

**МІНІСТЕРСТВО ОСВІТИ І НАУКИ УКРАЇНИ**  
**ДЕРЖАВНИЙ ЗАКЛАД**  
**«ПІВДЕННОУКРАЇНСЬКИЙ НАЦІОНАЛЬНИЙ ПЕДАГОГІЧНИЙ**  
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**Фогель Т. М.**

**Методичні рекомендації з дисципліни «Іноземна мова (за професійним спрямуванням)» для самостійної роботи студентів 1-го року навчання**  
**ОПП «Середня освіта (Музичне мистецтво)»**  
**спеціальності А 4 Середня освіта.**

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**Т. М. Фогель**

Методичні рекомендації з дисципліни «Іноземна мова (за професійним спрямуванням)» для самостійної роботи студентів 1-го року навчання ОПП «Середня освіта (Музичне мистецтво)» спеціальності А 4 Середня освіта. Одеса. 2026. 38 с.

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Методичні рекомендації покликані допомогти студентам 1-го року навчання у виконанні самостійної роботи в межах тем, передбачених робочою програмою навчальної дисципліни «Іноземна мова (за професійним спрямуванням)» ОПП «Середня освіта (Музичне мистецтво)» спеціальності А 4 Середня освіта. Посібник має на меті поглибити знання з англійської мови за фахом та сприяти формуванню комунікативної, лінгвістичної і соціокультурної компетентностей студентів.

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## ПЕРЕДМОВА

Сучасна реформа вищої освіти в Україні визначає самостійну роботу студента як ключовий елемент підготовки кваліфікованого фахівця. Дані методичні рекомендації розроблені відповідно до стандартів Ради Європи, вимог освітньо-професійної програми «Середня освіта (Музичне мистецтво)» та робочої програми дисципліни «Іноземна мова (за професійним спрямуванням)».

Головна мета курсу - підготувати майбутнього педагога-музиканта до вільного спілкування в академічному та професійному середовищах. Вивчення дисципліни спрямоване на формування комплексу компетентностей: мовної, комунікативної та професійно орієнтованої.

Основними завдання курсу є: навчитися розуміти, інтерпретувати та створювати фахові тексти у галузі музичного мистецтва; удосконалити навички академічного письма та усного мовлення для міжкультурної взаємодії; розширити лексичний запас спеціальною музичною термінологією; сформувати готовність до безперервного професійного саморозвитку за допомогою іноземних джерел.

Методичні рекомендації містять дванадцять розділів, кожен з яких орієнтований на поглиблене вивчення професійної тематики. Навчальний матеріал подано через поєднання класичних вправ та сучасних інтерактивних форматів. Більшість практичних завдань реалізована у вигляді онлайн-ігор та квізів, що робить процес засвоєння лексики цікавим та ефективним.

Для глибшого опрацювання тем у кінці видання наведено список рекомендованої літератури, що включає базові підручники з фонду університетської бібліотеки, додаткові посібники та актуальні фахові інформаційні ресурси.

## UNIT 1

### The Profession of a Musician

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1. Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.

<https://quizlet.com/83878809/music-jobs-flash-cards/>

2. Listen to the first two minutes of the episode. “Becoming a Musician” and answer the question.

- What do the presenters say the episode is about?
- • What is this week's question? What do you think the answer is?

[https://www.bbc.co.uk/learningenglish/features/6-minute-english\\_2025/250130](https://www.bbc.co.uk/learningenglish/features/6-minute-english_2025/250130)

3. Now listen to the whole episode. As you listen, write down the eight items of vocabulary. What do they mean?

a) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

b) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

c) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

d) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

e) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

f) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

g) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

h) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

4. . Listen again and answer the quiz questions.

1. What is the top selling song of the week called?
  - a) the number one
  - b) the best song
  - c) the biggest hit
2. Where in the UK is St Ives?
  - a) the south-west coast
  - b) the north-east coast
  - c) the West Midlands
3. "I would sit in a circle with a \_\_\_\_\_ of old men."
  - a) lunch
  - b) crunch
  - c) bunch
4. Which expression means to protect or guide someone?
  - a) put someone under your foot
  - b) take someone under your wing
  - c) move someone over your head
5. What is a busker?
  - a) someone who plays music every day
  - b) someone who makes musical instruments
  - c) someone who performs on the street for money
6. Which word means 'musical concerts'?
  - a) gigs
  - b) rigs
  - c) jigs
5. **Write your own sentences using the vocabulary.**

## UNIT 2

### The Importance of Music in People's Lives

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1. Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.

<https://quizlet.com/fi/711261556/music-in-our-life-sc-flash-cards/>

2. Read the article following the link below and answer the questions.

<https://www.bbc.co.uk/teach/bring-the-noise/articles/zv3krj6>

- 1) Why does the author call music a “universal gift” and a “universal language”?
- 2) What experience did the author have in Sweden that proves music doesn't need verbal communication?
- 3) According to the Harvard study, what are the physical benefits of listening to relaxing music?
- 4) How can music help people who suffer from dementia or social isolation?
- 5) List at least three skills (besides musical ones) that a person develops while learning an instrument.
- 6) Why is music considered a powerful “creative outlet”?

3. Choose the correct answer.

- 1) Music is described as an art form with \_\_\_\_\_ at its centre:
  - a) expensive technology
  - b) human interaction
  - c) strict rules
- 2) The author mentions that music can lower blood pressure after:
  - a) eating a meal
  - b) physical exertion
  - c) sleeping
- 3) In the digital age, learning an instrument is unique because it requires:
  - a) instant results

b) only a computer

c) discipline and perseverance

4) Being a member of a musical ensemble helps to develop:

a) leadership and teamwork skills

b) competitive aggression

c) fast typing skills

5) According to the text, musicians have used sound to express themselves since:

a) the invention of the radio

b) the dawn of primitive man

c) the 20th century

4. Match the terms and their meanings

Term	Meaning
1. <b>Social cohesion</b>	A. The quality of being able to recover quickly from difficulties
2. <b>Physical exertion</b>	B. The ability of a group of people to stay united.
3. <b>Resilience</b>	C. A way of expressing or making use of creative energy
4. <b>Creative outlet</b>	D. Effort made by the body.
5. <b>Antidote</b>	E. Something that corrects or improves a bad situation

5. Fill in the blanks with the correct words: *wellbeing, confidence, universal, interaction, spirits*.

1. Music is a \_\_\_\_\_ language that is understood everywhere in the world.

2. Learning to play difficult passages of music builds a person's \_\_\_\_\_.

3. Music stimulates the brain and improves our overall health and \_\_\_\_\_.

4. A good sing-a-long with friends can help lift your \_\_\_\_\_.

5. Music is an art form that has human \_\_\_\_\_ at its core.

## UNIT 3

### Orchestra and Musical Ensembles

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1. **Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.**

<https://quizlet.com/127413627/orchestra-instruments-pictures-flash-cards/>

2. **Read the article following the link below and answer the questions.**

[https://www.dawkes.co.uk/sound-room/ultimate-guide-what-is-an-orchestra/?srsltid=AfmBOooNJCuv03ehki\\_k4x\\_rVyuHulgpa3KC31JfHkMr1-ndwkDz97QX](https://www.dawkes.co.uk/sound-room/ultimate-guide-what-is-an-orchestra/?srsltid=AfmBOooNJCuv03ehki_k4x_rVyuHulgpa3KC31JfHkMr1-ndwkDz97QX)

- 1) How did the definition of the word “orchestra” change from Ancient Greece to the modern theatre?
- 2) What are the two main types of orchestras mentioned in the article, and what is the primary difference between them?
- 3) Which composers are associated with the peak of chamber music, and who ushered in the era of large symphonies?
- 4) Why is a conductor necessary for a large symphony orchestra?
- 5) Why is the oboe traditionally the instrument that leads the tuning process? Give at least two reasons.
- 6) What is the difference between the terms “Symphony” and “Philharmonic”?

3. **Read the article again and choose the correct answer.**

- 1) In Ancient Greek theatre, the “orchestra” was:
  - a) A group of musicians playing violins.
  - b) A circular space in front of the stage for the chorus.
  - c) The balcony where the audience sat.
- 2) A chamber orchestra usually employs:
  - a) More than 100 musicians.
  - b) About 50 or fewer musicians.
  - c) Only brass and percussion players.

3) Which of these instruments belongs to the Woodwind section according to the article?

- a) Cor anglais
- b) French Horn
- c) Cymbals

4) The term “Philharmonic” is described as:

- a) A generic term for any small group.
- b) A term always used within a proper name (e.g., Brooklyn Philharmonic).
- c) A special type of instrument.

5) Which section of the orchestra includes the Timpani and Xylophone?

- a) Strings
- b) Brass
- c) Percussion

**4. Based on the article, classify the instruments listed below into their respective orchestral sections.**

*Instruments to classify:* Violin, Cello, Piccolo, Tuba, Bassoon, Timpani, Double bass, French Horn, Oboe, Clarinet, Trombone, Harp, Xylophone, Viola, Cor anglais, Contrabassoon, Saxophone, Trumpet, Cymbals, Bass clarinet, Triangle.

Strings	Woodwind	Brass	Percussion
Example: Violin	Example: Flute	Example: Trumpet	Example: Drums

## 5. Match the terms and their definitions

Term	Definition
1. Orchestra Pit	A. The process of adjusting an instrument's pitch.
2. Ensemble	B. The area in a theatre where musicians perform, usually in front of the stage.
3. Tuning	C. A group of musicians who perform together.
4. Conductor	D. A term meaning 'harmonious music'
5. Symphony	E. A person who directs the orchestra using hand gestures.

## 6. Translate following sentences into Ukrainian

- 1) While every philharmonic is a symphony orchestra, not every symphony orchestra can be called a philharmonic.
- 2) The oboe's bright and penetrating sound made it easy to hear, and its pitch was more stable than gut strings.
- 3) Chamber orchestras differ from symphony orchestras in that they play chamber music written for private halls and aristocratic parlours."

## 7. Answer the questions about the orchestra following the link.

<https://quizlet.com/za/414457621/the-orchestra-flash-cards/>

**UNIT 4**  
**History of Music**

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1. Study the vocabulary following the link below. Write them down and memorize. Translate the words and word combinations into Ukrainian.

<https://quizlet.com/1877599/the-six-eras-of-music-history-flash-cards/>

2. Do the quiz following the link.

<https://www.liveworksheets.com/worksheet/en/music/1627607>

3. Watch the video “History of Music” following the link.

<https://www.youtube.com/watch?v=hXCwQB9De88&t=260s>

4. Choose the correct answer.

- 1) What is believed to be the initial form of music, according to the video?
- a) Drumming with tools
  - b) Oral singing
  - c) Playing flutes
  - d) Digital synthesis
- 2) Which ancient artifact contains the “Hurrian Hymn to Nikkal”, the world's oldest written melody?
- a) Papyrus scrolls
  - b) Clay tablets
  - c) Stone walls
  - d) Golden plates
- 3) How have digital advances changed the general “Sound of Music’ in modern times?
- a) The tempo is slower and volume is lower
  - b) The tempo is faster, the beat is livelier, and the volume is higher
  - c) Music has become strictly instrumental
  - d) The use of scales has been abandoned
- 4) According to the video, what influenced music trends during war times?

- a) Stories of hardships and struggles
  - b) Social media trends
  - c) Advancements in electronic dance music
  - d) A total ban on singing
- 5) Which three composers are named as the “top three masters of classical music”?
- a) Elvis, Michael Jackson, and Beyonce
  - b) Vivaldi, Haydn, and Chopin
  - c) Beethoven, Bach, and Mozart
  - d) Wagner, Brahms, and Liszt
- 6) What physical challenge did Beethoven face while producing his most famous works?
- a) Blindness
  - b) Progressive hearing loss
  - c) Paralysis of the hands
  - d) Loss of memory
- 7) What is the structural link between classical music and modern pop music mentioned in the video?
- a) They use the same instruments
  - b) Both are built from the seven tones of the major and minor scales
  - c) Both avoid the use of rhythm
  - d) They have no link at all
- 8) In which decade did Jazz and Blues see their "birth" according to the timeline provided?
- a) 1950s
  - b) 1920s
  - c) 1970s
  - d) 1990s
- 9) The 1970s and 1980s were primarily defined by which genres in the video?
- a) Grunge and Hip Hop

- b) Disco and Funk
  - c) Classical and Opera
  - d) Techno and Country
- 10) What is the final conclusion of the video regarding the future of music?
- a) It will eventually be replaced by silence
  - b) It will continue to evolve as long as there are humans and instruments
  - c) It has already reached its peak evolution
  - d) It will return to only using clay tablets

**5. After watching the video do the following writing task.**

Imagine you are tasked with creating a “Musical Time Capsule” to explain the history of music to future generations based on the video you have watched. Select three key milestones or figures and write a brief explanation (2-3 sentences for each) in English, following this structure:

***The Origin:*** Choose one fact about the beginnings of music history (e.g., the earliest written melody or the nature of primitive singing).

*Why is this discovery significant for our understanding of human culture?*

***The Foundation:*** Select one of the "top three masters" of classical music mentioned in the video.

*What was their contribution, and what inspires you about their story?*

***The Evolution:*** Choose a specific genre from the 20th century (Jazz, Disco, Rock, etc.) and describe how digital technology has transformed the "sound of music" today.

*How does modern music differ from the music of the past in terms of energy and production?*

Example:

Point 2 (The Foundation): Ludwig van Beethoven is one of the greatest masters of classical music. Despite his progressive hearing loss, he continued to compose revolutionary works, proving that musical genius transcends physical limitations.

## UNIT 5

### Ukrainian Musical Heritages

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1. Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.

<https://wordwall.net/uk/resource/22240442/musical-instruments>

2. Read the article following the link below and answer the questions.

<https://ukraineworld.org/en/articles/basics/ukraines-musical-heritage>

3. Choose the correct answer based on the article:

- 1) Which instrument is played by pressing the strings against the neck?
  - a) The bandura
  - b) The kobza
  - c) Tsymbaly
- 2) What is the "trembita" primarily made of?
  - a) Metal and plastic
  - b) Wood and birch bark
  - c) Animal skin and bone
- 3) The "Kharkiv method" is a playing technique associated with which instrument?
  - a) The kobza
  - b) The bubon
  - c) The bandura
- 4) What is a "kalatalo"?
  - a) A special stick used to strike the bubon.
  - b) A mouthpiece for the trembita.
  - c) A small mallet for tsymbaly.
- 5) Which instrument was historically used for signaling messages over long distances in the mountains?
  - a) The bandura
  - b) The trembita

c) The kobza

**4. Match the instrument components and terms with their descriptions:**

Term	Definition
1. Prystrunky	A. Small wooden mallets used for tapping the strings of tsymbaly
2. Mouthpiece	B. Additional strings that appeared due to the rounding of the instrument's body.
3. Mallets	C. The part of a wind instrument that the musician blows into.
4. Membrane	D. A frame drum often made from an old sieve (sifter).
5. Bubon	E. The leather surface of a drum that produces sound when struck.

**5. Fill in the table using the following characteristics from the text:**

- Has 4-5 bass strings and 16-18 prystrunky.
- Sound is produced by pressing strings against the neck.
- Features a narrow neck and an elongated body in its original form.
- Played without pressing the strings on the neck.

Feature	The Kobza	The Bandura
Playing Technique		
Construction Detail		

**6. Answer the questions about the article.**

- 1) According to the article, why was the traditional bandura “supplanted” during the Soviet Union?
- 2) What materials are used for the upper and lower soundboards of the tsymbaly?
- 3) Name three ceremonial occasions where the trembita is traditionally sounded.
- 4) What is the main purpose of the bubon in a musical ensemble?

**7. Translate the following sentences into Ukrainian, paying attention to musical terms:**

- 1) The trembita produces its sound through the vibration of air within its long conical tube.
- 2) Concert tsymbaly have a larger size and a chromatic scale, which allows for more complex technical pieces.
- 3) In 2024, the Kobzar-Lirnyk tradition was inscribed in UNESCO's Register of Good Safeguarding Practices.

## UNIT 6

### Musical Art of Great Britain and the United States

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1. Study the vocabulary following the link below. Write them down and memorize. Translate the words and word combinations into Ukrainian.

<https://quizlet.com/ru/915967562/musical-instruments-flash-cards/>

2. Watch the video “Great Britain. Music is Great” following the link.

<https://learnenglish.britishcouncil.org/general-english/video-series/britain-great/music-great-part-1>

3. Choose the sentences that are true according to the video.

- a) The Premises is a live music venue.
- b) It's in London.
- c) Richard talks to one of the musicians there.
- d) It has been open for twenty-six years.
- e) It has a range of facilities.
- f) They deal with a variety of music and musicians.
- g) Bestival has only rock music.
- h) Bestival is a four-day music festival.

4. Which of these musicians do they say have visited the Premises Studios?

Adele Elton John Lady Gaga Lana del Rey Rihanna

Ronnie Wood The Arctic Monkeys The Beatles Madonna

5. Match the halves of the sentences from the video.

- 1) The Premises recording studios
- 2) Everyone from Lana del Ray to
- 3) If you've heard of them
- 4) I don't think there's anything quite
- 5) Almost everybody you can think of
- 6) It's a bit of a mystery, but there just

- a) are big players in the music industry.
- b) has passed through the doors.
- c) like it in the country.
- d) must be something in the water.
- e) the Arctic Monkeys come here.
- f) they've probably played here.

**6. Use these words to complete the phrases from the video.**

- a) another
- d) pot
- b) of years
- e) studio
- c) talent
- f) the charts
- 1) to top \_\_\_\_\_
- 2) a melting \_\_\_\_\_
- 3) musical \_\_\_\_\_
- 4) one way or \_\_\_\_\_
- 5) in the last couple \_\_\_\_\_
- 6) a recording \_\_\_\_\_

**7. Answer the questions.**

What is the most famous musical venue in your country?

Who are the best musicians?

Do you prefer international stars or local artists?

## UNIT 7

### A Word of Music Genres

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1. **Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.**

<https://quizlet.com/933174757/describing-music-genres-adjectives-and-expressions-flash-cards/>

2. **Do the quiz following the link.**

<https://www.liveworksheets.com/worksheet/en/english-second-language-esl/330290>

3. **Watch the video “Music Genres Explained in 8 Minutes” following the link and answer the following questions based on the information provided:**

[https://www.youtube.com/watch?v=8KiJ4\\_GZIt0&t=42s](https://www.youtube.com/watch?v=8KiJ4_GZIt0&t=42s)

- 1) Which music genre is known for its structured forms like symphonies and concertos, and who are its famous composers?
- 2) Where did Jazz originate, and which three musical elements does it blend together?
- 3) What are the key instruments used in Country music to tell stories of rural America?
- 4) How is Reggae distinguished from other genres, and what cultural movement is it associated with?
- 5) What makes Hip Hop more than just a music genre according to the video?
- 6) What does the term "Lo-fi" stand for, and what is this music typically used for?

4. **Choose the correct option for each statement:**

- 1) Rock and Roll emerged in the 1950s and was characterized by its use of:
  - a) Harps and flutes
  - b) Electric guitars, drums, and bass
  - c) Synthesizers and drum machines

- 2) Which genre emphasizes "Groove and Rhythm" and was pioneered by James Brown?
- a) Funk
  - b) Disco
  - c) Metal
- 3) Grunge music emerged in the late 1980s in Seattle as a combination of:
- a) Jazz and Blues
  - b) Punk rock and Heavy metal
  - c) Soul and Gospel
- 4) Electronic Dance Music (EDM) is primarily produced for:
- a) Libraries and study halls
  - b) Nightclubs, raves, and festivals
  - c) Solo vocal performances
- 5) Which genre is known for its synchronized dance routines and vibrant audiovisual elements?
- a) Indie
  - b) K-pop
  - c) Blues

**5. Match the musical genre or term with its corresponding description.**

Term	Definition
1. Blues	A. A genre promoting a "DIY" ethic with fast, hard-edged music and anti-establishment lyrics.
2. Disco	B. Music produced independently from commercial record labels, known for its diverse sound.
3. Punk Rock	C. A genre rooted in African-American history expressing themes of sorrow and resilience.
4. Indie	D. A subgenre of Hip Hop featuring 808 kick drums and themes of street life.
5. Trap	E. Upbeat dance music from the late 1970s

	featuring a steady “four-on-the-floor” beat.
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**6. Translate the following sentences into Ukrainian, paying attention to the specific musical terminology:**

- 1) Jazz is an energetic and improvisational genre that originated in African-American communities.
- 2) The invention of the electric guitar was pivotal in popularizing the revolutionary sound of Rock and Roll.
- 3) Soul music combines elements of gospel, blues, and jazz, known for its emotional vocals and smooth rhythms.
- 4) Lo-fi music embraces imperfection, creating a cozy atmosphere perfect for studying or relaxing.

## UNIT 8

### Outstanding Composers of the World

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1. Study some information about famous composers following the link below.

<https://quizlet.com/42164836/classical-composers-flash-cards/>

2. Read the article “The 30 greatest classical music composers of all time” following the link below and answer the questions.

<https://www.classicfm.com/composers/greatest-classical-music-history/>

- 1) What is the main purpose of this list provided by the article?
- 2) How does the article define a “great” composer? Is it based on popularity, technical innovation, or both?
- 3) Which musical eras (Baroque, Classical, Romantic, etc.) are represented among the top 30 composers?
- 4) Based on the introduction, how have these composers influenced the modern listener’s “classical tunes”?

3. Read the article carefully again and find specific information to complete these statements.

- 1) Johann Sebastian Bach is often cited as the “ultimate” composer. What specific qualities of his music (e.g., mathematical precision, emotional depth) are mentioned?
- 2) Which composer is described as a “child prodigy”, and what are some of the diverse musical forms (operas, symphonies, etc.) he mastered?
- 3) Ludwig van Beethoven is a pivotal figure. How did he bridge the gap between the Classical and Romantic eras?
- 4) Find a composer in the list known as the “Father of the Symphony”. What was his contribution to orchestration?
- 5) Identify the composer celebrated for his “lush melodies” in ballets like The Nutcracker and Swan Lake.

6) Who is the most popular living composer mentioned, and what iconic film scores is he famous for?

**4. Match the following composers with the “professional epithet” or description used in the article.**

<b>Composer</b>	<b>Professional Description</b>
1. Antonio Vivaldi	A. The “Father of the String Quartet” and the Symphony
2. Joseph Haydn	B. The “Red Priest” of Venice, famous for over 500 concertos.
3. George Frideric Handel	C. The bridge to the Romantic era, who composed despite deafness.
4. Ludwig van Beethoven	D. The master of the Baroque oratorio and the Messiah.
5. Wolfgang Amadeus Mozart	E. The symbol of the Classical era, known for “perfect melodies”.

**5. Create a chronological table of the composers mentioned in the article. Include the following columns: Surname, Date of Birth, and Place of Birth**

**6. Prepare some information about a Ukrainian composer.**

## UNIT 9

### Musical Education as a Component of the Harmonious Development of the Personality

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1. Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.

<https://www.collinsdictionary.com/dictionary/english/musical-education>

2. Read the article “The Harmonious Path to Wellbeing: How Music Lessons Benefit Your Mind, Body, and Soul” following the link below and read the statements below. Mark each statement as True (T) or False (F) based on the text. If the statement is false, be prepared to explain why.

<https://harmonymusicschool.co.uk/the-harmonious-path-to-wellbeing-how-music-lessons-benefit-your-mind-body-and-soul-introduction/>

- 1) Music lessons are primarily beneficial for advanced musicians, while beginners experience fewer health benefits. [ ]
- 2) Playing an instrument can function as a form of meditation by shifting focus away from daily stress. [ ]
- 3) The release of endorphins during music-making acts as a natural way to improve one's mood. [ ]
- 4) Learning to play an instrument is compared to a "physical workout" for the brain. [ ]
- 5) Research shows that music education has no significant impact on academic skills like math or reading. [ ]
- 6) For older adults, engaging with music can help delay the onset of cognitive decline. [ ]
- 7) The article suggests that music is a constructive medium for expressing difficult emotions like anger or sadness. [ ]
- 8) Mastering a difficult musical piece has little to do with a student's self-esteem. [ ]

9) Group music lessons and ensemble playing foster a sense of belonging and social connection. [ ]

10) The discipline required for regular practice helps students improve their time management skills in other areas of life. [ ]

**3. Read the article again. Find the following words and phrases in the text and match them with their Ukrainian equivalents or definitions:**

1. To alleviate stress	A) Покращувати когнітивні здібності
2. Cognitive decline	B) зменшувати стрес
3. To boost self-esteem	C) Когнітивне погіршення (з віком)
4. Catharsis	D) Підвищувати самооцінку
5. Dedication and perseverance	E) Емоційне розвантаження (катарсис)
6. To sharpen concentration	F) Наполегливість та витримка
7. Enhance cognitive abilities	G) Загострювати/покращувати концентрацію

**4. Answer the following questions using the information from the article:**

1) How does the creative process of making music affect the human nervous system according to the “Stress Reduction” section?

2) Why is music education particularly important for the development of children’s academic performance?

3) In what way do music lessons promote “personal growth” beyond simply learning how to play an instrument?

## UNIT 10

### Modern Music Technologies

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1. Study the vocabulary following the link below. Write them down and memorize. Translate the words and word combinations into Ukrainian.

<https://quizlet.com/13772758/music-technology-vocabulary-flash-cards/>

2. Read the article “Understanding Modern Music Production: How Technology Shapes Today’s Sound” following the link below and answer the following questions to grasp the general idea of modern production.

<https://www.learningcanvas.blog/post/understanding-modern-music-production-how-technology-shapes-today-s-sound>

1) How has the transition from analog recording to Digital Audio Workstations (DAWs) changed the accessibility of music production?

2) What is the role of Virtual Instruments (VSTs) and plugins in a modern home studio?

3) How does technology allow artists to collaborate even if they are in different parts of the world?

4) According to the text, how has social media (like TikTok or Instagram) influenced the way music is produced and structured today?

3. Match the modern production terms with their correct definitions based on the article.

Term	Definition
1. DAW (Digital Audio Workstation)	A. Artificial effects used to correct or enhance a singer's pitch.
2. MIDI (Musical Instrument Digital Interface)	B. The central software used for recording, editing, and producing audio files.
3. Auto-Tune	C. A technical language that allows computers and musical instruments to communicate.

4. Mixing	D. The final step of audio processing to ensure the track sounds professional on all systems.
5. Mastering	E. The process of blending individual tracks together (levels, EQ, effects) to create a balanced sound.

**4. Read the article again and decide if the statements are True (T) or False (F) based on the text**

1) Modern music production still requires an expensive, professional studio to achieve high-quality sound. [ ]

2) Technological advancements have made the “creative barrier” higher for new artists. [ ]

3) Streaming platforms use algorithms that influence the length and “catchiness” of modern songs. [ ]

4) The article suggests that while technology is a great tool, the “human element” and creativity remain essential. [ ]

**5. Discuss following questions.**

1) The Democratization of Music: The article mentions that “anyone can be a producer now.” Does this trend improve the quality of the music industry, or does it lead to an “oversaturated” market?

2) AI in Music: Considering the current technological shifts, do you think Artificial Intelligence will eventually replace human composers, or will it remain just another “plugin” in the DAW?

3) Educational Impact: How can a future music teacher use modern production tools (like simple DAWs or loops) to engage students who are not interested in classical instruments?

**6. Translate these key sentences from the article into Ukrainian**

1) “The Digital Audio Workstation is the heart of the modern studio, replacing the massive mixing consoles of the past.”

2) Plugins and virtual instruments provide access to a limitless library of sounds, from orchestral strings to futuristic synthesizers."

3) "Mastering ensures that the final product meets industry standards for streaming services and radio."

## UNIT 11.

### Music Projects

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**1. Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.**

<https://quizlet.com/ca/762624826/project-management-for-musicians-flash-cards/>

**2. Watch the video “How To Start A Music Project From Scratch” following the link and arrange the steps of starting a music project in the chronological order suggested by the speaker (from 1 to 8)**

<https://www.youtube.com/watch?v=4RvxYmz2BcM>

- 1) Pitch your music to Spotify editorial playlists via your distributor (e.g., DistroKid).
- 2) Claim your profiles and "handles" on all social media platforms to ensure name uniformity.
- 3) Choose a definitive artist name and check its availability across the internet.
- 4) Plan your visual assets, including professional photos and logos, to avoid using low-quality old images.
- 5) Set a release date at least 4 to 6 weeks in advance to allow time for promotion.
- 6) Establish a legal connection to your name by selling a digital or physical copy of your music (interstate commerce).
- 7) Prepare a “bank” of content (finished songs and videos) for at least a year of consistent promotion.
- 8) Create a “link in bio” page (using tools like Koji) and forward your custom domain to it

**3. Watch the video again and answer the questions to understand the key steps of starting a music career.**

- 1) Why does the speaker advise against delaying the choice of a professional name?

- 2) What platforms should you check to ensure your chosen artist name is not already in use?
- 3) What is “uniformity” in social media handles, and why is it important for a music manager’s work?
- 4) Why is it recommended to “claim” your profile on every social media platform, even if you don't plan to use them immediately?
- 5) What is the main benefit of using a “link in bio” tool like Koji for musicians?
- 6) How many songs does the speaker suggest having “in the bank” (finished and ready) before setting a release date?

#### **4. Choose the correct answer based on the video content**

- 1) What is the most effective way to protect your artist name legally (interstate commerce)?
  - a) Just posting a song on Instagram.
  - b) Selling a song to a friend who lives in a different city or state.
  - c) Printing a physical poster with your name on it.
- 2) What does a “SWOT analysis” help an artist to develop?
  - a) Their financial budget for instruments.
  - b) Their artistic identity and storytelling.
  - c) Their technical skills in mixing and mastering.
- 3) Why should your visual assets (photos, logos) be “tight” from day one?
  - a) Because bad old photos can haunt you in publications for years.
  - b) Because they help improve the sound quality of your music.
  - c) Because you cannot upload music to Spotify without a logo.
- 4) According to the speaker, which distributor is preferred for its cost-effective tools?
  - a) CD Baby
  - b) TuneCore
  - c) DistroKid
- 5) When pitching to Spotify editorial playlists, what is the limitation?
  - a) You can only pitch songs that have already been released.

b) You can only pitch one song at a time for consideration.

c) You must have at least 10,000 followers to pitch.

**5. Match the professional music marketing terms with their descriptions.**

Term	Definition
1. Handle	A. A company that sends your music to streaming platforms like Apple Music or Spotify
2. Domain Forwarding	B. A specific name or username used on a social media platform.
3. Distributor	C. The process of blending individual tracks together (levels, EQ) before mastering.
4. Editorial Playlist	D. Sending a website address to a different URL (e.g., to a link-in-bio page).
5. Pitching	E. A curated list of songs created by professional editors at streaming services.
6. SWOT Analysis	F. Submitting your music for consideration to playlist curators or labels.
7. Claiming	G. A strategic planning technique used to identify Strengths, Weaknesses, Opportunities, and Threats.
8. Mastering	H. The final step of audio production to ensure sound consistency across all systems.
9. Consistent Promotion	I. Registering your artist name on all digital platforms to prevent others from taking it.
10. Asset	J. Marketing your work regularly to maintain interest and build momentum.

**6. Translate the following sentences from the video into Ukrainian**

1) Claim your profile everywhere, as it doesn't mean you have to start using it tomorrow; it just means fewer headaches later.

2) Consistent, sustained promotion is one of the most important parts of blowing up as a new artist.

3) Mastering over a thousand records has shown me how often people are unhappy with their artist name at the last minute.

4) Having a year's worth of content banked ensures that you won't be stressed about what to promote next.

**UNIT 12**  
**Music Theory**

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**1. Study the vocabulary following the link below. Write them down and memorize Translate the words and word combinations into Ukrainian.**

<https://quizlet.com/19165690/music-theory-basics-flash-cards/>

**2. Watch the video “Music Theory explained in 60 seconds” following the link and match the musical terms from the video with their correct professional definitions.**

<https://www.youtube.com/shorts/JfhrLak5KFo>

<b>Musical Terms</b>	<b>Professional Definitions</b>
1. Chromatic Scale	A. A sequence built from two segments that overlap to form a daisy chain pattern.
2. Major Scale	B. A rearrangement of the chromatic scale that shows how all keys are related, similar to a color wheel.
3. Circle of Fifths	C. The complete set of 12 basic notes that serves as the foundation for Western music.
4. Circle of Thirds	D. A loop-based pattern that reveals the harmonic connections between all the chords in a specific key.

**3. Read the article “What is Music Theory and How Can It Enhance Your Career Prospects in the Industry?” following the link below and answer the questions.**

<https://news.miami.edu/uonline/stories/2023/10/what-is-music-theory.html>

- 1) Why does the author compare a musician’s need for music theory to a writer’s need for grammar?
- 2) How does a deep understanding of theory help composers and songwriters in their creative process?
- 3) In what way is music theory an “indispensable tool” for music educators?

4) How can knowledge of theory improve communication between recording engineers and musicians in a studio?

5) Why is the skill of sight-reading considered a distinct advantage for performing musicians?

**4. Based on the “Preparing for a Career in Music” section, match the learning method with its benefit**

1. Formal Education (Degrees)	A. Offers personalized guidance and immediate feedback.
2. Private Lessons	B. Provides a comprehensive academic framework (Bachelor's/Master's).
3. Self-Study	C. Solidifies theoretical knowledge through real-world application.
4. Practice and Performance	D. Requires high discipline and uses online resources.

**5. Match the musical components (1–5) with their correct professional descriptions (A–E) based on the article.**

Musical Components	Professional Descriptions
Scales	A. The timing and duration of notes and rests that give music its characteristic feel.
Chords	B. The variation in loudness, intensity, and articulation that adds nuance to a performance.
Rhythm	C. Specific patterns of notes used to create melodies and harmonies.
Notation	D. Groups of notes played simultaneously that form the backbone of harmonies.
Dynamics	E. A visual system (such as sheet music or tablature) used to communicate music to others.

## Рекомендована література

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