and compare your pronunciation to improve fluency.

Bonus: Try creating your own tongue twisters related to American culture, geography, or famous cities.

3. Role-Playing Scenarios: "Talking About America"

Objective: Practice pronunciation, intonation, and stress in real-world American contexts such as discussing American culture, cities, and history.

Steps:

1. Choose a Scenario:

- *American History Presentation:*

"The American Revolution began in 1775 and led to the birth of a new nation."

Practice stressing key historical events and names, like *Revolution*, *1775*, and *nation*.

- *Traveling in America:*

"I visited New York City and enjoyed the Statue of Liberty and Central Park."

Focus on correct stress in place names, such as *New York City*, *Statue of Liberty*, and *Central Park*.

2. Intonation Practice:

Practice rising intonation for questions and falling intonation for statements.

Example: "*Where would you go if you visited the United States?*" (rising intonation)
"*I would go to Washington D.C. and visit the White House.*" (falling intonation)

3. Record Yourself:

Record your sentences and compare them to native speakers or use language apps for feedback.

Recommended Resources for Practicing Oral English

1. Apps and Tools:

Speechling: Great for personalized pronunciation practice with feedback from native speakers.

ELSA Speak: Provides feedback on pronunciation and articulation with a focus on American English.

Forvo: Look up and listen to the pronunciation of American words by native speakers.

2. Videos and Podcasts:

"American English Pronunciation": A YouTube channel dedicated to American pronunciation.

TED Talks: Watch presentations on topics like American culture, history, and innovations, and mimic the intonation.

"The English We Speak" (BBC): Short, practical podcasts to practice pronunciation and common American expressions.

3. Books and Websites:

"American Accent Training" by Ann Cook: A comprehensive book to practice an American accent.

BBC Learning English - Pronunciation Tips: Provides specific lessons on American pronunciation patterns and differences.

Rachel's English (YouTube): Focuses on American English pronunciation, with extensive practice on sounds and intonation.

VOCABULARY AND GRAMMAR SECTION

1. Vocabulary Matching: American Cities and Landmarks

Objective: Practice vocabulary related to American cities and landmarks by matching descriptions to the correct terms.

Instructions: Match the descriptions below with the correct American city or landmark.

Write the corresponding number next to each city/landmark.

Cities and Landmarks:

1. New York City
2. The Grand Canyon
3. Washington D.C.
4. Hollywood
5. The Statue of Liberty

Descriptions:

- A. A large, famous landmark located in Arizona, known for its breathtaking views and natural rock formations.
- B. The nation's capital, home to the White House, Capitol Hill, and the Lincoln Memorial.
- C. The city that never sleeps, famous for Times Square, Broadway, and the Empire State Building.
- D. A symbol of freedom, this statue was a gift from France and stands in New York Harbor.

E. The entertainment hub of the world, known for its film industry, iconic sign, and celebrities.

Answer Key:

1. C, 2. A, 3. B, 4. E, 5. D

2. Fill-in-the-Blanks: American Culture and Society

Objective: Test your knowledge of American culture by completing sentences with the correct vocabulary or expressions.

Instructions: Fill in the blanks with the appropriate words or phrases related to American culture.

1. In the United States, ____ is celebrated every year on the fourth Thursday of November. (Holiday)
2. ____ is an important American festival that celebrates African-American culture, typically observed in February. (Cultural observance)
3. The ____ is the U.S. government's top military officer and is responsible for the Department of Defense. (Position)
4. The ____ was the social and political movement aimed at achieving civil rights for African Americans in the 1950s and 1960s. (Movement)
5. ____ is a popular American sport, particularly known for its Super Bowl championship games. (Sport)

Answer Key:

1. Thanksgiving
2. Black History Month
3. Secretary of Defense
4. Civil Rights Movement
5. American football

3. Sentence Transformation: Passive Voice in American History

Objective: Practice transforming active sentences into passive voice while learning about American history.

Instructions: Rewrite the following active sentences in passive voice. Pay attention to tense changes and the structure of the sentence.

1. The American government passed the Civil Rights Act in 1964.
→ *The Civil Rights Act was passed by the American government in 1964.*
2. Americans celebrate Independence Day on July 4th each year.
→ *Independence Day is celebrated by Americans on July 4th each year.*
3. They built the White House in the late 18th century.
→ *The White House was built in the late 18th century.*
4. The U.S. Congress approved the national health care reform bill.
→ *The national health care reform bill was approved by the U.S. Congress.*

Answer Key:

1. The Civil Rights Act was passed by the American government in 1964.
2. Independence Day is celebrated by Americans on July 4th each year.
3. The White House was built in the late 18th century.
4. The national health care reform bill was approved by the U.S. Congress.

4. Prepositions Practice: Describing the U.S. Geography

Objective: Use correct prepositions of place and movement when talking about American geography.

Instructions: Complete the sentences with the correct preposition from the options in parentheses.

1. The Grand Canyon is located ____ Arizona. (in / on)
2. New York City is located ____ the East Coast of the United States. (in / on)
3. The Mississippi River runs ____ the Midwest and the South of the United States. (through / across)
4. The Statue of Liberty stands ____ the New York Harbor. (in / on)
5. The Hollywood Sign is located ____ the Hollywood Hills in Los Angeles. (at / in)

Answer Key:

1. in
2. on
3. through
4. in
5. in

5. Vocabulary Building: American Idioms and Expressions

Objective: Learn and practice common American idioms and expressions related to American culture.

Instructions: Match the idioms with their correct meanings.

Idioms:

1. The American Dream
2. Cut to the chase
3. In a nutshell
4. Burn the midnight oil
5. A shot in the dark

Meanings:

- A. To work late into the night, especially on a project or task.
- B. To get to the point, skip unnecessary details.
- C. To describe the ideal success in the United States, where anyone can achieve success through hard work.
- D. To make a guess with little information.
- E. To summarize something briefly.

Answer Key:

1. C (The American Dream)
2. B (Cut to the chase)
3. E (In a nutshell)
4. A (Burn the midnight oil)
5. D (A shot in the dark)

TEXT WORK

American Lifestyle: A Glimpse into Daily Life in the United States

The American lifestyle is often associated with a mix of individuality, freedom, and innovation. It reflects the country's rich cultural diversity and history, influencing various aspects of daily life, from work and family dynamics to leisure activities and consumer habits. This unique lifestyle varies across different regions of the United States, but there are certain aspects that are universally recognized and characteristic of the American way of life.

Work and Career

Work is central to the American lifestyle. The U.S. is known for its strong work ethic, and most Americans work long hours, often with a strong focus on career progression. The traditional 9-to-5 workday is still common, but flexible hours, remote working, and freelance opportunities have also become widespread, especially in cities like New York, San Francisco, and Los Angeles. Many Americans are driven by the concept of the "American Dream," where hard work is believed to lead to success, prosperity, and social mobility. As a result, ambition and determination are highly valued in American culture.

Work-life balance, however, can sometimes be difficult to achieve, especially in competitive industries. Vacation time is relatively limited compared to other countries, and many people feel pressure to work hard to advance their careers. Nevertheless, the U.S. also offers many opportunities for entrepreneurship, and the startup culture is thriving, especially in tech hubs like Silicon Valley. Americans are encouraged to pursue their passions and build businesses, contributing to a highly dynamic economy.

Family and Social Life

The concept of family is deeply ingrained in American society, although family structures can vary widely. Traditional family units consisting of parents and children are common, but in many households, there may be single parents, stepfamilies, or families with same-sex parents. The American family is often described as being more independent compared to other cultures, with a focus on self-reliance and individual freedom. Children are typically encouraged to develop independence from an early age, and once they reach adulthood, they often leave home to live on their own or pursue higher education.

Social life in America is vibrant and diverse, with a focus on friendships, socializing, and community activities. Sports, for example, play a significant role in American

culture, with Americans spending a lot of time watching or participating in games like football, basketball, baseball, and soccer. The U.S. also has a strong culture of volunteering, where many people participate in charitable activities, both within their local communities and on a national level.

Leisure and Entertainment

Leisure time and entertainment are essential components of the American lifestyle. The U.S. is home to a diverse range of entertainment options, from movies and television to outdoor activities and shopping. Americans often enjoy weekend getaways, hiking in national parks, or attending sporting events. The country is known for its cinema and music industries, particularly Hollywood, which produces movies that are watched globally.

Television and streaming platforms like Netflix, Hulu, and Disney+ have become central to American entertainment. Reality shows, sitcoms, and dramas attract millions of viewers, and celebrities are often household names. Additionally, the music industry plays a significant role in shaping American culture, with genres such as pop, rock, hip-hop, and country music being widely popular across the country.

Health and Fitness

The American lifestyle also places a strong emphasis on health and fitness, although there are both positive and negative aspects to this focus. On the one hand, many Americans prioritize exercise, with fitness trends such as yoga, CrossFit, and running being extremely popular. Gyms and fitness centers are common in most neighborhoods, and sports such as running, cycling, and swimming are part of everyday life for many.

However, the U.S. also faces challenges related to obesity and unhealthy eating habits, especially with the prevalence of fast food and sugary drinks. The American diet is often high in processed foods, which has contributed to rising health concerns. Public health campaigns encourage healthier eating, but balancing convenience with nutrition remains an ongoing challenge.

Consumer Culture

Consumerism is another defining feature of American lifestyle. The U.S. is known for its high level of consumption, from shopping malls to online shopping platforms like Amazon. Americans often purchase new products, whether it's the latest tech gadget, clothing, or cars. Retail therapy is a common way for people to unwind or treat themselves. The concept of "bigger is better" also extends to American homes and

automobiles, with spacious houses and large vehicles being the norm for many families.

Advertising is a significant part of American life, with companies using various media platforms to promote their products. Shopping is not just about purchasing items; it's also a form of social activity. Major shopping events like Black Friday and Cyber Monday see millions of Americans lining up for deals, further reinforcing the culture of consumption.

Exercises

1. Vocabulary Matching

Instructions: Match the terms on the left with their definitions on the right.

A

1. American Dream

2. Consumerism

3. Entrepreneurial culture

4. Work-life balance

B

a. A system where people work independently or for themselves.

b. The belief that success comes through hard work and perseverance.

c. A lifestyle focused on acquiring goods and services.

d. The ability to manage both personal life and work demands.

Answer Key:

1. b, 2. c, 3. a, 4. d

2. True or False

Instructions: Read the statements below and write "True" or "False".

1. The American Dream suggests that anyone can achieve success if they work hard enough.
2. Americans typically work shorter hours than people in many other countries.
3. Sports such as basketball and football are not widely popular in the U.S.
4. The American lifestyle emphasizes independence, self-reliance, and entrepreneurship.

Answer Key:

1. True
2. False
3. False
4. True

3. Fill in the Blanks

Instructions: Complete the sentences using the words from the box.

Words: *health, consumerism, sports, entertainment, career*

1. Americans often prioritize their _____ by exercising and eating well.
2. The U.S. has a vibrant _____ industry, with Hollywood at the center of it.
3. Many people in the U.S. aim to build a successful _____ through hard work.
4. _____ is a big part of American life, with people spending money on the latest products.
5. American _____ culture plays a significant role in shaping the nation's identity.

Answer Key:

1. health
2. entertainment
3. career
4. consumerism
5. sports

4. Sentence Transformation

Instructions: Transform the sentences into reported speech.

1. "I love going to the gym every day," she said.
2. "Americans often work long hours," he mentioned.
3. "The American Dream is achievable for anyone who works hard," they told me.

Answer Key:

1. She said that she loved going to the gym every day.
2. He mentioned that Americans often work long hours.
3. They told me that the American Dream is achievable for anyone who works hard.

5. Discussion Questions

Instructions: Discuss the following questions in pairs or groups.

1. How does the American Dream influence the way people live in the U.S.?
2. What are the positive and negative aspects of the American consumer culture?
3. How can Americans achieve a better work-life balance in their daily lives?
4. In your opinion, how does American society view success and failure?

DISCUSSION SECTION**1. Questions to be discussed:**

What are some defining characteristics of American culture?

How do traditions and customs vary across different regions of the United States?

What role does individualism play in American society?

How do Americans typically celebrate national holidays like Independence Day and Thanksgiving?

What are the major cultural contributions of America to the world (e.g., music, movies, literature)?

How does the diversity of American landscapes influence the way people live?

What are the main differences between rural and urban lifestyles in America?

How do Americans approach the concept of the "American Dream," and how has it evolved?

What role does sports play in American culture and identity?

How do Americans view and interact with people from other countries?

What are the core values that define the American way of life?

How does the concept of the "American Dream" influence daily life and aspirations?

What are some iconic dishes and beverages that represent American cuisine?

How has the diverse cultural heritage of America influenced its food traditions?

What are some common communication styles and social norms in American culture?

How does the American style of communication emphasize directness and individual expression compared to other cultures?

2. The scheme of the discussion.

1. Introduction

- Briefly introduce the topic and its importance.
- State the purpose of the discussion or the key question to be addressed.

2. Main Body

- **Background/Context:** Provide relevant background information or context for the topic.
- **Key Points:** Present the main points of the discussion, one at a time.
 - Support each point with evidence, examples, or logical reasoning.
 - Allow for contrasting views or counterarguments to encourage depth.
- **Questions/Engagement:** Pose questions to encourage participation and engagement if it's a group discussion.

3. Analysis/Exploration

- Dive deeper into the implications, challenges, or potential solutions related to the topic.
- Discuss different perspectives or opinions.

4. Conclusion

- Summarize the key points covered during the discussion.
- Highlight any agreed-upon conclusions or unresolved issues.

5. Call to Action/Next Steps

- Suggest next steps, future discussions, or actions to take based on the discussion's outcome.
- End with a question or thought-provoking statement to leave a lasting impression.

CONTENT MODULE ON “BRITAIN AND BRITISH”

PHONETIC SECTION

1. Articulation Drill: British Culture and Geography Vocabulary

Objective: Improve clarity in pronouncing key British terms related to culture, landmarks, and history.

Steps:

1. **Identify Challenging Words:** Focus on words that have multiple syllables and require careful articulation. Practice the following:

Parliament (/ˈpɑː.lɪ.mənt/), *Buckingham* (/ˈbʌkɪŋəm/), *Gloucestershire* (/ˈglɑːstərʃɪr/), *Windsor* (/ˈwɪndzər/), *Manchester* (/ˈmæn.tʃɛs.tər/), *Edinburgh* (/ˈɛdɪnbərə/).

2. **Break Down Syllables:**

Slow down to articulate each syllable clearly:

Par-li-a-ment, Buck-ing-ham, Ed-in-burgh.

3. **Use in Sentences:**

Once comfortable, practice using these words in sentences:

"The British Parliament plays a central role in shaping laws."

"The Queen's residence is in Buckingham Palace, London."

4. **Speed Increase:**

Once you can pronounce them slowly, gradually increase your speed while maintaining accuracy.

Bonus: Record yourself and compare your pronunciation to native speakers using [Forvo](#) for accurate pronunciation samples.

2. Tongue Twisters: "Britain and British"

Objective: Improve fluency, rhythm, and accuracy while practicing challenging consonant and vowel combinations related to Britain and British culture.

Steps:

1. British-Themed Tongue Twisters:

British bakers bake big batches of brilliant British biscuits.

Bobby's big British bulldog barks beneath Buckingham's big building.

Windsor's wonderful weather wins over wandering Welsh wanderers.

The British Broadcasting Corporation broadcasts big, bold British broadcasts.

British bakers bake big batches of brilliant British biscuits.

Bobby's big British bulldog barks beneath Buckingham's big building.

Bristol's beautiful bridges bring British business booming.

Big Ben's bold bell bongs brightly beside the British Broadcasting Corporation.

Windsor's wonderful weather wins over wandering Welsh wanderers.

Bright British beaches bring brave bathers, basking beneath blue skies.

The British Broadcasting Corporation broadcasts big, bold British broadcasts.

Many British men make merry during merry month of May in Manchester.

British butterflies flutter by before the big British bank holiday.

Birmingham's bustling bazaars bring brisk business to British buyers.

Britain's best bridges boldly bend before British bulldozers.

British tourists bravely brave Britain's busy, bustling boulevards.

Tips for Using These Tongue Twisters

1. Start slowly to focus on clear articulation.
2. Gradually increase speed while maintaining accuracy.
3. Use these as warm-ups before professional speaking practice.
4. Record and compare your pronunciation to improve fluency.

Bonus: Create your own tongue twisters related to British cities, landmarks, or history. This helps reinforce key vocabulary and pronunciation patterns.

3. Role-Playing Scenarios: "Talking About Britain"

Objective: Practice pronunciation, intonation, and stress in real-world contexts related to Britain and British culture.

Steps:

1. Choose a Scenario:

British History Discussion:

"The Magna Carta was signed in 1215 and played a pivotal role in British law."

Practice stressing key historical events and names, such as *Magna Carta*, *1215*, and *British law*.

Traveling in Britain:

"I visited London and explored famous sites like the Tower of London and Big Ben."

Focus on stressing proper nouns and landmarks such as *London*, *Tower of London*, and *Big Ben*.

2. Intonation Practice:

Practice using rising intonation for questions and falling intonation for statements.

Example: "*What is your favorite city in Britain?*" (rising intonation)

"I love visiting Edinburgh, it's a beautiful city!" (falling intonation)

3. Record and Review:

Record your dialogue and listen for areas where your articulation or stress might need improvement.

Recommended Resources for Practicing Oral English

1. Apps and Tools:

Speechling: Provides personalized pronunciation feedback from native speakers.

ELSA Speak: Focuses on feedback for pronunciation and articulation of British English.

Forvo: Offers native speaker pronunciation for British terms and cities.

2. Videos and Podcasts:

"BBC Learning English" (YouTube and Podcast): Focuses on British English pronunciation, vocabulary, and listening comprehension.

"The English We Speak" (BBC): Short episodes that introduce British slang and pronunciation tips.

"Pronunciation Studio": Offers helpful pronunciation lessons focusing on British English sounds and stress patterns.

3. Books and Websites:

"English Pronunciation in Use": A book series with audio material that helps with British English pronunciation.

"BBC Learning English - Pronunciation Tips": Specific lessons on British pronunciation patterns.

Rachel's English (YouTube): Although primarily for American English, it also has great general pronunciation advice.

VOCABULARY AND GRAMMAR SECTION

1. Vocabulary Matching: British Cities and Landmarks

Objective: Practice vocabulary related to British cities, landmarks, and cultural sites.

Instructions: Match the descriptions below with the correct British city or landmark. Write the corresponding number next to each city/landmark.

Cities and Landmarks:

1. London
2. Stonehenge
3. Oxford
4. Edinburgh
5. Big Ben

Descriptions:

A. The capital of the United Kingdom, home to landmarks such as Buckingham Palace, the Tower of London, and the Houses of Parliament.

B. An ancient stone circle located in Wiltshire, known for its mysterious origin and significance.

- C. A prestigious university city, known for its historic university and beautiful architecture.
- D. A famous clock tower located near the Houses of Parliament, often mistakenly referred to as Big Ben (which is the bell inside).
- E. The capital city of Scotland, known for its historic castle, festivals, and scenic views.

Answer Key:

- 1. A, 2. B, 3. C, 4. E, 5. D

2. Fill-in-the-Blanks: British Culture and Society

Objective: Test your knowledge of British culture and society by completing sentences with the correct words.

Instructions: Fill in the blanks with the appropriate words or phrases related to Britain.

- 1. The ____ is a major cultural event in the UK where people celebrate the life and works of William Shakespeare. (Festival)
- 2. ____ is the national holiday celebrated in the UK to commemorate the Queen's birthday. (Holiday)
- 3. The ____ is a popular British food made from potatoes, peas, and battered fish. (Dish)
- 4. The UK is made up of four countries: England, Scotland, ____, and Wales. (Country)
- 5. The ____ is the official residence of the British monarch in London. (Building)

Answer Key:

- 1. Shakespeare Festival
- 2. The Queen's Official Birthday
- 3. Fish and Chips
- 4. Northern Ireland
- 5. Buckingham Palace

3. Sentence Transformation: Reported Speech Practice

Objective: Practice transforming direct speech into reported speech while using British vocabulary and expressions.

Instructions: Rewrite the following sentences in reported speech.

1. "I'm going to visit Edinburgh next summer," she said.
→ She said that she ____ visit Edinburgh next summer.
2. "The UK is famous for its cultural diversity," he mentioned.
→ He mentioned that the UK ____ famous for its cultural diversity.
3. "I've always wanted to see Stonehenge," they told me.
→ They told me that they ____ always wanted to see Stonehenge.
4. "Big Ben is one of the most iconic landmarks in London," the tour guide said.
→ The tour guide said that Big Ben ____ one of the most iconic landmarks in London.

Answer Key:

1. was going to
2. was
3. had
4. was

4. Prepositions Practice: British Geography and Culture

Objective: Use the correct prepositions of place and movement in the context of British geography and culture.

Instructions: Complete the sentences with the correct preposition from the options in parentheses.

1. London is located ____ the south of England. (in / on)
2. The Tower of London is located ____ the banks of the River Thames. (on / in)
3. The British Museum is ____ central London, near Russell Square. (at / in)
4. The London Eye is a giant Ferris wheel ____ the South Bank of the Thames. (on / in)
5. Stonehenge is located ____ the plains of Salisbury in Wiltshire. (in / on)

Answer Key:

- | | |
|-------|-------|
| 1. in | 4. on |
| 2. on | 5. on |
| 3. in | |

5. Word Formation: British Identity and Culture

Objective: Form nouns, adjectives, and verbs related to British culture and society.

Instructions: Complete the following word formation exercises by using the base word to form the correct part of speech.

1. **Royal** – The ____ (celebrate) of Queen Elizabeth's reign was a significant event in British history.
2. **Culture** – The UK has a rich ____ (diverse) that includes influences from around the world.
3. **British** – The ____ (influence) of the British Empire is still visible in many countries today.
4. **History** – The ____ (modern) of London has attracted tourists for centuries.
5. **Tradition** – The UK has a strong ____ (traditional) of afternoon tea.

Answer Key:

1. celebration
2. diversity
3. influence
4. modernity
5. tradition

TEXT WORK

Britain and British: Myths or Reality?

Britain, with its long history, rich culture, and global influence, has often been a subject of fascination for people around the world. The British lifestyle, customs, and even their national identity have been the focus of numerous myths and stereotypes. While some aspects of British life are true, others are exaggerated or completely fabricated. This article will explore some of these myths and the reality behind them, offering a deeper insight into the lives of Britons today.

Myth 1: The British Drink Tea All Day

One of the most widely held beliefs about the British is that they drink tea constantly, regardless of the time of day. While it's true that tea is an important part of British culture and many Britons enjoy a cup in the morning and during the afternoon (especially with biscuits or cake), the idea that they drink tea all day long is an exaggeration. Tea drinking is often associated with relaxation and socializing, but it's

not as ubiquitous as some might think. In fact, coffee consumption has been steadily increasing in the UK, particularly in urban areas. Many Britons today prefer coffee shops or espresso drinks over traditional tea.

Myth 2: The British Are Always Polite

Another common stereotype about the British is that they are always polite and reserved. While British people are generally known for their politeness and good manners, it's important to note that this doesn't mean they are always calm, formal, or shy. In reality, Brits are diverse, with many expressing their opinions openly and confidently, especially in modern cities where a more relaxed atmosphere prevails. Of course, politeness is still highly valued, and phrases like "please," "thank you," and "sorry" are common, but it's not necessarily the case that every British person embodies the stiff-upper-lip personality often associated with them.

Myth 3: The British Live in Cottages and Wear Tweed

The image of a British person living in a picturesque cottage in the countryside, dressed in tweed jackets, is a strong stereotype, often perpetuated by films and books. While some Britons may indeed live in rural areas and embrace traditional fashion, the vast majority of people in Britain live in cities or suburbs. The urban lifestyle, especially in cities like London, Manchester, and Birmingham, is fast-paced and modern. In fact, most British people wear everyday, comfortable clothes, and you'll rarely find anyone dressed in tweed on their way to work. While Britain has a rich rural heritage, it's more representative of the past than the present for most people.

Myth 4: The British Love to Queue

Britons are often credited with having a deep love for standing in line, or "queueing," and the idea that they will stand in line for anything is widespread. While it's true that queueing is an important cultural norm in the UK and is often seen as a sign of fairness and order, it's not as extreme as it's often portrayed. In fact, people in other countries may also queue in an organized manner, and the British do not always follow this tradition with the same level of enthusiasm. Though there are still occasions, like at train stations or bus stops, where queueing is a ritual, many British people have grown tired of this stereotype.

Myth 5: The British Have Bad Weather

The reputation of British weather as being constantly rainy, cold, and grey is another popular stereotype. While the UK does experience its fair share of unpredictable weather, including rain and overcast skies, it's not as gloomy as many people think. The reality is that the weather varies greatly across the country. In southern England,

for example, summers can be quite warm and sunny, while the north of the UK may experience more rain and cooler temperatures. The UK also has beautiful areas with pleasant weather, like Cornwall and parts of Wales. It's important to remember that the weather is a common topic of conversation in the UK due to its unpredictability, but that doesn't mean it's always bad.

In conclusion, while some aspects of British culture may align with popular myths and stereotypes, the reality is far more diverse and complex. The British are not all tea-drinkers or tweed-wearers, and their weather is not always rainy. People in Britain are as varied in their habits, attitudes, and lifestyles as in any other country. Understanding the true British way of life requires looking beyond the stereotypes and appreciating the rich and diverse culture that the UK has to offer.

Exercises

1. Vocabulary Matching

Instructions: Match the vocabulary words with their correct definitions.

A	B
1. Stereotype	a. A person's way of life, including habits and customs.
2. Exaggeration	b. A view or belief about a group of people that is oversimplified or not true.
3. Heritage	c. To make something seem greater or worse than it really is.
4. Unpredictable	d. The traditions, customs, and culture passed down from previous generations.
5. Modern	e. Not able to be predicted or anticipated.

Answer Key:

1. b, 2. c, 3. d, 4. e, 5. a

2. True or False

Instructions: Read the statements below and write "True" or "False".

1. All British people drink tea throughout the day.
2. The British are always very polite and reserved in every situation.
3. Most Britons live in the countryside and wear traditional clothing.

4. Queueing is considered unimportant in British culture.
5. British weather is always cold, rainy, and grey.

Answer Key:

1. False
2. False
3. False
4. False
5. False

3. Fill in the Blanks

Instructions: Complete the sentences with the correct words from the list below.

Words: *stereotype, diverse, polite, exaggeration, modern*

1. The British are often considered very _____, but this is not always true.
2. Many myths about Britain are based on _____, making them inaccurate.
3. British society is much more _____ today than it was in the past.
4. The idea that all British people live in cottages is a common _____.
5. The UK is a _____ country with a variety of customs and traditions.

Answer Key:

1. polite
2. exaggeration
3. modern
4. stereotype
5. diverse

4. Sentence Transformation

Instructions: Rewrite the sentences using the passive voice.

1. People often associate Britain with rainy weather.
2. They claim that the British drink tea all day.
3. Many people believe that Britons are always polite.

Answer Key:

1. Britain is often associated with rainy weather.
2. It is claimed that the British drink tea all day.
3. It is believed that Britons are always polite.

5. Discussion Questions

Instructions: Discuss the following questions in pairs or small groups.

1. What are some common stereotypes about your country? Are they true?
2. How do myths about a country or culture affect the way people perceive it?
3. What aspects of British life do you find most interesting or surprising after reading this article?

DISSCUSSION SECTION**1. Questions to be discussed:**

What are the key characteristics of British culture and identity?

How has the history of Britain shaped its modern-day society?

What are the differences between the cultures of England, Scotland, Wales, and Northern Ireland?

How do British attitudes toward politeness and formality differ from other cultures?

What role does the British monarchy play in modern society?

What makes London one of the most iconic cities in the world?

How has London's diverse population influenced its culture and way of life?

What are the most famous landmarks and attractions in London?

How has London's history influenced its development as a global city?

What is the significance of London in British politics and economy?

What are the most popular sports in Britain, and how do they reflect British culture?

How did Britain contribute to the development of modern sports like football (soccer) and cricket?

What are some unique British traditions, and how have they evolved over time?

How do traditional British holidays, like Bonfire Night or the Changing of the Guard, reflect the country's heritage?

What are the defining characteristics of life in a traditional British village?

How do British villages preserve historical architecture and cultural heritage?

What role do local festivals and fairs play in British village life?

How has modern life influenced traditional village communities in Britain?

What makes the countryside and village landscapes an integral part of British identity?

2. The scheme of the discussion.

1. Introduction

- Briefly introduce the topic and its importance.
- State the purpose of the discussion or the key question to be addressed.

2. Main Body

- **Background/Context:** Provide relevant background information or context for the topic.
- **Key Points:** Present the main points of the discussion, one at a time.
 - Support each point with evidence, examples, or logical reasoning.
 - Allow for contrasting views or counterarguments to encourage depth.
- **Questions/Engagement:** Pose questions to encourage participation and engagement if it's a group discussion.

3. Analysis/Exploration

- Dive deeper into the implications, challenges, or potential solutions related to the topic.
- Discuss different perspectives or opinions.

4. Conclusion

- Summarize the key points covered during the discussion.
- Highlight any agreed-upon conclusions or unresolved issues.

5. Call to Action/Next Steps

- Suggest next steps, future discussions, or actions to take based on the discussion's outcome.
- End with a question or thought-provoking statement to leave a lasting impression.

ПИТАННЯ ДО ІСПИТУ:

Careers and Professions

1. What are the most in-demand professions in the 21st century?
2. How can someone decide which career path is right for them?
3. What role does technology play in shaping modern careers?
4. How important are soft skills compared to technical skills in today's job market?
5. What are the benefits and challenges of remote work?
6. How does work culture differ across industries and countries?
7. What strategies can help individuals maintain a healthy work-life balance?

Health

8. What are the key habits for maintaining long-term physical and mental health?
9. How does diet impact overall well-being and energy levels?
10. What are the health risks associated with smoking, and how can they be mitigated?
11. How can regular exercise contribute to a healthier lifestyle?
12. What role does mental health awareness play in modern society?
13. How do public health campaigns influence behavior, such as smoking cessation or healthy eating?
14. What are the benefits of preventive healthcare compared to reactive treatment?

America and Americans

15. What are some core values that define American culture?
16. How has immigration influenced the cultural diversity of the United States?
17. What are the key differences between rural and urban lifestyles in America?

18. How do Americans celebrate national holidays such as Thanksgiving and Independence Day?
19. What is the significance of the "American Dream," and how has it evolved over time?
20. How has American culture influenced the world, particularly in areas like music and film?
21. What role does individualism play in American society?

Britain and British

22. What are the major cultural differences between Britain and the United States?
23. How has Britain's history shaped its modern-day traditions and values?
24. What makes British cuisine unique, and how has it evolved over time?
25. How do British sports, like cricket and rugby, reflect national pride and culture?
26. What are some iconic landmarks in London, and what do they symbolize?
27. How do British villages preserve their history and traditions in a modern age?
28. What role does the monarchy play in defining British identity and culture?

КРИТЕРІЇ ОЦІНЮВАННЯ

Критерії оцінювання за практичні заняття (5-й семестр)

Вид роботи	Бали	Критерії
Практичні заняття	0 балів	Здобувач не бере участі у практичному занятті, є лише спостерігачем.
	1-2 бали	Відповіді здобувача на запитання загалом правильні, проте наявні помилки у визначеннях. Здобувач вищої освіти намагається робити власні висновки, виконує вправи практичного характеру з помилками. Також наявні значні фонетичні, лексичні, граматичні, стилістичні помилки.
	3 бали	Здобувач вищої освіти вміє розмірковувати, виконує вправи практичного характеру безпомилково. Відповіді повні, обґрунтовані, логічно побудовані. Дотримується фонетичних, лексичних, граматичних, стилістичних норм.

Критерії оцінювання практичних занять (6-й семестр)

Вид роботи	Бали	Критерії
Практичні заняття	0 балів	Здобувач не бере участі у практичному занятті, є лише спостерігачем.
	1-2 бали	Відповіді здобувача на запитання загалом правильні, проте наявні помилки у визначеннях. Здобувач вищої освіти намагається робити власні висновки, виконує вправи практичного характеру з помилками. Також наявні значні фонетичні, граматичні, стилістичні помилки.
	3 бали	Знання здобувача є достатньо повними, він самостійно застосовує відповідний навчальний матеріал, виконуючи практичні завдання; аналізує, робить висновки. Відповідь повна, логічна, обґрунтована, але припускається неточностей. Здобувач самостійно використовує необхідні інформаційно-методичні матеріали виконуючи практичні завдання. Виконані завдання у цілому відповідають вимогам, хоча мають незначні огріхи.
	4 бали	Здобувач вищої освіти вміє розмірковувати, робити власні висновки. Відповіді повні, обґрунтовані, логічно побудовані, з прикладами практичного використання. Дотримується фонетичних, граматичних, стилістичних норм.

Критерії оцінювання підсумкового контролю (екзамен)

Для навчальної дисципліни «Практика усного та писемного мовлення (англійська мова)» за навчальним планом передбачає підсумковий контроль у формі усного екзамену, відводиться 20 балів. Здобувач вищої освіти може скласти екзамен, якщо кількість отриманих впродовж вивчення дисципліни балів не менше як 40. Накопичені здобувачем бали під час вивчення навчальної дисципліни не анулюються, а сумуються. Оцінка за екзамен не може бути меншою за кількість накопичених ним балів.

Бали	Критерії
0 балів	Здобувач не відповідає на запитання.
1-5 балів	Здобувач розпізнає деякі об'єкти вивчення та визначає їх поверхово, може описувати деякі об'єкти вивчення; має фрагментарні уявлення з предмета вивчення; допускає фонетичні, лексичні, граматичні помилки, частково може їх виправити; має певні труднощі у розкритті теми у вільному і природньому темпі.
6-10 балів	Здобувач знає окремі факти, що стосуються навчального матеріалу; виявляє здатність елементарно висловлювати думку; припускається фонетичних, лексичних, граматичних помилок, але може їх виправити; має незначні труднощі у розкритті теми у вільному і природньому темпі.
11-15 балів	Здобувач надає відповіді на запитання в цілому правильні, але здобувач припускається помилок у відповіді. Здобувач робить власні висновки, наводить певні пояснення; допускає незначні фонетичні, лексичні, граматичні огріхи; намагається вільно і в природньому темпі розкрити тему.
16-20 балів	Здобувач надає відповіді на запитання повні, обґрунтовані, логічно побудовані, з аргументованими поясненнями; відповідаючи, здобувач розмірковує, робить власні висновки; не припускається фонетичних, лексичних, граматичних помилок; вільно і в природньому темпі розкриває тему.

Критерії оцінювання підсумкової контрольної роботи

Підсумкова контрольна робота	1-3 бали	Здобувач не менше ніж на 50% контрольних завдань надав правильну відповідь.
	4-6 бали	Здобувач на 51% - 70% контрольних завдань надав правильну відповідь.
	7-8 балів	Здобувач на 71% - 90% контрольних завдань надав правильну відповідь.
	9-10 балів	Здобувач на 91% - 100% контрольних завдань надав правильну відповідь.

Критерії оцінювання за всіма видами контролю

Сума балів	Критерії оцінки
Відмінно (90 – 100 А)	<p>Здобувач вищої освіти має грунтовні знання з:</p> <ul style="list-style-type: none"> - мовного і мовленнєвого матеріалу в обсязі, який необхідний для вільного спілкування за темами, визначеними програмою; - формули іншомовного мовленнєвого етикету, особливості різних повідомлень та висловлювань; - соціокультурну інформацію за тематикою програми. <p>Здобувач вищої освіти виявляє уміння:</p> <ul style="list-style-type: none"> - правильно й ефективно використовувати мовний матеріал за темами, визначеними програмою; - спілкуватися усно у формі діалогу чи монологу в рамках тематики програми; спілкуватися спонтанно відповідно до комунікативного завдання; вміло використовувати розмовні функціональні елементи, підтримувати жваву розмову у природному темпі мовлення; послідовно та чітко виражати

	<p>особисту думку, логічно структуруючи мовлення;</p> <ul style="list-style-type: none"> - розуміти імпліцитну та екпліцитну інформацію в текстах різних жанрів та їх структуру; визначати тематичний та проблемний рівень тексту, його мовні особливості; - сприймати, розпізнавати й розуміти тематичний вокабуляр на слух при природному темпі мовлення; визначати та тлумачити точку зору, відношення та емоційний стан мовця; - письмово висловлювати оригінальні думки (доповідь, есе тощо); - аналізувати англомовні джерела інформації, необхідної для виконання завдань. <p>Оцінка нижче 100 балів обґрунтовується неточностями в усних та письмових відповідях.</p>
<p>Добре (82-89 В)</p>	<p>Здобувач вищої освіти добре обізнаний із:</p> <ul style="list-style-type: none"> - мовним і мовленнєвим матеріалом в обсязі, який необхідний для вільного спілкування за темами, визначеними програмою; - формулами іншомовного мовленнєвого етикету, особливостями різних повідомлень та висловлювань; - соціокультурною інформацією за тематикою програми, проте не використовує свої знання досить впевнено, припускаючись незначних помилок. <p>Здобувач вищої освіти на достатньому рівні демонструє володіння уміннями:</p> <ul style="list-style-type: none"> - правильно використовувати мовний матеріал за темами, визначеними програмою; - спілкуватися усно у формі діалогу чи монологу в рамках тематики програми; спілкуватися спонтанно відповідно до комунікативного завдання; проте подекуди припускається помилок у використанні розмовних функціональних елементів, підтримці жвавої розмови у природному темпі мовлення; не зовсім послідовно та чітко виражає особисту думку, наявні огріхи у структурі мовлення. <p>У цілому:</p> <ul style="list-style-type: none"> - розуміє імпліцитну та екпліцитну інформацію в текстах різних

	<p>жанрів та їх структуру; визначати тематичний та проблемний рівень тексту, його мовні особливості;</p> <ul style="list-style-type: none"> - сприймає, розпізнає й розуміє тематичний вокабуляр на слух при природному темпі мовлення; визначає та тлумачить точку зору, відношення та емоційний стан мовця. <p>Достатньо усвідомлено:</p> <ul style="list-style-type: none"> - письмово висловлює власні думки (доповідь, есе тощо); - аналізує англомовні джерела інформації, необхідної для виконання завдань.
Добре (74-81 C)	<p>Здобувач вищої освіти не завжди знає:</p> <ul style="list-style-type: none"> - мовний і мовленнєвий матеріал в обсязі, який необхідний для вільного спілкування за темами, визначеними програмою. <p>Не завжди виявляє розуміння:</p> <ul style="list-style-type: none"> - формул іншомовного мовленнєвого етикету, особливостей різних повідомлень та висловлювань; - соціокультурної інформації за тематикою програми. <p>Здобувач вищої освіти на середньому рівні володіє вміннями:</p> <ul style="list-style-type: none"> - використовувати мовний матеріал за темами, визначеними програмою; - спілкуватися усно у формі діалогу чи монологу в рамках тематики програми; спілкуватися відповідно до комунікативного завдання; припускається певних помилок у використанні розмовних функціональних елементів, підтримці розмови у природному темпі мовлення; наявні певні помилки у вираженні особистої думки, структурі мовлення. <p>Не завжди може розуміти імпліцитну та екпліцитну інформацію в текстах різних жанрів та їх структуру; визначати тематичний та проблемний рівень тексту, його мовні особливості.</p> <p>Припускається помилок у сприйнятті, розпізнаванні й розумінні тематичного вокабуляру на слух при природному темпі мовлення; визначенні та тлумаченні точку зору, відношенні та емоційного стану мовця.</p> <p>Зазнає труднощів у письмовому висловлюванні власних думок (доповідь, есе тощо).</p>

	Часом потребує допомоги викладача в аналізі англомовних джерел інформації, необхідної для виконання завдань.
Задовільно (64-73 D)	<p>Здобувач вищої освіти демонструє певні труднощі у знанні:</p> <ul style="list-style-type: none"> - мовного і мовленнєвого матеріалу в обсязі, який необхідний для вільного спілкування за темами, визначеними програмою. <p>Має певні труднощі у розумінні:</p> <ul style="list-style-type: none"> - формул іншомовного мовленнєвого етикету, особливостей різних повідомлень та висловлювань; - соціокультурної інформації за тематикою програми. <p>Здобувач вищої освіти демонструє певні труднощі в уміннях:</p> <ul style="list-style-type: none"> - використовувати мовний матеріал за темами, визначеними програмою; - спілкуватися усно у формі діалогу чи монологу в рамках тематики програми; спілкуватися відповідно до комунікативного завдання; припускається частих помилок у використанні розмовних функціональних елементів, у підтримці розмови у природному темпі мовлення; наявні часті помилки у вираженні особистої думки, структурі мовлення. <p>Потребує значної допомоги з боку викладача у розумінні імпліцитної та екпліцитної інформації в текстах різних жанрів та їх структуру; визначенні тематичного та проблемного рівня тексту, його мовних особливостей.</p> <p>Припускається частих помилок у сприйнятті, розпізнаванні й розумінні тематичного вокабуляру на слух при природному темпі мовлення; визначенні та тлумаченні точку зору, відношенні та емоційного стану мовця.</p> <p>Зазнає певних труднощів у письмовому висловлюванні власних думок (доповідь, есе тощо).</p> <p>Наявні труднощі в аналізі англомовних джерел інформації, необхідної для виконання завдань.</p>
Задовільно (60-63 E)	<p>Здобувач вищої освіти демонструє поверхові знання з:</p> <ul style="list-style-type: none"> - мовного і мовленнєвого матеріалу в обсязі, який необхідний для вільного спілкування за темами, визначеними програмою.

	<p>Не цілком розуміє:</p> <ul style="list-style-type: none"> - формули іншомовного мовленнєвого етикету, особливості різних повідомлень та висловлювань; - соціокультурну інформацію за тематикою програми. <p>Здобувач вищої освіти демонструє слабо розвинені уміння:</p> <ul style="list-style-type: none"> - використовувати мовний матеріал за темами, визначеними програмою; - спілкуватися усно у формі діалогу чи монологу в рамках тематики програми; спілкуватися відповідно до комунікативного завдання; припускається суттєвих помилок у використанні розмовних функціональних елементів, у підтримці розмови у природному темпі мовлення; наявні суттєві помилки у вираженні особистої думки, структурі мовлення. <p>Має часткові уміння у розумінні імпліцитної та екпліцитної інформації в текстах різних жанрів та їх структуру; визначенні тематичного та проблемного рівня тексту, його мовних особливостей.</p> <p>Припускається суттєвих помилок у сприйнятті, розпізнаванні й розумінні тематичного вокабуляру на слух при природному темпі мовлення; визначенні та тлумаченні точку зору, відношенні та емоційного стану мовця.</p> <p>Зазнає суттєвих труднощів у письмовому висловлюванні власних думок (доповідь, есе тощо).</p> <p>Наявні суттєві труднощі в аналізі англomовних джерел інформації, необхідної для виконання завдань.</p>
<p>Незадовільно (35-59 FX)</p>	<p>Здобувач вищої освіти має фрагментарні знання з:</p> <ul style="list-style-type: none"> - мовного і мовленнєвого матеріалу в обсязі, який необхідний для вільного спілкування за темами, визначеними програмою; - формул іншомовного мовленнєвого етикету, особливостей різних повідомлень та висловлювань; - соціокультурної інформації за тематикою програми. <p>Здобувач вищої освіти зазнає значних труднощів:</p> <ul style="list-style-type: none"> - використовувати мовний матеріал за темами, визначеними

	<p>програмою;</p> <p>- спілкуватися усно у формі діалогу чи монологу в рамках тематики програми; спілкуватися відповідно до комунікативного завдання; припускається грубих помилок у використанні розмовних функціональних елементів, у підтримці розмови у природному темпі мовлення; наявні грубі помилки у вираженні особистої думки, структурі мовлення.</p> <p>Не розуміє імпліцитної та екпліцитної інформації в текстах різних жанрів та їх структуру; не може визначити тематичний та проблемний рівень тексту, його мовні особливості.</p> <p>Припускається грубих помилок у сприйнятті, розпізнаванні й розумінні тематичного вокабуляру на слух при природному темпі мовлення; визначенні та тлумаченні точку зору, відношенні та емоційного стану мовця.</p> <p>Постійно зазнає труднощів у письмовому висловлюванні власних думок (доповідь, есе тощо) та аналізі англомовних джерел інформації, необхідної для виконання завдань.</p>
Незадовільно (0-34 F)	<p>Здобувач вищої освіти не виконує вимоги програми навчальної дисципліни: не знає програмного матеріалу, у нього не сформовані уміння та навички. Здобувач не допускається до екзамену та проходить повторне вивчення дисципліни.</p>

Розподіл балів, які отримують здобувачі за результатами поточного і підсумкового контролю (екзамен) 5-й семестр

Поточний контроль (практичні заняття, самостійна робота)			ІНДЗ	Екзамен	Сума
Теми	Бали	Разом	0–10	0–20	0–100
Тема 1	0–6	0–70			
Тема 2	0–6				
Тема 3	0–6				
Тема 4	0–6				
Тема 5	0–6				
Тема 6	0–6				
Тема 7	0–6				
Тема 8	0–6				
Тема 9	0–6				
Тема 10	0–6				
Підсумкова контрольна робота	0-10				

Розподіл балів, які отримують здобувачі за результатами поточного і підсумкового контролю (залік) 6-й семестр

Поточний контроль (практичні заняття, самостійна робота)			ІНДЗ	Сума
Теми	Бали	Разом	0–10	0–100
Тема 11	0–8	0–90		
Тема 12	0–8			
Тема 13	0–8			
Тема 14	0–8			
Тема 15	0–8			
Тема 16	0–8			
Тема 17	0–8			
Тема 18	0–8			
Тема 19	0–8			
Тема 20	0–8			
Підсумкова контрольна робота	0-10			

РЕКОМЕНДОВАНА ЛІТЕРАТУРА ТА ДЖЕРЕЛА

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