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Interindividual differences in parameters of the EEG and HRV in the humans with various levels of the entropy of EEG, HRV, immunocytogram and leukocytogram

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#### Abstract

Background. Previously, we have shown that the entropy of the normalized parameters of the HRV and spectral power density (SPD) of loci of EEG significantly correlate with the entropy and parameters of immunity, which testifies to their modulating regulatory effects. Individual analysis revealed that the entropy of HRV and EEG as well as Immunocytogram and Leukocytogram is characterized by considerable variability. The method of cluster analysis was the distribution of the observed contingent into four groups that are homogeneous in terms of entropy. The **purpose** of this study is to identify the spectral parameters and indices of HRV, the amplitude-frequency and spectral parameters of the rhythms of EEG as well as the indices of asymmetry and lateralization of rhythms, which together are four clusters of entropy significantly different from each other. Material and methods. In basal conditions in 37 men and 14 women with chronic pyelonephritis and cholecystitis in remission as well as without clinical diagnose but with dysfunction of neuro-endocrine-immune complex and metabolism, we recorded twice, before and after balneotherapy at the spa Truskavets', EEG ("NeuroCom Standard") and HRV ("Cardiolab+VSR"). Than we calculated for each locus of EEG and HRV the Entropy of normalized SPD using Shannon's formula. Results. As a result of screening relationships between the normalized EEG entropy levels on the one hand, and the EEG and HRV parameters and indices on the other, three pairs of quasi-mirror patterns were detected. According to the results of the discriminant analysis 37 parameters were identified as characteristic of the entropy clusters, 11 of which relate to delta rhythm, 8 to theta rhythm, 8 to beta rhythm and 4 to alpha rhythm of EEG, 6 more represent HRV. Conclusion. The entropy clusters of SPD of EEG that we have discovered previously are quantitatively and qualitatively distinct from each other by at least 37 amplitude-frequency and spectral parameters of EEG as well as of HRV.

Keywords: EEG, HRV, Entropy, Correlations, Women and Man.

### **INTRODUCTION**

Previously, we have shown that in patients with chronic pyelonephritis and cholecystitis in remission as well as without clinical diagnose but with dysfunction of neuro-endocrine-immune complex and metabolism entropy of the relative (normalized) parameters of the HRV and SPD of loci of EEG significantly correlate with the entropy and parameters of immunity, which testifies to their modulating regulatory effects [11].

Individual analysis revealed that the entropy of HRV and SPD of loci of EEG as well as Immunocytogram (ICG) and Leukocytogram (LCG) is characterized by considerable variability. The method of cluster analysis was the distribution of the observed contingent into groups that are homogeneous in terms of entropy [12].

Z-scores of entropy of SPD in loci of EEG as well as of HRV, LCG and ICG in members of various clusters are rendered in Fig. 1.



Fig. 1. Z-scores (M±SE) of entropy of SPD in loci of EEG as well as of HRV, LCG and ICG in members of various clusters [12]

It turned out that in members of the major **second** cluster, the entropy of EEG, HRV, ICG and LCG varies within the normal range  $(-0,5\sigma \div +0,5\sigma)$ . The members of the next largest fourth cluster are characterized by a moderately increased entropy of the SPD of EEG in combination with the normal entropy of the ICG and the moderately reduced entropy of HRV and LCG. The most stringent were the members of two minor clusters. In particular, members of the **third** cluster noted a significantly lower entropy (negentropy) of the SPD in paired loci F3 and F4, C4 and C3 as well as T3. Instead, the members of the **first** cluster were found to have maximal negentropy of SPD in paired loci F7 and F8, followed by pairs T5 and T6, Fp1 and Fp2, T3 and T4, F3 and F4, O1 and O2 as well as C4. In addition, there is a moderate decrease in entropy of ICG. The entropy of other EEG loci as well as of HRV and LCG is within the normal range.

The average normalized values of the entropy of the SPD of the EEG, HRV, ICG and LCG are shown in figure 3. As we see, the characteristic features of the image of the members of the first cluster are expressed negentropy of the EEG in general, moderate negentropy of the ICG, lower boundary level of the entropy of the HRV, and the normal level of entropy of the LCG. Members of the third cluster are characterized by moderate negentropy of EEG and LCG in combination with normal levels of entropy of the HRV and ICG. Instead, the members of the fourth cluster are characterized by increased entropy of the EEG, coupled with a reduced entropy of HRV and LCG at normal levels of entropy of the ICG. However, for the vast majority of people who make up the second cluster, the normal entropy of all analyzed information systems is typical.



Fig. 2. Normalized entropy of SPD of loci of EEG, HRV, Immunocytogram and Leukocytogram [12]

The purpose of this study is to identify the spectral parameters and indices of HRV, the amplitude-frequency and spectral parameters of the rhythms of EEG as well as the indices of asymmetry and lateralization of rhythms, which together are four clusters of entropy significantly different from each other.

### MATERIAL AND METHODS

The object of observation were 37 men and 14 women aged 23-76 years old, who came to the spa Truskavets' (Ukraine) for the treatment of chronic pyelonephritis and cholecystitis in remission as well as without clinical diagnose but with dysfunction of neuro-endocrine-immune complex and metabolism. The survey was conducted twice, before and after balneotherapy.

We recorded electrocardiogram in II lead (hardware-software complex "CardioLab+HRV" produced by "KhAI-MEDICA", Kharkiv, Ukraine) to assess the parameters of heart rate variability (HRV). For further analysis (Frequency Domain Methods) were selected spectral power (SP) bands of HRV: high-frequency (HF, range  $0,4\div0,15$  Hz), low-frequency (LF, range  $0,15\div0,04$  Hz), very low-frequency (VLF, range  $0,04\div0,015$  Hz) and ultra low-frequency (ULF, range  $0,015\div0,003$  Hz) [1,2,5].

Simultaneosly we recorded EEG (hardware-software complex "NeuroCom Standard", KhAI Medica, Kharkiv, Ukraine) monopolar in 16 loci (Fp1, Fp2, F3, F4, F7, F8, C3, C4, T3, T4, P3, P4, T5, T6, O1, O2) by 10-20 international system, with the reference electrodes A and Ref on the tassels of ears. Among the options considered the average EEG amplitude ( $\mu$ V), average frequency (Hz), frequency deviation (Hz), index (%), coefficient of asymmetry (%) as well as absolute ( $\mu$ V<sup>2</sup>/Hz) and relative (%) spectral power density (SPD) in the standard frequency bands:  $\beta$  (35÷13 Hz),  $\alpha$  (13÷8 Hz),  $\theta$  (8÷4 Hz) and  $\delta$  (4÷0,5 Hz) in all loci, according to the instructions of the device.

In addition, calculated Laterality Index (LI) for SPD each Rhythm using formula [8]:

LI,  $\% = \Sigma [200 \cdot (\text{Right} - \text{Left})/(\text{Right} + \text{Left})]/8$ 

We calculated also for HRV and each locus EEG the Entropy (h) of normalized SPD using formula CE Shannon [13,18,27]:

$$\label{eq:hHRV} \begin{split} hHRV &= - \left[ SPDHF \bullet \log_2 SPDHF + SPDLF \bullet \log_2 SPDLF + SPDVLF \bullet \log_2 SPDVLF + SPDULF \bullet \log_2 SPDULF \right] / \log_2 4; \\ hEEG &= - \left[ SPD\alpha \bullet \log_2 SPD\alpha + SPD\beta \bullet \log_2 SPD\beta + SPD\theta \bullet \log_2 SPD\theta + SPD\delta \bullet \log_2 SPD\delta \right] / \log_2 4 \end{split}$$

Results processed using the software package "Statistica 5.5".

#### **RESULTS AND DISCUSSION**

As a result of screening relationships between the normalized (as Z-score) EEG entropy levels on the one hand, and the EEG and HRV parameters and indices on the other, three pairs of quasi-mirror patterns were detected.

The **direct** pattern of the first pair (Fig. 3) demonstrates that in subjects with very significantly negentropy the relative SPD of  $\theta$ -rhythm in loci T6, F7, T4, P4, F4 and absolute SPD in last locus as well as the Frequency of  $\beta$ -rhythm and SP of VLF band of HRV are significantly lower than normal. Both moderately reduced and normal entropies are accompanied by quasi-normal levels of the EEG and HRV parameters listed, but increased entropy is associated with significantly higher than normal EEG and HRV parameters (actual and normalized parameter levels see Table 1 and 4 respectively).

The **inverse** pattern of the first pair reflects the association of palpable negentropy with drastically or very significantly elevated SPD of  $\delta$ -rhythm in loci F7, O2, Fp2 and F4 as well as Amplitude of  $\delta$ -rhythm. Moderate negentropy is accompanied by moderately elevated parameters, and in individuals with both normal and high entropy these parameters are quasinormal.



Fig. 3. The first pair of EEG&HRV parameter patterns at different EEG entropy levels

The patterns of the second pair are parabolas (Fig. 4), which are usually referred to as straight or inverted letter U. They display extreme levels of EEG & HRV parameters in individuals with moderate negentropy. In particular, the **inverse** pattern reflects significantly increased levels of SPD of  $\delta$ -rhythm in loci C4, F3 and F4 as well as its Index and Asymmetry as well as Index and Asymmetry of  $\beta$ -rhythm and Asymmetry of  $\alpha$ -rhythm. This is accompanied by an increased SP of ULF band of HRV. Expressed negentropy is accompanied by upper-boundary levels of these parameters, and normal and elevated entropy are quite normal levels.

Instead, the **U-shaped** pattern reflects moderately reduced levels of SPD of  $\beta$ -rhythm in loci T3, F3, C4, T5, Fp1, F4, T6 and its Amplitude as well as the Amplitude of  $\alpha$ -rhythm and its SPD in locus P4 as well as the Frequency of  $\theta$ -rhythm. However, the Amplitude of  $\theta$ -rhythm and its SPD in loci Fp2, P3, and T6 are within normal range. This state of the EEG parameters is accompanied by increased indices of Centralization and Sympatho/Vagal Balance, but to a minimum extent for the contingent. On the whole, the average level of EEG & HRV parameters in the third cluster individuals is lower boundary, whereas in the first cluster individuals it is upper boundary and the other two are quite normal.



Fig. 4. The second pair of EEG&HRV parameter patterns at different EEG entropy levels

The patterns of the third pair are sinusoids (Fig. 4). The **first** reflects the situation in which individuals with normal entropy levels have normal levels of SPD of  $\alpha$ -rhythm in loci O2 and Fp2 in combination with elevated levels of SP of HF and LF bands of HRV. In persons with high entropy, these parameters are moderately reduced or increased to a lesser degree, respectively, and negentropy is accompanied by a deeper decrease in EEG parameters in combination with normal HRV levels. The **other** pattern reflects the combination of normal entropy with the normal levels of Frequency of  $\alpha$ -rhythm and Sympathetic tone, while the deviation of the entropy level in one direction or another is accompanied by a moderate increase in both.



Fig. 5. The third pair of EEG&HRV parameter patterns at different EEG entropy levels

Particular attention should be paid to the analysis of patterns of Laterality of rhythms. As we can see in Fig. 6, pronounced negentropy is associated with pronounced left-sided Laterality of  $\theta$ - and  $\alpha$ -rhythms and moderately Laterality of  $\delta$ -and  $\beta$ -rhythms, which comes to naught in individuals with both normal and increased entropy. However, in subjects with moderate negentropy, there is still a tendency for left-sided lateralization of  $\theta$ -and  $\delta$ -rhythms, while  $\beta$ -rhythm tends to show right-sided lateralization.



Fig. 6. EEG rhythm lateralization at different EEG entropy levels

According to the results of the discriminant analysis (method forward stepwise [6]), only 37 parameters were identified as characteristic of the entropy clusters, 11 of which relate to **delta rhythm**, 8 to **theta rhythm**, 8 to **beta rhythm** and 4 to **alpha rhythm** of EEG, 6 more represent **HRV**. The other 16 EEG&HRV parameters considered were not included in the discriminant model (Tables 1 and 2).

## Table 1. Discriminant Function Analysis Summary for EEGs and HRVs Variables as well as their actual Norm and Coefficients of Variability

Step 37, N of vars in model: 37; Grouping: 4 grps; Wilks' Λ: 0,0047; approx. F<sub>(111)</sub>=8,4; p<10<sup>-6</sup>

	Clusters of Entropy (n) Parameters of Wilk's Statistics										
VARIABLES	IV	Π	Ш	Ι	Wilks	Par-	F-re-	p-	Tole	Norm	Cv
CURRENTLY	(24)	(61)	(9)	(8)	Λ	tial	move	le-	ran-	(88)	
IN THE MODEL						Λ	(3,6)	vel	cy		
F7-δ SPD, μV <sup>2</sup> /Hz	92	134	453	3774	,0073	,651	11,1	10-4	,041	72	1,836
O2-δ SPD, $\mu V^2/Hz$	116	186	136	3071	,0111	,426	27,8	10-4	,153	94	1,063
Fp2-δ SPD, μV <sup>2</sup> /Hz	81	110	125	1992	,0068	,696	9,0	10-4	,023	110	2,162
F4-δ SPD, μV <sup>2</sup> /Hz	115	196	152	651	,0060	,791	5,45	,002	,059	89	0,994
<b>O2-δ SPD, %</b>	28	26	39	55	,0057	,838	4,01	,011	,083	15	0,894
<b>F7-δ SPD, %</b>	33	35	55	58	,0104	,457	24,6	10-4	,102	25	0,786
δ-Laterality, %	-5	-6	-15	-19	,0066	,724	7,90	10-3	,207	+1	±4
T6-θ SPD, %	12,5	8,5	7,9	1,3	,0061	,780	5,83	,001	,292	6,5	0,477
<b>F7-θ SPD</b> , %	12,0	8,7	8,9	2,0	,0053	,889	2,57	,062	,332	7,6	0,564
F4-0 SPD, %	16,0	9,1	5,0	4,9	,0091	,519	19,1	10-4	,081	10,3	0,424

T4-θ SPD, %	13,1	7,9	9,5	4,2	,0058	,824	4,41	,007	,200	8,7	0,463
F4-θ SPD, μV <sup>2</sup> /Hz	76	40	31	29	,0064	,741	7,23	10-3	,054	39	0,630
VLF HRV SP, msec <sup>2</sup>	1865	1229	1163	795	,0053	,899	2,32	,084	,446	1397	0,578
C4-δ SPD, %	30	31	<b>61</b>	31	,0050	,943	1,26	,296	,081	22	0,525
<b>F3-δ SPD, %</b>	34	34	64	39	,0050	,949	1,11	,353	,053	23	0,692
<b>F4-δ SPD, %</b>	30	37	<b>60</b>	43	,0060	,796	5,28	,003	,071	23	0,606
δ-Index, %	28	67	<b>99</b>	72	,0061	,784	5,69	,002	,437	50	0,868
ULF HRV SP, %	3,4	4,0	11,2	5,5	,0061	,782	5,75	,002	,596	4,3	0,926
a-Asymmetry, %	20	19	35	20	,0057	,833	4,16	,009	,383	17	0,590
β-Index, %	92,0	91,9	96,4	95,1	,0060	,797	5,26	,003	,423	87,9	0,197
T3-β SPD, %	32	29	15	16	,0055	,862	3,32	,025	,262	34	0,509
<b>F3-</b> β SPD, %	25,1	22,0	11,4	26,5	,0057	,831	4,20	,009	,073	26,3	0,609
C4-β SPD, %	26,1	23,4	14,1	24,9	,0063	,755	6,70	10-3	,086	27,4	0,583
Fp1-β SPD, μV <sup>2</sup> /Hz	75	66	43	103	,0054	,886	2,66	,056	,192	66,5	0,484
F4-β SPD, $\mu V^2/Hz$	91	78	57	83	,0054	,877	2,91	,042	,142	76	0,443
T6-β SPD, $\mu V^2/Hz$	78	76	47	133	,0063	,753	6,77	10-3	,376	92,5	0,839
T5-β SPD, %	30	27	19	22	,0051	,931	1,54	,214	,174	37	0,618
Fp2-θ SPD, μV <sup>2</sup> /Hz	43	27	16	51	,0058	,822	4,46	,007	,089	22	0,631
P3-θ SPD, $\mu V^2/Hz$	59	59	24	78	,0059	,811	4,83	,004	,173	39	0,715
θ-Frequency, Hz	6,0	6,4	5,2	5,7	,0053	,895	2,41	,075	,315	6,5	0,188
(VLF+LF)/HF	17	12,2	11,9	16,5	,0053	,891	2,54	,065	,162	7,5	0,506
LF/HF	5,35	4,80	4,35	6,10	,0055	,869	3,12	,032	,163	2,76	0,675
<b>O2-α SPD</b> , %	35	50	27	26	,0065	,730	7,63	10-3	,060	54,5	0,453
<b>Fp2-α SPD, %</b>	28	35	20	16	,0060	,792	5,42	,002	,122	40	0,492
HF HRV SP, msec <sup>2</sup>	481	<b>596</b>	279	318	,0053	,894	2,44	,073	,110	347	1,358
LF HRV SP, msec <sup>2</sup>	953	1089	954	623	,0052	,917	1,86	,146	,122	640	0,529
a-Frequency, Hz	10,8	10,4	10,7	10,5	,0055	,867	3,17	,031	,385	10,4	0,069
VARIABLES	IV	Π	III	Ι	Wilks	Par-	F to	p-	Tole	Norm	Cv
CURRENTLY NOT	(24)	(61)	(9)	(8)	Λ	tial	enter	le-	ran-	(88)	
IN THE MODEL						Λ		vel	су		
δ-Amplitude, μV	15,0	19,7	28,9	59,8	,005	,977	,49	,691	,126	13,3	0,442
β-Frequency, Hz	19,0	17,7	18,0	15,5	,005	,959	,87	,463	,413	19,2	0,179
<b>P4-θ SPD, %</b>	12,8	7,5	7,8	5,5	,005	,984	,33	,804	,249	7,1	0,425
θ-Laterality, %	-11	-15	-21	-37	,005	,962	,79	,502	,204	-5	±3
α-Laterality, %	-11	-11	-5	-28	,005	,974	,79	,706	,259	-2	±2
ULF HRV SP, msec <sup>2</sup>	98	151	218	152	,005	,978	,47	,706	,259	122	1,021
C4- $\delta$ SPD, $\mu$ V <sup>2</sup> /Hz	126	163	443	315	,005	,974	,55	,649	,153	87	0,792
β-Asymmetry, %	20,7	23,0	29,3	21,3	,005	,962	,79	,706	,259	19,8	0,717
β-Laterality, %	-14	-12	+2	-15	,005	,953	1,00	,502	,204	-8	±3
ð-Asymmetry, %	34	49	65	33	,005	,968	,67	,575	,183	33	0,812
P4-α SPD, $\mu V^2/Hz$	157	350	92	319	,005	,953	1,00	,399	,166	341	1,013
α-Amplitude, μV	13,8	20,7	11,3	21,1	,005	,961	,83	,481	,101	22,1	0,657
θ-Amplitude, μV	9,8	8,5	7,7	9,4	,005	,955	,96	,399	,166	1,2	0,315
16-θ SPD, μV <sup>2</sup> /Hz	38	28	10	26	,005	,955	,96	,419	,214	1/	0,642
p-Amplitude, μV	12,7	12,4	11,0	14,3	,005	,959	,88	,458	,190	13,6	0,313
100•LF/(LF+HF), %	70,8	70,1	11,1	78,8	,005	,953	1,00	,502	,204	66,3	0,210

Variables currently	F to	p-	Λ	F-	p-
in the model	enter	level		value	level
O2-δ SPD, $\mu$ V <sup>2</sup> /Hz	22,5	10-6	,593	22,5	10-6
<b>F4-θ SPD, %</b>	16,7	10-6	,391	19,4	10-6
C4-δ SPD, %	10,3	10-5	,296	16,9	10-6
F7-δ SPD, $\mu V^2/Hz$	9,9	10-5	,225	15,9	10-6
ULF band HRV Spectral Power, %	9,0	10-4	,175	15,3	10-6
<b>F3-</b> β SPD, %	5,8	,001	,147	14,2	10-6
δ-Index, %	4,8	,004	,127	13,2	10-6
Т6-0 SPD, %	4,6	,005	,111	12,5	10-6
T3-β SPD, %	4,3	,007	,097	11,9	10-6
<b>F7-δ SPD, %</b>	4,6	,005	,084	11,6	10-6
Fp2-δ SPD, $\mu V^2/Hz$	4,5	,005	,073	11,3	10-6
a-Asymmetry, %	3,8	,013	,064	11,0	10-6
<b>Fp2-α SPD</b> , %	3,7	,014	,057	10,7	10-6
<b>F3-δ SPD, %</b>	4,2	,008	,050	10,6	10-6
<b>Ο2-δ SPD, %</b>	3,8	,013	,044	10,4	10-6
<b>O2-α SPD</b> , %	4,5	,006	,037	10,4	10-6
HF band HRV Spectral Power, msec <sup>2</sup>	3,9	,012	,033	10,3	10-6
T4-θ SPD, %	3,5	,018	,029	10,2	10-6
<b>F4-δ SPD, %</b>	2,6	,059	,026	10,0	10-6
θ-Frequency, Hz	2,1	,105	,024	9,7	10-6
β-Index, %	2,0	,122	,023	9,5	10-6
<b>F7-θ SPD, %</b>	2,1	,103	,021	9,3	10-6
F4-δ SPD, $\mu V^2/Hz$	1,7	,185	,020	9,0	10-6
P3-θ SPD, $\mu V^2/Hz$	3,3	,025	,017	9,0	10-6
Fp2-θ SPD, $\mu V^2/Hz$	2,3	,080	,016	8,9	10-6
Fp1-β SPD, $\mu V^2/Hz$	2,9	,040	,014	8,8	10-6
F4-θ SPD, $\mu V^2/Hz$	2,5	,070	,013	8,8	10-6
F4-β SPD, $\mu V^2/Hz$	2,4	,075	,012	8,7	10-6
T6-β SPD, $\mu$ V <sup>2</sup> /Hz	2,4	,072	,011	8,6	10-6
δ-Laterality Index, %	4,0	,011	,009	8,8	10-6
C4-β SPD, %	2,9	,040	,008	8,8	10-6
<b>α-Frequency, Hz</b>	2,6	,058	,007	8,8	10-6
(VLF+LF)/HF as Centralization Index	2,2	,092	,006	8,8	10-6
LF/HF as Sympatho/Vagal Balance	2,1	,108	,006	8,7	10-6
VLF band HRV Spectral Power, msec <sup>2</sup>	1,4	,240	,006	8,6	10-6
LF band HRV Spectral Power, msec <sup>2</sup>	1,8	,149	,005	8,5	10-6
T5-β SPD, %	1,5	,214	,005	8,4	10-6

Table 2. Summary of Stepwise Analysis for EEGs and HRVs Variables. The variables are ranked by criterion Lambda

Next, the 37-dimensional space of **discriminant variables** transforms into 3-dimensional space of a **canonical discriminant functions** (canonical roots), which are a linear combination of discriminant variables. The discriminating (differentiating) ability of the root characterizes the canonical correlation coefficient (r\*) as a measure of connection, the degree of dependence between groups (clusters) and a discriminant function. It is for Root 1 0,958 (Wilks'  $\Lambda$ =0,005;  $\chi^2_{(111)}$ =431; p<10<sup>-6</sup>), for Root 2 0,912 (Wilks'  $\Lambda$ =0,058;  $\chi^2_{(72)}$ =230; p<10<sup>-6</sup>), for Root 3 0,811

(Wilks'  $\Lambda$ =0,343;  $\chi^2_{(35)}$ =86; p<10<sup>-5</sup>). The first root contains 61,8% of discriminative opportunities, the second is 27,6% and the third only 10,6%.

Table 3 presents raw (actual) and standardized (normalized) coefficients for discriminant variables. The raw coefficient gives information on the **absolute** contribution of this variable to the value of the discriminative function, whereas standardized coefficients represent the **relative** contribution of a variable independent of the unit of measurement. They make it possible to identify those variables that make the largest contribution to the discriminatory function value.

The calculation of the discriminant root values for each person as the sum of the products of raw coefficients to the individual values of discriminant variables together with the constant enables the visualization of each patient in the information space of the roots (Figs. 7 and 10).

Coefficients	s Standardized			Raw		
Variables currently in the model	Root 1	Root 2	Root 3	Root 1	Root 2	Root 3
O2-δ SPD, $\mu$ V <sup>2</sup> /Hz	1,978	,116	,483	,00208	,00012	,00051
<b>F4-θ SPD, %</b>	-2,313	1,121	-,160	-,46666	,22621	-,03236
C4-δ SPD, %	-,047	-,914	-,135	-,00265	-,05146	-,00763
F7-δ SPD, $\mu V^2/Hz$	2,322	-2,048	,119	,00195	-,00172	,00010
ULF band HRV Spectral Power, %	-,221	-,608	,140	-,04936	-,13584	,03127
<b>F3-</b> β SPD, %	,737	1,482	-,027	,06465	,13003	-,00236
δ-Index, %	,076	-,715	-,311	,00218	-,02061	-,00896
Т6-0 SPD, %	-,194	,787	,557	-,05042	,20417	,14450
T3-β SPD, %	-,749	,073	-,120	-,05188	,00508	-,00829
<b>F7-δ SPD, %</b>	-2,377	,377	,167	-,09908	,01572	,00695
Fp2-δ SPD, $\mu$ V <sup>2</sup> /Hz	-1,468	3,640	-,086	-,00234	,00581	-,00014
a-Asymmetry, %	-,594	-,357	-,105	-,05491	-,03295	-,00974
<b>Fp2-α SPD</b> , %	-1,338	-,115	-,269	-,09671	-,00833	-,01945
<b>F3-δ SPD, %</b>	,077	1,018	-,359	,00373	,04934	-,01741
<b>Ο2-δ SPD, %</b>	-,236	1,382	-,697	-,01133	,06623	-,03340
<b>O2-α SPD</b> , %	-,169	1,759	-1,701	-,00883	,09171	-,08869
HF band HRV Spectral Power, msec <sup>2</sup>	,971	,258	-,236	,00122	,00032	-,00030
T4-θ SPD, %	,119	-,796	,718	,02903	-,19435	,17519
<b>F4-δ SPD, %</b>	-,937	1,042	-1,335	-,04176	,04643	-,05951
θ-Frequency, Hz	,215	-,583	-,102	,17005	-,46091	-,08095
β-Index, %	,679	,065	,283	,05716	,00550	,02385
<b>F7-θ SPD, %</b>	-,539	-,281	-,019	-,14300	-,07445	-,00504
F4-δ SPD, $\mu V^2/Hz$	-,133	-2,007	,548	-,00041	-,00625	,00171
P3-θ SPD, $\mu V^2/Hz$	-,393	,942	-,571	-,00621	,01488	-,00902
<b>Fp2-0 SPD</b> , $\mu V^2/Hz$	-,235	-1,443	-,581	-,00665	-,04076	-,01641
Fp1-β SPD, $\mu V^2/Hz$	-,730	,353	-,043	-,01569	,00758	-,00093
F4- $\theta$ SPD, $\mu V^2/Hz$	2,137	,872	-,013	,03837	,01565	-,00024
F4-β SPD, $\mu V^2/Hz$	-,823	-,280	,529	-,01738	-,00591	,01116
T6-β SPD, $\mu V^2/Hz$	,804	,052	,304	,01058	,00068	,00400
δ-Laterality Index, %	-,811	-,425	-,940	-,02178	-,01141	-,02524
C4-β SPD, %	-1,202	-,039	-1,518	-,11814	-,00381	-,14915
a-Frequency, Hz	,454	-,255	,394	,60641	-,34076	,52654
(VLF+LF)/HF as Centralization Index	-,008	-,786	,497	-,00062	-,05843	,03696
LF/HF as Sympatho/Vagal Balance	,300	,931	,053	,05838	,18084	,01030
VLF band HRV Spectral Power, msec <sup>2</sup>	,116	,293	,466	,00007	,00017	,00027

Table 3. Standardized and Raw Coefficients and Constants for Canonical Variables

LF band HRV Spectral Power, msec <sup>2</sup>	-,778	-,300	-,256	-,00054	-,00021	-,00018
T5-β SPD, %	-,414	,508	,200	-,02571	,03154	,01240
		0	Constants	5,753	-5,076	,883
		Eig	genvalues	11,122	4,961	1,917
	Cun	nulative P	roperties	,618	,894	1,000

Table 4 presents the **full structural coefficients**, that is, the coefficients of correlation between the discriminant root and variables. The structural coefficient shows how closely variable and discriminant functions are related, that is, what is the fate of information about the discriminant function (root) contained in this variable. There are also average values (centroides) of Roots and Z-scores of Variables.

Variables	Root	Root	Root	IV	Π	Ш	Ι
	1	2	3	(24)	(61)	(9)	(8)
Root 1 (61,8%)				-2,57	-0,51	+0,85	+10,66
F7-δ SPD, $\mu V^2/Hz$	,241	,055	,103	+0,15	+0,47	+2,88	+28,0
O2-δ SPD, $\mu V^2/Hz$	,239	,090	,076	+0,22	+0,92	+0,42	+29,8
Fp2-δ SPD, μV <sup>2</sup> /Hz	,236	,082	,086	-0,12	0,00	+0,06	+7,91
F4-δ SPD, $\mu$ V <sup>2</sup> /Hz	,130	-,076	,029	+0,30	+1,21	+4,10	+6,35
<b>O2-δ SPD</b> , %	,107	-,029	,103	+1,02	+0,85	+1,86	+3,09
<b>F7-δ SPD, %</b>	,083	-,078	,065	+0,43	+0,48	+1,51	+1,66
δ-Amplitude, μV				+0,29	+1,10	+2,65	+7,91
δ-Laterality, %	-,024	,011	-,041	-0,18	-0,21	-0,45	-0,59
<b>Τ6-θ SPD, %</b>	-,207	,043	,175	+1,93	+0,63	+0,46	-1,69
<b>F7-θ SPD, %</b>	-,189	,008	,147	+1,02	+0,26	+0,30	-1,31
<b>F4-θ SPD, %</b>	-,152	,186	,252	+1,31	-0,28	-1,22	-1,23
<b>T4-θ SPD, %</b>	-,141	,022	,280	+1,08	-0,19	+0,20	-1,11
F4- $\theta$ SPD, $\mu V^2/Hz$	-,053	,064	,131	+1,51	+0,06	-0,32	-0,39
<b>P4-θ SPD, %</b>				+1,88	+0,12	+0,22	-0,52
θ-Laterality, %				-0,19	-0,36	-0,55	-1,13
β-Frequency, Hz				-0,06	-0,44	-0,35	-1,08
VLF band HRV SP, msec <sup>2</sup>	-,038	,027	,078	+0,58	-0,21	-0,29	-0,75
Root 2 (27,6%)				+1,54	+0,15	-6,69	+1,77
C4- $\delta$ SPD, $\mu V^2/Hz$				+0,56	+1,11	+5,17	+3,31
C4-δ SPD, %	,015	-,213	,085	+0,75	+0,79	+3,48	+0,84
<b>F3-δ SPD, %</b>	,029	-,169	,082	+0,73	+0,74	+2,63	+1,08
<b>F4-δ SPD, %</b>	,046	-,145	-,014	+0,47	+1,01	+2,67	+1,43
δ-Index, %	,083	-,196	-,211	-0,51	+0,40	+1,13	+0,52
δ-Asymmetry, %				+0,03	+0,60	+1,20	0,00
β-Index, %	,023	-,039	,031	+0,24	+0,23	+0,49	+0,42
β-Asymmetry, %				+0,06	+0,21	+0,67	+0,10
β-Laterality, %				-0,24	-0,15	+0,38	-0,28
α-Laterality, %				-0,41	-0,38	-0,14	-1,16
α-Asymmetry, %	,012	-,170	,105	+0,33	+0,22	+1,81	+0,34
ULF band HRV SP, %	,043	-,201	,065	-0,24	-0,08	+1,73	+0,29
ULF band HRV SP, msec <sup>2</sup>				-0,19	+0,23	+0,77	+0,24
T3-β SPD, %	-,087	,106	-,041	-0,13	-0,27	-1,07	-1,03
<b>F3-</b> β <b>SPD</b> , %	,009	,147	,026	-0,07	-0,27	-0,93	+0,01
C4-β SPD, %	-,010	,137	,018	-0,08	-0,25	-0,83	-0,16

Table 4. Correlations Variables-Canonical Roots, Means of Roots and Z-scores of Variables

T5-β SPD, %	-,038	,063	,006	-0,31	-0,44	-0,77	-0,67
Fp1-β SPD, $\mu$ V <sup>2</sup> /Hz	,048	,098	,045	+0,26	-0,02	-0,71	+1,14
F4-β SPD, $\mu V^2/Hz$	-,010	,079	,044	+0,44	+0,05	-0,57	+0,21
T6-β SPD, $\mu V^2/Hz$	,054	,070	,010	-0,19	-0,22	-0,58	+0,52
β-Amplitude, μV				-0,22	-0,28	-0,61	+0,16
α-Amplitude, μV				-0,57	-0,10	-0,74	-0,07
P4-α SPD, $\mu V^2/Hz$				-0,53	+0,03	-0,72	+0,06
θ-Frequency, Hz	-,029	,072	-,134	-0,46	-0,15	-1,07	-0,69
Fp2-θ SPD, $\mu$ V <sup>2</sup> /Hz	,022	,093	,108	+1,53	+0,39	-0,43	+2,05
P3-θ SPD, $\mu V^2/Hz$	,020	,076	-,018	+0,71	+0,71	-0,53	+1,38
T6-θ SPD, $\mu V^2/Hz$				+1,82	+0,94	-0,16	+1,03
θ-Amplitude, μV				+1,15	+0,56	+0,23	+0,98
(VLF+LF)/HF as Centralization Index	,003	,038	,093	+2,25	+1,63	+1,59	+2,20
LF/HF as Sympatho/Vagal Balance	,011	,026	,029	+1,49	+1,22	+1,21	+2,63
Root 3 (10,6%)				+1,98	-1,09	+1,27	+0,92
<b>O2-α SPD</b> , %	-,062	,049	-,273	-0,77	-0,20	-1,10	-1,17
<b>Fp2-α SPD</b> , %	-,084	,049	-,230	-0,63	-0,24	-1,00	-1,24
HF band HRV SP, msec <sup>2</sup>	-,019	,029	-,067	+0,28	+0,53	-0,14	-0,06
LF band HRV SP, msec <sup>2</sup>	-,018	-,004	-,037	+0,92	+1,33	+0,92	-0,05
100•LF/(LF+HF), %				+0,32	+0,27	+0,82	+0,90
a-Frequency, Hz	-,017	-,009	,155	+0,50	-0,07	+0,41	+0,10

The localization of the members of the first cluster along the first root axis (Figs. 7 and 8) in the extreme right (positive) zone (centroide: +10,66) reflects drastically increased parameters of EEG which are related to the root **positively** as well as maximum decreased parameters of EEG&HRV which are related to the root **negatively** (Table 4). Instead, the fourth cluster has an extreme left (negative) zone (centroide: -2,57), which reflects the minimum/maximum levels of these parameters. The members of the other two clusters occupy an intermediate position and their projections on the axis are mixed. Nevertheless, the positive value of the centroid of the third cluster (+0,85) reflects the higher level of the parameters than in members of the second cluster (centroide: -0,51).

Instead, along the second root axis, members of the third cluster (centroide: -6,69) are clearly separated from the members of both the second and two other clusters whose projections on the axis are mixed (centroides: +1,54; +0,15 and +1,77 for IV, II and I cluster respectively). This disposition reflects the maximum values for EEG&HRV parameters, which are related to the root **negatively**, while the minimum values for parameters which is related to the root **positively**, while these parameters do not differ significantly from the members of other clusters (Table 4 and Fig. 8).

The separation of the members of the second cluster from the others occurs along the axis of the third root (Table 4, Figs. 10 and 11). The lowest position of its centroid (-1,09) reflects maximum for contingent levels of parameters of EEG&HRV which are related to the root **negatively** as well as minimum level of Frequency of  $\alpha$ -rhythm which is correlated **positively**, while these parameters do not differ significantly from the members of other clusters.



Fig. 7. Individual values of the first and second roots of the EEG&HRV of the members of the four clusters



Fig. 8. Normalized values (Z±SE) of EEG&HRV parameters condensed in the first root that correlate with it positively or negatively



Fig. 9. Normalized values (Z±SE) of EEG&HRV parameters condensed in the second root that correlate with it positively or negatively



Fig. 10. Individual values of the first and third roots of the EEG&HRV of the members of the four clusters



Fig. 11. Normalized values (Z±SE) of EEG&HRV parameters condensed in the third root that correlate with it positively or negatively

In general, all four EEG&HRV clusters on the planes of three roots are quite clearly delineated, which is documented by calculating the Mahalanobis distances (Table 5).

Table 5. Squared Mahalanobis Distances between EEG&HRV Clusters and F-values (df=37,6; for all p<10<sup>-6</sup>)

Clusters	III	Ι	IV	II
III	0	175	83	56
Ι	11,2	0	183	137
IV	8,4	16,8	0	16
II	6,8	14,7	4,6	0

The same discriminant parameters can be used to identify (classify) the belonging of one or another person to one or another cluster. This purpose of discriminant analysis is realized with the help of classifying (discriminant) functions (Table 6). These functions are special linear combinations that maximize differences between groups and minimize dispersion within groups. The coefficients of the classifying functions are not standardized, therefore they are not interpreted. An object belongs to a group with the maximum value of a function calculated by summing the products of the values of the variables by the coefficients of the classifying functions plus the constant.

CLUSTERS	III	Ι	IV	II
Variables currently in the model	p=,088	p=,078	p=,235	p=,598
O2-δ SPD, $\mu$ V <sup>2</sup> /Hz	-,0024	,0188	-,0081	-,0056
<b>F4-θ SPD, %</b>	3,2303	,5799	6,6657	5,4926
C4-δ SPD, %	-,9456	-1,4043	-1,3655	-1,2759
F7-δ SPD, $\mu V^2/Hz$	,0049	,0094	-,0159	-,0098
ULF band HRV Spectral Power, %	,4455	-1,1989	-,4813	-,4897
<b>F3-</b> β SPD, %	2,9908	4,7258	3,8381	3,7972
δ-Index, %	,0774	-,0724	-,1061	-,0454
Тб-Ө SPD, %	-,6276	,5547	1,3285	,4972
T3-β SPD, %	,4068	-,0561	,6202	,5321
<b>F7-δ SPD, %</b>	,4226	-,4183	,8960	,6494
Fp2-δ SPD, $\mu V^2/Hz$	-,0466	-,0204	,0091	-,0034
a-Asymmetry, %	,6653	-,1485	,5750	,5380
<b>Fp2-α SPD</b> , %	2,1118	1,1000	2,3603	2,2332
<b>F3-δ SPD, %</b>	2,4689	2,9290	2,8498	2,8422
<b>Ο2-δ SPD, %</b>	1,2255	1,6866	1,7855	1,7728
<b>O2-</b> <i>α</i> <b>SPD</b> , %	1,0700	1,7906	1,7917	1,9184
HF band HRV Spectral Power, msec <sup>2</sup>	-,0064	,0084	-,0081	-,0051
T4-θ SPD, %	3,0162	1,5949	1,4425	1,2344
<b>F4-δ SPD, %</b>	,1915	,1958	,6741	,7065
θ-Frequency, Hz	14,95	12,75	10,52	11,76
β-Index, %	,5922	1,1909	,4589	,4953
<b>F7-θ SPD, %</b>	1,8221	-,2082	1,6951	1,5206
F4-δ SPD, $\mu V^2/Hz$	,0905	,0329	,0416	,0442
P3-θ SPD, $\mu$ V <sup>2</sup> /Hz	,0128	,0811	,1501	,1444
Fp2-θ SPD, $\mu$ V <sup>2</sup> /Hz	,7055	,3012	,3810	,4745

Table 6. Coefficients and Constants for Classification Functions of EEG&HRV Clusters

Fp1-β SPD, $\mu$ V <sup>2</sup> /Hz	-,1760	-,2654	-,0606	-,1005
F4- $\theta$ SPD, $\mu V^2/Hz$	-,6814	-,1726	-,6840	-,6263
F4-β SPD, $\mu V^2/Hz$	,2714	,0470	,2902	,2285
T6-β SPD, $\mu V^2/Hz$	-,0743	,0339	-,1020	-,0935
δ-Laterality, %	,1901	-,1112	,1527	,2014
C4-β SPD, %	,0960	-1,0422	,3624	,5833
<b>α-Frequency, Hz</b>	32,03	34,90	27,52	27,62
(VLF+LF)/HF as Centralization Index	,1443	-,3692	-,3081	-,3416
LF/HF as Sympatho/Vagal Balance	1,0620	3,1609	2,3579	2,1946
VLF band HRV Spectral Power, msec <sup>2</sup>	-,0031	-,0011	-,0017	-,0026
LF band HRV Spectral Power, msec <sup>2</sup>	,0061	-,0008	,0061	,0058
<b>Τ5-</b> β <b>SPD</b> , %	,2135	,2239	,5699	,4352
Constants	-455,7	-477,9	-498,5	-475,7

In this case, we can retrospectively recognize members of third and first clusters **unmistakably**, the second cluster is classified with one mistake, and only the fourth cluster with three errors. Overall classification accuracy is 96,1% (Table 7).

#### Table 7. Classification Matrix for EEG&HRV Clusters

Rows: Observed classifications; Columns: Predicted classifications

	Clusters	III	Ι	IV	II
Clusters	% correct	p=,088	p=,078	p=,235	p=,598
III	100	9	0	0	0
Ι	100	0	8	0	0
IV	87,5	0	0	21	3
II	98,4	0	0	1	60
Total	96,1	9	8	22	63

Thus, quantitatively and qualitatively distinct from each other, the clusters of entropy of SPD of EEG that we have detected clearly differ from each other in at least 37 amplitudefrequency and spectral parameters of EEG as well as HRV, the information of which is condensed in three discriminant roots. Significantly, each root contains information about HRV parameters, which is quite expected in the light of their previously found links with the electrical and morpho-functional correlates of activity of cortex and subcortical structures [3,4,7,9,10,14-16,19-26].

Unfortunately, our device does not have the option "Tomography", so we can only assume that loci C3 and C4 projected hippocampus, and loci T3 and T4 reflect the activity of the amygdala [17]. It is more likely that the frontal loci record the activity of anterior cingulate [3] as well as orbito-frontal cortex. It is shown that the cortical thickness of an area within these regions is positively correlated with two HRV markers of parasympathetic activity both HF [7,25] and RMSSD [26].

YY Tang et al. [20] analysed the correlation between the changes in frontal midline  $\theta$  power (related to generators in the anterior cingulate cortex [3]) and HFnu HRV. After 5 days of integrative body-mind training correlations between HFnu and Fz- $\theta$ , FCz- $\theta$  as well as Cz- $\theta$  were significantly positive. Previously we [15] also found correlations between HFnu and F4- $\theta$  and P4- $\theta$ , between HF% and Fp1- $\theta$  and P4- $\theta$  also between RMSSD and P4- $\theta$ .

GE Prinsloo et al. [16] found that less pronounced changes in HRV, due to work-related

stress, accompanied by higher relative SPD Fz- $\theta$ , Pz- $\theta$  and Cz- $\theta$ , lower fronto-central relative  $\beta$  power and higher  $\theta/\beta$  ratio. It is also perfectly consistent with our [15] data on a negative correlation LFnu, LF% and LF/HF with F4- $\theta$ , P4- $\theta$ , F7- $\theta$ , F8- $\theta$  and positive correlation with F7- $\beta$  and F8- $\beta$  - on the one hand, and a positive correlation HF% with Fp1- $\theta$  and P4- $\theta$  and negative with P4- $\beta$  - on the other side.

As the discussion on the neural correlates of LF, VLF and ULF bands of HRV continues, we consider it appropriate to provide our own data on their relationship. We found that the commonly recognized vagus markers HF and RMSSD, closely correlating with each other (r=0.93) and moderately negative with the sympathetic markers LFnu (-0,47 and -0,55) as well as LF/HF (-0,35 and -0,44), correlate positively strongly with LF (0,83 and 0,77) and medially with VLF (0,44 and 0,57) as well as ULF (0,47 and 0,45), then there are no correlation of these HRV bands with sympathetic markers ( $r=-0.18\div-0.08$ ). Therefore, in our study, the LF band reflects the vagal tone definitely, which was maximal in individuals with normal entropy.

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## ACCORDANCE TO ETHICS STANDARDS

Tests in patients are conducted in accordance with positions of Helsinki Declaration 1975, revised and complemented in 2002, and directive of National Committee on ethics of scientific researches. During realization of tests from all participants the informed consent is got and used all measures for providing of anonymity of participants.

For all authors any conflict of interests is absent.

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