



# THEORETICAL FOUNDATIONS OF PEDAGOGY AND EDUCATION

Collective monograph

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**SECTION 6. PHYSICAL EDUCATION AND SPORTS**

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**6.1 The challenge of improving the educational and professional program "Physical culture and sports" of persons of the second (master's) level of higher education in specialty 017 physical culture and sports**

Building a national education system in modern conditions with taking into consideration the radical changes in all spheres of public life and historical challenges of the XXI century requires critical reflection and concentration of efforts and resources on solving the most acute problems that hinder development and are the obstacles to providing a better quality of education.

Modernization and development of education must become proactive and continuous, respond flexibly to all processes taking place in Ukraine and the world. Quality education is a necessary condition for ensuring sustainable democratic development of society.

The efforts of education management departments, scientific and methodological services with the support of the whole society and the Country should be focused on the implementation of strategic directions of education development, overcoming the existing problems, fulfilling the perspective tasks, including:

- updating the goals and content of education on the basis of competence approach and personal orientation, taking into account world experience and the principles of sustainable development;

- ensuring the systematic improvement of the quality of education on an innovative basis, modern psychological and pedagogical and scientific and methodological support of the educational process;

- creating a safe educational environment;

- ensuring the functioning of an effective system of inclusive education, organization of classes with students of special medical groups;

- creation of a modern material and technical base for the functioning of higher education institutions;

- development of interaction between education management departments and public self-government departments of educational institutions, ensuring objective assessment of the quality of education;

- development of standards of higher education focused on the competence approach, agreed with the new structure of educational and qualification (educational and scientific) levels of higher education and with the National Qualifications Framework;

- making changes to the organizational, regulatory, personnel, logistical, financial, scientific and methodological, medical and information support of physical education and sports in higher education institutions;

- ensuring the effective functioning and improvement of the network of sports facilities, development of sports infrastructure, including the construction and modernization of sports facilities using the funds raised by the authorities and local governments;

- provision of paid sports services at sports facilities of educational institutions outside of their own use;

- providing medical support for sports activities of student-athletes;

- providing medical examination of students for admission to physical education classes (medical certificates for entrants are canceled);

- holding sports competitions and participation in All-Ukrainian, World Universiades, European Games, world and European championships and other competitions among students.

Taking into account the modernization of education, it is necessary to modernize curricula, programs and textbooks in accordance with the updated state standards of education;

- development of integrated curricula of higher education institutions;

- interaction of higher education institutions and educational institutions, education management departments, youth public organizations, business representatives, broad sections of society in the education and socialization of youth;

- development of a holistic system of identification and psychological and pedagogical support of gifted youth, ensuring the creation of conditions for its development, socialization and further professional growth;

- formation of a healthy lifestyle as a component of education, preservation and strengthening of health of youth;

- improvement of physical culture and health and sports-mass work in educational institutions (expansion of the number of sports clubs, sections and clubs with mandatory personnel, financial, logistical support of their activities);

- increase the number of student youth engaged in physical culture and sports during active leisure and ensure a healthy lifestyle;

- involvement of public organizations in supporting the development of sports among student youth;

- modernization of sports facilities;

- proud representation of the country in the international community.

In order to achieve the development of physical culture and sports, it is necessary not only to realize what end results we want to achieve, but also to comprehensively anticipate specific quantitative and qualitative resources of this process, socio-pedagogical and organizational-methodological conditions of its successful transition in a certain period of time, taking into account social and economic changes. In this regard, the process of improving the training of physical culture and sports professionals who are able to solve these problems, have a high level of personal qualities and professional abilities, professionally significant skills and abilities, have in-depth knowledge of the profession is extremely important. Thus, purposeful recovery of the nation, training of modern, highly qualified and hardy, competitive professionals requires increased attention to the personality of the future specialist in physical culture and sports, maximum disclosure of his abilities, talents, aspirations and motives.

Purposeful motivation of students and teachers to study and professional activity in the field of physical culture and sports:

- taking into account the general cultural and educational level of students;

- meeting the requests and needs of the future specialist;
- humanization of pedagogical interaction of teachers and students;
- a combination of educational and upbringing influences aimed at the activities of the specialist;
- intensification of educational and cognitive activities, involvement of students in various components of the educational process;
- measures to make students aware of the need for training and self-training, education and self-education;
- taking into consideration the influence of the teacher's personality on the professional and pedagogical development of students;
- creation of friendly interpersonal and group relationships, creating an atmosphere of empathy, cooperation, motivation for success; formation of a positive socio-psychological climate in educational and pedagogical teams;
- orientation of the educational process on the disclosure, development and improvement of socially and professionally important qualities of the future specialist;
- determination and approval of the socio-pedagogical status of subjects of study;
- stimulating activity and development of reflection of students and teachers;
- realization of creative cooperation of teachers and future specialists in the field of physical culture and sports;
- conducting competitions and Olympiads in psychological and pedagogical disciplines that contribute to the acquaintance, perception and testing of innovative approaches to physical education by students;
- focus of professional training on continuous self-development and self-actualization of students and teachers.

To implement this, high-quality professional training of specialists in the field of physical culture and sports is required.

Problems of professional training of specialists in the field of physical culture and sports were developed by M. Vilensky, M. Vorobyov, Y. Dragnev, L. Matveev, O. Tymoshenko, O. Shabalina, B. Shiyan, and others. Scientists emphasize the high

efficiency of modern teaching methods in physical education (S. Neverkovich and others), but their use for the study of pedagogical disciplines is insufficiently covered.

Analysis of the concept of “professional training in the field of physical culture and sports” revealed the following basic understandings of this phenomenon: the process of providing a qualitatively new level of professionally oriented training, including pedagogical, in higher education; a significant component of the personality structure and professional activity of the future specialist; integrative qualitative characteristics of the specialist, which is a complex dynamic system of professionally important personality traits that determine the success of professional duties.

The activities of the subjects of physical culture and sports are aimed at ensuring the physical activity of people in order to harmoniously, especially physically, develop and lead a healthy lifestyle.

The professional activity of a specialist in the field of physical culture and sports is a holistic phenomenon that includes two aspects: physical work and mental work which are closely related to each other due to the unity of the tasks. The results of research allow us to conclude that the more developed the cognitive system is, the deeper the personality analyzes and differentiates its movements and, consequently, the better the motor structures are assimilated and memorized.

Thus, the preparation of students of higher education in the field of physical culture and sports - future professionals for professional activities includes: awareness of the purpose and objectives of education of harmoniously developed personality, knowledge of psychological and biological characteristics of human taking into account age and gender, mastering methods of pedagogical research, principles and methods training and education, the formation of moral qualities of personality (humanity, honesty, tolerance, integrity, etc.), as well as the ability to think creatively, creativity in activities.

Therefore, taking into account the content of the concept of "professional training", the professional training of future specialists in physical culture and sports will be considered as:



- continuous process of acquisition by students of the necessary level of education (acquisition of knowledge, development of abilities and skills, development of professionally and socially significant qualities, formation of value orientations and primary experience of activity providing readiness for performance of labor functions);

- creation by scientific and pedagogical workers and administration of the institution of higher education of the corresponding educational environment and appropriate conditions for purposeful formation and development at future experts of set of the competences defining ability to professional activity;

- as the result of the educational process - is the professional readiness of graduates for professional activities (professional competence).

In general, the problem of improving the effectiveness of professional and pedagogical training of specialists in the field of physical culture and sports remains poorly understood. At the same time, the features of training future specialists in the field of physical culture and sports are even less studied. Despite the pedagogical orientation of pedagogical institutions, the current system of professional training in them is aimed more at the development of sportsmanship and general scientific component of education of future specialists in physical culture and sports, which does not provide graduates with pedagogical competence according to social demand.

Thus, despite the importance of conducted scientific researches, the problem of training future professionals in the field of physical culture and sports in higher education is insufficiently studied in theoretical and methodological terms, and the traditional education system is unable to ensure the smooth entry of a new generation of these specialists in a complex and rapidly changing field of diverse needs of educational activities in a modern children's and youth sports school.

Scientific and methodological developments do not adequately ensure the introduction of fundamentally new approaches to the educational process of higher education institutions in the field of physical culture and sports. The contradictions are becoming more acute between:

- the urgent need of society for harmonious physical and mental development of the population, teaching the younger generation how to preserve and promote health

and reduce the prestige and social status of a specialist in physical culture and sports, which leads to lack of motivation and unsatisfactory professional orientation of education;

- social demand for highly qualified specialists capable to analyze educational realities, producing pedagogical ideas, modeling the process of physical education based on professional values, creative abilities, professional activity and pedagogical reflection, and insufficient level of professional competence and pedagogical skills of graduates;

- the need to quickly solve problems and non-standard tasks, to implement existing competencies, to show readiness for innovative pedagogical activities based on the provisions of the new paradigm of education, modern concepts of physical culture and sports and the traditional system of training future specialists in physical culture and sports where narrow-functional approaches, formative, imperative methods and technologies prevail;

- requirements of the educational sector to strengthen the projectivity, dialogue, personal and creative initiative in the activities of future specialists in the field of physical culture and sports and insufficient efficiency of design, organization and implementation of their training in connection with outdated target guidelines in the system of physical culture and sports. These guidelines do not take into consideration the world trends and the best experience of pedagogical education, undeveloped theoretical and methodological principles of advanced education of future specialists in this field;

- the need to modernize the training of future specialists in physical culture and sports in accordance with modern pedagogical theories, guidelines and strategies and the lack of a single concept of training of future specialists in physical culture and sports, mechanisms for improving educational methodological support, personal development programs for the development of the personality of the future specialist in the educational process of the institution of higher education in the field of physical culture and sports;

- tendencies of specialized sports education on introduction of new methods and technologies of training and insufficient awareness of students about essence of pedagogical disciplines and lack of mechanisms of improvement of educational and methodical maintenance, complex application of innovative pedagogical technologies, orientation of training on professional pedagogical development, integrity and systematic preparation of future specialist for professional activity.

An important role in resolving these contradictions belongs to modern methodological approaches, theories and technologies of social and professional development of creative personality, which are used in the professional training of a specialist in the field of physical culture and sports. To ensure the effective functioning of the national system of physical education it requires a review of the principles of professional training in the field of physical culture and sports.

A holistic, theoretical-methodological, empirically substantiated and methodologically developed concept is needed, on the basis of which it would be possible to carry out advanced professional and personal development of educational subjects. These circumstances have identified the problem of research, which is the need for scientific justification and practical implementation of professional training of future professionals in the field of physical culture and sports as a holistic system.

Thus, the relevance of the study is caused by:

- the objective importance of the problem of professional training of specialists in the field of physical culture and sports in higher education and the state of its solution in pedagogical science and practice;

- a problematic situation related to the inconsistency of the content, forms and methods of training specialists in the field of physical culture and sports to the social needs of them, able to provide quality physical education and sports activities of students;

- prevalence of partial organizational and scientific-methodical decisions, which does not contribute to the effective formation of professional and pedagogical competence in future specialists in the field of physical culture and sports during training;

- lack of systematic connection between pedagogical theories and practice of training specialists in the field of physical culture and sports, the need to substantiate the theoretical and methodological foundations of the system of professional training of specialists in the field of physical culture and sports in higher education;

- tasks of improving the methodology of training specialists in the field of physical culture and sports, development of modern technologies for studying pedagogical disciplines and scientific and methodological support that meets country standards, provides for the implementation of methodological approaches, didactic principles, optimizes education on the basis of subject-subject interaction students and teachers.

Professional training of future specialists in the field of physical culture and sports should reflect the conceptual provisions of physical culture: meet the requirements of logic and methodology of modern science; organically fit into the general theory of culture of the individual and society; provide an opportunity to pose and solve philosophical, cultural, sociological, psychological and pedagogical problems.

The theoretical concept defines the system of analysis and research of the set of components of training of specialists in physical culture and sports in higher education institutions, which are internally interconnected and are the basis for formulating the initial theoretical aspects of training of future specialists as an open socio-pedagogical system that contains target, semantic, technological, diagnostic and analytical structural elements.

The theoretical foundations of the study are: the fundamental role of physical culture as a multifunctional factor of education; humanistic direction of physical culture activity; integrity, projectivity and continuity of the process of formation of socially and professionally significant personality qualities.

The activity of a specialist in the field of physical culture and sports is a certain technological scheme, the algorithm of which should be not only scientifically sound, pedagogically expedient, but also methodically verified, productive, optimal. This requires from him the development and structural-component coherence of dynamic

professional and pedagogical competencies aimed at adequate implementation of pedagogical actions in the educational process.

The methodical concept provides: scientific and prognostic substantiation and introduction of the offered innovations, development of methods and technologies of designing, realization, expert estimation, experimental check, monitoring and adjustment of innovations in the educational environment of institutions of higher education of physical culture and sports, implementation of which requires an appropriate level of training of scientific and pedagogical staff of higher education, updating and structuring the content of professional training in accordance with modern didactic requirements and the national system of physical education, updating and optimizing software and methodological support of research and teaching activities, developing criteria, indicators and levels of formation of professional and pedagogical competence of students.

Professional training of future specialists in the field of physical culture and sports should provide high professionalism, opportunities for self-realization of the individual and the formation of humanistic values.

Improving the professional training of future specialists in the field of physical culture and sports at the present stage requires more effective mechanisms for organizing the educational process.

Therefore, an important role in the educational process of a modern school belongs to the activities of a specialist in physical culture and sports, who must have professional thinking, fundamental and special knowledge and skills, practical skills, actively promote a healthy lifestyle.

The professional activity of a specialist in physical culture and sports, which largely ensures the reproduction of the intellectual potential and health of our society, is socially formative, creative, constructive, organizational, diagnostic, etc. In this regard, the socio-pedagogical tasks of this category of teachers are constantly expanding and becoming more complex, covering the functions of facilitator, mentor, educator, organizer, researcher, innovator.

In building a system of professional training of future specialists in physical culture and sports, it is necessary to take into account the constant expansion of the professional sphere of various parts of the system of physical culture and sports, which is based on a real demand for educational services. institutions and other institutions and organizational structures of the field of physical culture and sports.

Thus, the improvement (modernization) of the system of vocational education in higher education facilities in the field of physical culture and sports is based on the creation of a developmental pedagogical system which would be based on the active use of innovations and innovative technologies in the educational environment and would allow to achieve the required quality of training. Innovative technologies in the training of future specialists in the field of physical culture and sports are aimed at improving the efficiency of the educational system and its entry into a qualitatively new level of functioning. These technologies should be based on understanding the essence of psychological and pedagogical training in higher education as a system, as a process, as an activity and as a result -active, competent specialists with developed pedagogical skills, able to act creatively in accordance with the educational tasks in children's and youth sports schools, specialized children's and youth sports schools of the Olympic reserve and other institutions.

Educational and professional program "Physical Culture and Sports" is a normative document that regulates regulatory, qualification, competence, organizational, educational and methodological requirements in the preparation of applicants for the second (master's) level of higher education in the field of knowledge 01 Education / Pedagogy in specialty 017 Physical Culture and Sports of the State Institution "South Ukrainian National Pedagogical K.D. Ushinsky University".

The educational and professional program was developed in accordance with the Law of Ukraine "On Higher Education" of July 1, 2014 № 1556-VII (as amended on February 26, 2021), the Law of Ukraine "On Education" of September 5, 2017 № 2145VIII ( as amended on January 1, 2021), Resolution of the Cabinet of Ministers of Ukraine of December 30, 2015 № 1187 "On Approval of Licensing Conditions for Educational Activities" (as amended by the Resolution of the Cabinet of Ministers of

Ukraine of May 3, 2020 № 180), Resolution of the Cabinet Of Ministers of Ukraine of November 23, 2011 № 1341 “On approval of the National Qualifications Framework” (as amended by the Resolution of the Cabinet of Ministers of Ukraine of June 25, 2020 № 519), Resolution of the Cabinet of Ministers of Ukraine of April 29, 2015 № 266 "On the peculiarities of the introduction of the list of branches of knowledge and specialties for which higher education is carried out"(as amended by the order of the Ministry of Education and Science of November 6, 2015 № 1151) letter of the Ministry of Education and Science of Ukraine dated 28.04.2017 №1 / 9-239 of the order of the Ministry of Education and Science of Ukraine dated 11.07. 2019 № 977 "On approval of the Regulations on accreditation of educational programs for the training of applicants for higher education", professional standard for the group of professions "Teachers of higher education" from 23.03.2021 № 610, standard of higher education in the specialty 017 "Physical Culture and Sports" for the second (master's) level of higher education, the order of the Ministry of Education and Science of Ukraine dated 11.05.2021 № 516 [435, c. 2, c. 3, c. 4, c. 5, c. 6].

Thus unsolved parts of the general problem of improvement of the specified educational and professional program are the search of a unique vector of its development.

This educational and professional program in the specialty 017 Physical Culture and Sports is implemented in various institutions of higher education in Ukraine, but each of those institutions has its own uniqueness and originality both in name and in its structural content. For example, in the State Institutions like "Luhansk National Taras Shevchenko's University", National Pedagogical N.P. Draghmanov's University this program is called "Sports"; in Prydniprovsk State Academy of Physical Culture and Sports, Yuri Fedkovych Chernivtsi National University, Ternopil National University of Economics, Chernovets National Petr Mogili's University, Kherson State University, National University "Yuriy Kondratyuk's Poltava's Polytechnic", Volodymyr Vynnychenko Central Ukrainian State Pedagogical University, Berdyansk State Pedagogical University, University of the State Fiscal Service of Ukraine, "Kharkiv Humanitarian and Pedagogical Academy" of the Kharkiv Regional Council

- «Physical Culture and Sports»; Kamyanyets-Podilsky National Ivan Ogienko's University- "Sports Coach"; National University of Defense of Ukraine named after Ivan Chernyakhovsky - "Physical Education and Sports in the Armed Forces - M"; The National University of Physical Education and Sport of Ukraine has several names of educational and professional program defining specializations "Sports training and coaching in Olympic sports", "Olympic sports and education", "Sports", "Management in sports", "Fitness and recreation", "Physical Education", "Cybersports (eSports)", "System of training athletes in water sports", "System of training athletes in athletics", "System of training athletes in martial arts", "Physical rehabilitation", "Physical culture and sports rehabilitation"; Zaporizhzhya National University - "Physical Education"; Kharkiv State Academy of Physical Culture - "Psychology of Physical Culture and Sports", Mariupol State University - "Physical Culture".

The study of the experience of many institutions of Ukraine shows that one of the notable shortcomings of professional training of future specialists in physical culture and sports is its underdeveloped system, which does not allow them to form a professional orientation, creativity and independence. The professional training of specialists in physical culture and sports should be based on the broad implementation of a set of modern learning technologies aimed at solving educational and practical tasks by students. However, it is necessary to take into account innovative approaches to the selection and updating of content, forms, methods and teaching aids, construction of theoretical and practical classes, as well as careful consideration of techniques to create an atmosphere of productive pedagogical interaction of subjects of educational process.

The purpose of the article is to outline the uniqueness of this educational and professional training program for the specialty 017 Physical Culture and Sports in the southern region of Ukraine and to identify possible perspectives for its improvement.

Above mentioned program provides for a master's degree, 90 ECTS credits and a period of study of 1 year and 4 months.

The purpose of this educational program is to train competitive professionals who are able to integrate knowledge and solve complex problems in the field of



physical culture and sports, conduct research and implement innovations in conditions of uncertainty, taking into consideration aspects of social and ethical responsibility.

Learning objectives: to prepare masters who are able to identify and effectively solve complex specialized tasks and practical problems of innovative and scientific nature in the field of physical culture and sports.

The objects of study are: theoretical and applied components of physical culture and sports; modern theoretical and methodological aspects of physical culture and sports; methods of physical education in higher education; modern methods of sports; professional training of specialists in physical culture and sports; the latest technologies in fitness and healthy living style.

The theoretical content of the subject area are ideas, notions, paradigms, concepts, theories of analysis of the functioning and forecasting of the components needed to solve professional-applied and research problems; educational components of professional training: concepts of sports training, selection and modeling of sports training; knowledge of socio-educational, program-normative, theoretical and methodological aspects of the organization of physical culture and sports, which are assimilated through the use of general scientific methods of cognition and research; observation, survey, testing and measurement in physical culture and sports; verbal, visual and practical methods of physical education and sports training; technologies of organization and carrying out of physical culture and improving and sports actions; providing pre-medical care; information and communication technologies.

Methods and tools (which should be mastered by the applicant for higher education for application in practice): general scientific research methods, methods and techniques of scientific research on the problems of physical culture and sports; technologies for solving theoretical and practical problems in certain areas of physical culture and sports.

This educational and professional program (EPP) is based on scientific principles, taking into account the essence of physical culture and sports, the peculiarities of formation and development trends. This program focuses on innovative

modern concepts of sports training at different stages of training, sports selection and orientation, modeling of sports training.

The main focus of the educational program is aimed at training specialists for training, physical culture and health, organizational and educational activities in the field of physical culture and sports in the south of Ukraine.

Features of this program are mastering the basic professional competencies of the master of physical culture and sports, knowledge, skills in modern information technology, scientific communications in a foreign language, innovative technologies in physical education in higher education, technology training in the field. Particular emphasis of the educational and professional program is placed on internships in the chosen sport in children's and youth sports schools, specialized children's and youth sports schools of the Olympic reserve and sports clubs, industrial (assistant) practice in higher education and focus on continuity of higher education through continuing education at the third (educational and scientific) level of higher education - the program of training doctors of philosophy PhD.

According to the National Classification of Occupations DK 003:2010, specialists who have been educated under the educational-professional program 017 Physical Culture and Sports may hold the following positions: 1210.1 - Chairman of the club (sports club); director (chief) of a professional educational institution; director of the training center; director of a school (higher sportsmanship, specialized children's and youth, sports and technical, etc.); 1229.6 - Head coach of the team (national team, club); head of the sports base; manager of the sports facility; chief (manager) of the gym (hall); head of the club (aeroclub, service dog breeding, sports and technical, shooting and sports); 1143.4 - Secretary General of the Federation of Sports; president of the sports federation; vice-president of the sports federation; state coach in sports (national team); executive director of the sports federation; 2310.2 - Teacher of Higher Education; 23.10 - Assistant; 2351.2 - Methodist in physical culture; 3431 - Executive Secretary of the Sports Federation; 3475 - Sports coach (federation, national team or club team, sports school, etc.); 3475 - Coach-teacher in sports (sports school, section);

3475 - Athlete-instructor of the national team of Ukraine; 3475 - Instructor-methodologist of sports school; 3475 - Aerobics instructor; 3475 - Fitness trainer.

Let's take a closer look at the general tasks and responsibilities of the specialists who will hold the following positions:

1210.1 - Chairman of the club (sports); director (chief) of a professional educational institution; director of the training center; School Director.

Tasks and responsibilities of the head of the club (sports). Head of the club (sports) provides management of the sports club. He organizes and plans all areas of physical culture, sports, financial and economic activities, is fully responsible for the implementation of areas of work in the workforce. He is responsible for the rehabilitation of employees and their families by means of physical culture, sports and tourism, provided by the plan of socio-economic development of the enterprise (organization), targeted comprehensive programs and inclusion of these issues in collective agreements between trade union organization (labor collective) and enterprise administration (organization). He maintains the documentation of the sports club, completes its staff and distributes functional responsibilities among staff. He promotes the development of sports at the enterprise and in the children's and youth sports school, which is developed by the sports club.

Tasks and responsibilities of the director (head) of a professional educational institution; director of the training center; school principal. He manages the activities of the educational institution in accordance with the current legislation of Ukraine. He represents the educational institution in all central and local executive, legislative, judicial authorities, as well as enterprises, institutions, organizations of all forms of ownership, including outside Ukraine in accordance with the powers granted to it. Within the limits of the powers he rationally uses budgetary funds, and also the means arriving from other sources of financing. He controls the quality of work of teachers, the organization of training and production and training process, ensures the creation of the necessary conditions for training, retraining and advanced training of employees.

He provides accounting, storage and replenishment of training facilities. He coordinates the work of his deputies, the activities of parent committees, provides

assistance to local governments. He heads the pedagogical council of the educational institution, annually reports at the general meeting (conference) of the labor collective on the issues of statutory activity, in particular the collective agreement. He promotes the formation and implementation of initiatives of employees aimed at improving the work of the educational institution and improving the quality of education, creates conditions for the introduction of innovations. He organizes the activities of the team to ensure the quality of training, implementation of curricula and training programs, implementation of plans for production and economic activities, improvement of methodological support of the educational process, promotes the activities of methodological commissions. He is responsible for timely consideration of applications, complaints, compliance with the rights and guarantees of pupils and employees of the educational institution; observance of financial and labor discipline. He approves the staff list and the number of employees of the educational institution within the available salary fund, hires and dismisses employees, approves their job responsibilities in accordance with the qualification characteristics. He provides labor market monitoring and timely improvement of the structure of specialties through the mechanism of licensing of educational services and accreditation of specialties. He issues orders and instructions within its competence, encourages employees, pupils and applies to them the disciplinary sanctions provided by the current legislation of Ukraine. He concludes agreements on cooperation, establishes, in accordance with the current legislation of Ukraine, direct relations with educational institutions of other countries, international organizations, foundations, etc. He controls the provision of safe and harmless conditions of study and work in the school. He is responsible for compliance with the requirements and rules of labor protection, fire safety in accordance with current legislation of Ukraine. He annually reports on the results of work at the meeting of the staff of the educational institution. He exercises other powers provided by the regulations of the educational institution.

1229.6 - Head coach of the team (national team, club); head of the sports base; manager of the sports facility; chief (manager) of the gym (hall); head of the club.

Tasks and responsibilities of the head coach of the team (national team, club). He provides general management of the national team of Ukraine in sports, the coaching board of the national team; is responsible for performing the tasks assigned to the team. He develops a calendar of sports events, a targeted program of training and participation of the national team of Ukraine in sports in competitions and is responsible for their implementation. He provides the organization of educational and training and educational process, takes care of a healthy moral and psychological climate in the team. He controls and adjusts plans for individual training of members of the national team of Ukraine in sports, maintains the necessary accounting and reporting documentation, cooperates with complex scientific groups.

He ensures the formation of the national team of Ukraine to participate in official international competitions in sports in accordance with the requirements of the approved selection system and is personally responsible for its performance in these competitions. He monitors compliance with anti-doping requirements. He supervises the activities of coaches and athletes of the national team of Ukraine. He prepares and submits proposals for logistical and medical-biological support of the national team of Ukraine in sports. He knows, understands and applies current regulations on its activities. He knows and complies with the requirements of regulations on labor protection and the environment, adheres to the rules, methods and techniques of safe work.

Tasks and responsibilities of the head of the sports base; the head of the sports facility. He carries out the general management of administrative and economic activity of a sports construction, bears responsibility for all directions of its activity. He organizes educational and sports work. He resolves all issues related to the preparation and holding of all sports and entertainment events. He organizes mass sports and health work among the population, advertising and promotion of sports. Within the limits of the rights granted to him, he solves the financial problems of the sports facility. He provides equipment of sports facilities with sports-technological, engineering equipment, materials and monitors their proper use. He organizes timely capital and current repairs of sports facilities and equipment. He takes measures to provide sports

facilities with qualified personnel. He knows, understands and applies current regulations relating to its activities. He knows and complies with the requirements of regulations on labor protection and the environment, adheres to the rules, methods and techniques of safe work.

1143.4 - Secretary General of the Federation of Sports; president of the sports federation; vice-president of the federation for sports; state coach in sports (national team); executive director of the sports federation.

Tasks and responsibilities of the Secretary General of the Sports Federation. He organizes work on the implementation of decisions taken by the Presidium, which relate to the tasks of the federation, defined by the statute of the federation and other issues that do not contradict the statutory activities of the federation; he organizes work on the maintenance and preservation of current documentation, minutes of meetings of the presidium and executive committee, standing and temporary committees, other documents of the federation, formation of the archive of the federation; he organizes work on the providing information communication between the federation and its members, other organizations; he organizes work on the involvement of specialists in the staff of the executive committee. He knows, understands and applies current regulations relating to its activities. He knows and complies with the requirements of regulations on labor protection and the environment, adheres to the rules, methods and techniques of safe work.

Tasks and responsibilities of the president of the sports federation. He manages the work of the federation, represents the interests of the federation in other organizations and institutions of Ukraine and abroad. He is responsible for the financial and economic activities of the federation. He monitors the activities of the federation in accordance with its Statute and other regulations, as well as the implementation of agreements with other organizations. He signs the official documentation of the federation. He hires full-time employees of the federation and approves their job responsibilities. He knows, understands and applies current regulations relating to its activities. He knows and complies with the requirements of regulations on labor

protection and the environment, adheres to the rules, methods and techniques of safe work.

Tasks and responsibilities of the state coach in sports (national team). He is directly responsible for the development and implementation of measures provided for by state programs for the development of sports in Ukraine, targeted programs for training athletes for world championships, Europe and the Olympic Games. He plans, organizationally provides and controls the development of infrastructure of sports (types) in Ukraine, he provides methodological assistance to sports schools, schools of physical culture, schools of higher sportsmanship, Olympic training centers. He supervises their work on the training of members and the reserve of the national team (teams) of Ukraine. He studies and analyzes the state and achievements of the sport (s) in Ukraine and worldwide. He carries out analysis and control over the preparation and performances of the national team (teams) of Ukraine and individual athletes in competitions. He is responsible for the development of legal documents on development, type (types) of sports, calendar of sports events in the type (types) of sports and organizes its implementation. He provides coordination of the coaching staff of the national team (teams) of Ukraine in the type (s) of sport with complex scientific groups. He controls the fulfillment of the requirements of the approved system of selection of athletes for participation in the world championships, Europe, Olympic Games. He controls the observance of anti-doping requirements by athletes.

He ensures the cooperation of the federation (federations) of the sport(s) with the relevant structural units of the Committee. He supervises the training of coaches in (sports) and coaches of the national team (teams) of Ukraine in (sports). He is responsible for the formation of staffing and personnel of the national team of Ukraine (teams) in the field(s) of sports, concluding contracts with athletes, coaches and professionals. He knows, understands and applies current regulations relating to its activities. He knows and complies with the requirements of regulations on labor protection and the environment, adheres to the rules, methods and techniques of safe work.

## 2310.2 - Teacher of higher education.

Tasks and responsibilities of a teacher of higher education. He plans educational material on the subject he teaches (working curricula, lesson-thematic, lesson plans). He provides implementation of curricula and programs. He provides educational and methodological and material and technical base for effective classes. He works on creation of an educational and methodical complex of a subject which teaches. He provides a sufficient scientific and methodological level of study of program material, using modern pedagogical and production technologies. He requires students to comply with the Rules of Procedure, the mode of operation of the institution. He provides appropriate conditions for identifying the level of educational and professional training of students.

He keeps in the journal of theoretical training the account of the fulfilled educational employments, success and attendance of employment by students, controls working off of the missed employment. He carries out control of quality of knowledge, adhering to the established criteria of estimation of educational achievements of students (current, thematic, final control). He conducts additional classes and consultations. He organizes extracurricular work on the subject. He participates in meetings of pedagogical councils, methodical commissions, seminars, etc. In order to improve the methodology of teaching the subject he: works on the implementation of the general scientific and methodological problem of the educational institution; studies promising pedagogical experience; works with periodical pedagogical press; creates own methods, textbooks, manuals, including in electronic version; attends and conducts open classes. He acts as head of the study. He is responsible for preserving the material values of the study. He performs career guidance work. In accordance with the Regulations on the certification of teachers, once every five years he improves his skills and is certified according to the results of his work in all areas of activity. He reports to the academic part on the implementation of curricula and programs, progress in the subject at the end of semesters and academic year. He adheres to the norms of pedagogical ethics, morality, respects the dignity of students, instills in them a love for Ukraine, instills in them patriotism and respect for the Constitution of Ukraine. In his



activities he complies with the laws of Ukraine, the Charter and the Rules of Procedure of the educational institution.

#### 23.10 - Assistant.

Tasks and responsibilities of the assistant. He helps another teacher in the organization and implementation of the educational process, supports the independence and active involvement of students in all types of work carried out in the institution during the educational process. He constantly improves his pedagogical skills. He provides a partnership with the teacher and other participants in the educational process in order to implement the educational program to achieve all students' learning outcomes.

#### 2351.2 - Methodist of physical culture.

Tasks and responsibilities of a physical education methodologist. At the enterprise (in the organization) he provides carrying out of mass physical culture and improving and sports work. He develops and takes measures to promote a healthy lifestyle. At the enterprise (in the organization) he promotes and conducts physical culture and health-improving actions which are provided by the Complex program "Physical education - health of the nation", plans of social and economic development of labor collectives and collective agreements. He organizes and conducts reviews, competitions and other events for the best staging of physical culture and health and preventive work, taking into account working conditions. He recommends comprehensive exercises that help to restore efficiency. He conducts educational and training work in physical culture and health groups and sports sections. He organizes consultations for those who are engaged in physical culture.

#### 3431 - Executive Secretary of the Sports Federation.

Tasks and responsibilities of the executive secretary of the sports federation. He organizes work on the implementation of decisions taken by the presidium of the federation, relating to the tasks of the federation, defined by its statute, and other issues that do not contradict the statutory activities of the federation. He maintains and stores current documents, minutes of meetings of the presidium and executive committee of the federation, standing and temporary committees, other documents of the federation.

He forms the archive of the federation. He provides information communication between the federation and its members, other organizations. He involves specialists to work in the staff of the executive committee of the federation. He knows, understands and applies current regulations relating to its activities. He knows and complies with the requirements of regulations on labor protection and the environment, adheres to the rules, methods and techniques of safe work.

3475 - Coach in sports (federation, national team or club team, sports school).

Tasks and responsibilities of a sports coach. He implements in practice and develops in the prescribed manner a scientifically sound system of training high-class athletes and sports reserves. He organizes and conducts sports events, as well as participates in the prescribed manner in state international competitions and training camps. He carries out systematic control over the work of coaching staff for the training of high-class athletes and sports reserves. He develops long-term plans for the development of sports, regulations on sporting events, forms calendar plans for competitions and training camps. He provides propaganda, studies and summarizes best practices in the development of sports and training of high-class athletes, organizes its implementation in the practical work of sports organizations. He participates in the organization and practical implementation of scientific and methodological and research work in sports. He coordinates and directs the work of federations, coaching councils, judges' boards in sports. He knows, understands and applies current regulations relating to its activities. He knows and complies with the requirements of regulations on labor protection and the environment, adheres to the rules, methods and techniques of safe work.

3475 - Athlete-instructor of the national team of Ukraine.

Tasks and responsibilities of the athlete-instructor of the national team of Ukraine. He performs an individual training plan, training and competitive tasks. He maintains a high level of general physical and special training, ensures the achievement of international class results. He keeps a sports diary, records of completed tasks provided for in the individual training plan. Together with the coaching staff he participates in the planning of the training process. He adheres to the rules that ensure

the safe conduct of training sessions, the rules of sports competitions. He promotes physical culture and sports. He transfers the experience of sports achievements during the training process and provides practical assistance to young professionals. He worthily represents Ukraine at official international competitions.

3475 - Instructor-methodologist of sports school.

Tasks and responsibilities of a sports school instructor-methodologist. He carries out methodical work at school. He maintains statistical records of school performance. He analyzes and summarizes the results and content of the work of trainers-teachers. Is responsible for maintaining educational and methodological documentation, organization of educational work with athletes, for their training and recreation. He must know: methods of teaching and training athletes; current legislation on physical culture and sports, on the work of sports schools.

3475 - Aerobics instructor.

Tasks and responsibilities of an aerobics instructor. He organizes the recruitment of groups of sports and health-oriented people who want to do aerobics. He studies the "health history" of the client (general physical condition; the presence of diseases and physiological defects, which is expected to be eliminated by training; the presence of injuries; contraindications to certain types of training, strength training, etc.). He makes measurements of weight, pressure, parameters of work of heart. He invites the client to demonstrate their abilities to assess strength (muscle, speed, etc.), endurance, agility, flexibility, as well as identifies key elements for individual programs, assessing the possibility of group activities, grouping according to the person's condition engaged in. He makes calculations necessary for the choice of optimal forms and types of classes, types of loads (power, local, dynamic, static). He completes groups of persons involved, controls the quantitative and qualitative composition of groups. He conducts a set of practical activities and theoretical classes to ensure the safety of those involved. He makes a lesson plan and develops the most effective methods of training. He develops programs for safe and effective warm-ups, conducts warm-ups with those involved, focuses their attention on individual exercises. He informs the people involved in the main objectives of training, explains the rules of use of sports

equipment and inventory, demonstrates the basic elements and sequence of exercises, conducts training. He advises the persons who are engaged in questions of performance of individual exercises, technique of group exercises, on questions of sports and improving food (diet); pays attention to mistakes made during classes and corrects them. He monitors compliance with the rules of use of sports equipment and equipment. He carries out step-by-step control of training of the persons engaged, and on its basis correction of this process. He works in close contact with medical staff (if any in the staff of the sports club) to provide medical supervision of persons involved in groups. He provides increase of physical, theoretical, moral and volitional, technical and sports preparation of the engaged persons, strengthening and protection of their health in the course of employment, safety of employment. He creates conditions that prevent injuries during training and exclude the use of doping. He provides emergency medical care for injuries, damage to health, etc. He constantly monitors compliance with sanitary and hygienic standards. He participates in the organization of activities to strengthen and develop the material and technical base for aerobics. He conducts systematic accounting and analysis of the results of group work.

#### 3475 - Fitness trainer.

Tasks and responsibilities of a fitness trainer. He provides the selection of individual or group sports program; control of correctness of performance of exercises; observance of safety precautions and assistance in work with sports shells; development of a personal weight loss program or rapid muscle gain; interaction with rehabilitation specialists, nutritionists and representatives of other related professions.

Relevant tasks and responsibilities of these specialists include the possession of certain knowledge, skills and professional skills that must be acquired by students during the mastery of this educational and professional program.

The process of teaching and learning is student-centered, problem-oriented, proactive self-study process, while the main forms, methods and technologies of teaching are problem-based, multimedia, interactive lectures; practical, seminar, individual lessons; individual work; consultations; research work; discussions; disputes; brain storm; competitions in sports training and selected sports; presentations;

role-playing, business, educational games. Assessment is based on a cumulative scoring and rating system, which provides for the assessment of students in all types of classroom and extracurricular (independent) learning activities: current control, final control, in particular, testing, presentations, essays, exams, defense practices, defense qualification (master's) work etc.

The educational-professional program provides mastering of program competences, namely, formation of integral competence provides ability to solve problems of research and innovative character in the field of physical culture and sports; general competencies: the ability to act socially responsibly and consciously, the ability to search, process and analyze information from various sources, the ability to adapt and act in a new situation, the ability to identify, pose and solve problems, the ability to generate new ideas, the ability to develop and manage projects, the ability to motivate people and move towards a common goal, the ability to work in an international context, the ability to continuous self-education.

The formation of special competencies involves the ability to critically comprehend problems in the field of physical culture and sports, original thinking and research, the ability to develop and implement innovative projects in the field of physical culture and sports, the ability to carry out research and teaching activities in higher education, the ability to manage workers or educational processes in the field of physical culture and sports, which are complex, unpredictable and require new strategic approaches, the ability to solve problems in the field of physical culture and sports in new or unfamiliar environments with incomplete or limited information taking into account aspects of social and ethical responsibility, the ability to self-education, self-improvement and self-reflection for successful professionalization in physical culture and sports, the ability to plan, organize and carry out independent research on the problems of physical culture and sports, the ability to implement in practice the results of scientific research aimed at solving applied problems in the field of physical culture and sports, to understand the principles of professional and academic ethics and the need to comply with them, the ability to develop effective practice-oriented programs in physical culture and sports projected results of sports activities, the ability to develop

an algorithm for competitive activities and ensure its implementation, performance analysis.

The problem of competence in the new educational paradigm reflects the degree of ability and willingness of a specialist in physical culture and sports to fully implement their functions in solving practical problems and depends on the degree of unity of all components of their training. Thus, the formation of competence at the stage of study in a higher education institution significantly depends on the rational integration of academic disciplines and their focus on professional activities, in which a particular discipline serves as a means to achieve a common goal. At present, some disciplines are still preferred to be studied in isolation, the learning objectives of each of them are not sufficiently consistent with the main goal, which reduces the integrity of student training, does not ensure the formation of professionalism in future professionals.

A significant role in the professional development of a specialist in physical culture and sports belongs to pedagogical practice, which has repeatedly been transformed, but, in fact, has remained unchanged. Fragmentary involvement of students in the future profession does not solve the problems that practical training is designed to solve. First of all, the principle of connection between theory and practice is not properly implemented. At the same time, it is known that the professional and pedagogical development of the future specialist of physical culture and sports is not limited to working with symbolic information in the training process, and from the very beginning should be included in the context of further social life and activities. Thus training should be organized as process of inclusion of the person in system of public and professional relations, social practice, and educational process thus to reflect these relations and makes unity of professionally oriented activity, interaction and communication.

The true vocation of a specialist in physical culture and sports is determined only in practice, which allows to recommend an activity approach to learning in order to implement the professional orientation of training, as well as to use pre-professional skills as criteria for professional selection. And this applies not only to the sports

training of future specialists in physical culture and sports, but also to their pedagogical talents.

Program learning outcomes in this educational and professional program include the ability to determine the goals and objectives of research, apply scientific methods and modern methods of solving them; the ability to organize the collection, processing, systematization and analysis of research data; the ability to analyze and summarize the existing scientific and methodological and research experience in the field of physical culture and sports; the ability to apply modern methods and technologies, including information, to ensure the quality of the educational and training process; the ability to use innovative methods in professional activity; the ability to develop new programs of sports and physical culture and health orientation; the ability to use educational, sports, health-improving, health-preserving technologies taking into account the modern level of development of science; the ability to integrate the acquired knowledge into innovative pedagogical technologies; the ability to develop new technologies, means and methods for adaptive physical education and sports; the ability to apply the acquired knowledge, skills and abilities in professional activities, form cultural and axiological aspects of the personality of subordinates; the ability to analyze, study and forecast the activities of sports and sports organizations in order to improve their functioning on the basis of modern trends and achievements of domestic and foreign experience; the ability to explain the principles, purpose, objectives, means and methods of sports training, features of the organization of competitive activities, the structure of the training process, the basics of selection and orientation of athletes, the basics of modeling and forecasting in the training of athletes; the ability to determine the means of stimulating efficiency and recovery processes; the ability to develop and be able to apply new technologies and methods of teaching physical education to students in higher education; the ability to know best practices, develop and be able to apply the latest technologies in fitness, recreation and healthy living style; the ability to apply the latest technologies in sports medicine, physical therapy and occupational therapy; to use analytical approaches to the analysis of situations in the field of physical culture and sports, to investigate objects and subjects of professional activity, to

develop integral research programs in the field of physical culture and sports; demonstrate creativity in professional activities, flexible thinking, openness to new knowledge, be critical and self-critical.

Cycles of general and professional training are obligatory components of the educational program. The cycle of general training includes such disciplines like: Philosophy and methodology of science (3 credits, test), Scientific communications in a foreign language (4 credits, test), Information technology and methods of presentation of scientific results (3 credits, test), Pedagogy of higher education (3 credits, test), Psychology of higher education (3 credits, test). To the cycle of professional training - Adaptive physical education and sports (5 credits, exam), Theory, methodology and organizational and managerial activities of physical culture and sports (9 credits, exam), Methods of physical education in higher education (4 credits, exam), Methods of sports medicine, physical therapy and occupational therapy (5 credits, test), Modern technologies in the chosen sport (5 credits, test), Technologies of professional training in physical culture and sports (4 credits, test), Innovative technologies in fitness, recreation and healthy lifestyle (3 credits, test), Industrial practice (assistant) (in ZVO) (5 credits, test), Industrial practice (in sports / sports and health facilities) (4 credits, test), Preparation of qualification (master's) work (3 credits, test), Undergraduate practice (2 credits, test), Certification exam in "Theory, methodology and organizational and managerial activities of physical culture and sports"(1 credit, defense), Defense of qualification ( master's) work (1 credit, exam). The total amount of required components includes 66 credits and optional components (24 credits).

A specific feature of the fundamental alization of higher professional education in the field of physical culture and sports is the integration of theoretical, professional and special knowledge in the study of complex mental, biochemical, physiological processes occurring in the human body engaged in exercise. It is understood as a reorientation from highly specialized, utilitarian, prescription knowledge and ideas about man to general cultural and general scientific system knowledge related to the human personality in all its manifestations.



Informational and educational-methodical support of the program provides the following: to each educational discipline the educational-methodical complexes of disciplines as a part of which: the working program of educational discipline is made; lecture annotations; plans of seminar, practical or laboratory classes and their methodological support; didactic support and methodical recommendations for independent work; questions and test tasks for current and semester knowledge control; list of basic and additional literature, Internet resources; evaluation criteria for each type of educational activity; the list of means of diagnostics of educational achievements and technical means of training; information support with textbooks in each discipline.

Availability of access to the Ukrainian scientific and educational telecommunication network "URAN", which, in addition to providing broadband access to the Internet, provides a number of services: video conferencing WEBclass, virtual connection of the subscriber's computer to EDUVPN, CLOUD - cloud processing and data storage, connection to the European Science and Education Network GEANT.

Certification of graduates of the educational-professional program "Physical Culture and Sports" in the specialty 017 Physical Culture and Sports is carried out in the form of public defense of qualification (master's) work.

Qualification (master's) work of the applicant of the second (master's) level of higher education for EPP "Physical Culture and Sports" in the specialty 017 Physical Culture and Sports. Qualification (master's) work is an independent study that reflects the integral competence of the applicant and summarizes the results of their program learning outcomes from the main components of the educational program.

Qualification work involves solving a complex problem or problem in the field of physical culture and sports that requires research or innovation.

The graduate must show general scientific and special training, certify that he has mastered the necessary competencies, their practical application in specific conditions.

The state of readiness of the qualifying work of the applicant of the second (master's) level of higher education for defense is determined by the supervisor. Successful completion of the individual curriculum by the applicant is a prerequisite for admission to the defense.

Qualification (master's) work must be performed in the state language Certification of applicants for the second (master's) level of higher education and is carried out in the form of public defense of qualification (master's) work.

Qualification works performed by the applicant independently in compliance with the principles of academic integrity are allowed for defense. Qualifications are tested for plagiarism using Strike Plagiarism and Unicheck.

Public defense of qualification (master's) work can take place with the help of a presentation developed in the relevant program (Microsoft Office, PowerPoint, etc.).

The University has a system of quality assurance of educational activities and quality of higher education (internal quality assurance system), which provides for the implementation of the following procedures and measures: the principles of quality assurance in higher education are defined in the Regulations on quality assurance of educational activities KD Ushinsky South Ukrainian National Pedagogical University”, in the Regulations on the organization of the educational process for applicants for higher education at the first (bachelor's) and second (master's) levels in the State Institution "South Ukrainian National Pedagogical KD Ushinsky University", Regulations on the organization of control and assessment of knowledge of students of the State Institution "South Ukrainian National Pedagogical KD Ushinsky University", in the regulations on structural units of the University (dean's office, department, educational and methodical department), etc.

The procedure for ensuring and monitoring the quality of educational activities and the quality of higher education at Ushinsky University includes: review and constant control and modernization of educational programs; internal audit of the quality of education of higher education students, the activities of structural units of Ushinsky University, which organize and support the educational process; establishing feedback with participants in the educational process (survey of applicants for higher

education, research and teaching staff, employees of the University); assistance in professional development of scientific and pedagogical workers, employees of Ushinsky University; ensuring the availability of information on the results of Ushinsky University to all interested parties on the official website of the institution; continuous improvement of the information system of Ushinsky University to create an effective information and educational environment; prevention and detection of manifestations of academic integrity in the works of University teachers and applicants for higher education (text works of students, in particular, qualifying works), articles in professional journals.

Measures to prevent and detect academic dishonesty are carried out in accordance with the "Regulations on academic integrity of participants in the educational process of Ushinsky University", "Regulations on the Integrity Commission of Ushinsky University", "Regulations on detection and establishment of facts of dishonesty at Ushinsky University".

Ushinsky University has developed an Instruction on the procedure of technical verification for the presence of textual borrowings (academic plagiarism), which defines how the verification is carried out by special computer programs Strike Plagiarism and Unicheck.

Monitoring the quality of training of applicants for EPP "Physical Culture and Sports" in the specialty 017 Physical Culture and Sports: analysis of results, adjustment of the working curriculum, work programs of disciplines, practice programs, is carried out by the Department of Theory and Methods of Physical Culture and Sports annually.

Periodic review of the educational and professional program "Physical Culture and Sports" in the specialty 017 Physical Culture and Sports is carried out at least once per full course of study in the educational and professional program.

Proposals for updating the EPP (objective changes in infrastructure, staffing, other resource conditions, review of the workload, loans, learning outcomes) are reflected in the relevant structural elements and submitted to the Academic Council of the University.

Assessment of applicants' academic achievements is carried out on a 100-point ECTS scale and a national scale (excellent, good, satisfactory, unsatisfactory; enrolled, not enrolled). The system of assessment of learning outcomes of higher education seekers includes current, intermediate, final semester, applicant might get deferred or certified.

Annually, the results of assessing the quality of education of applicants are discussed at meetings of the Academic Council of Ushinsky University, of departments that are providing training for future masters of physical culture and sports as well as the Academic Council of the Institute of Physical Culture, Sports and Rehabilitation, and published on the official website of Ushinsky University.

Annual evaluation of research and teaching staff who provide the educational process for EPP "Physical Culture and Sports" in the specialty 017 Physical Culture and Sports, carried out by: research department, psychological service, student council of Ushinsky University, through surveys, questionnaires of students; reporting of teachers on the results of educational, scientific, organizational activities.

Regular discussion of evaluation results takes place at meetings of the Academic Council of Ushinsky University, departments and the Academic Council of the Institute and are published on the official website of Ushinsky University.

Ushinsky University has a system of professional development of research and teaching staff that provide the educational process for EPP "Physical Culture and Sports" in the specialty 017 Physical Culture and Sports in various forms: courses, internships, trainings, etc. (full-time, distance). The control over the implementation of the results of advanced training in the educational process at the level of the Department of Theory and Methods of Physical Culture and Sports of Ushinsky University is carried out.

The official website of the University (<https://pdpu.edu.ua>) contains a license (information on the right to carry out educational activities in the field of higher education), Rules of admission to the University of Ushinsky, contact information.

The page of the Department of Theory and Methods of Physical Culture and Sports Disciplines of the official website of the University contains information about

EPP "Physical Culture and Sports" in the specialty 017 Physical Culture and Sports; scientific, educational, organizational activities of teachers who ensure the implementation of EPP; entrance exam program, presentation of the specialty.

Qualification (master's) works are published through public defense, on the page of the Department of Theory and Methods of Physical Culture and Sports Disciplines of the official website of Ushinsky University.

Self-analysis of the educational-professional program proves that the disciplines correspond to professional competencies and program learning outcomes. Much attention is paid to current issues in the field of sports and the generation of new creative projects that could guide the development of sports in our country.

The educational-professional program regulates the purposes, expected results, the maintenance, conditions and technologies of realization of educational process, an estimation of quality of preparation of the graduate on the given specialty.

The program is focused on innovative modern concepts of sports training at different stages of training, modeling of sports training, the ability to solve professional problems in the field of physical culture and sports.

The educational and professional program is logically composed. It defines the purpose, subject area, main focus, features of the program, suitability for employment, assessment and subject competencies that are formed as a result of mastering academic disciplines. The components of the educational and professional program reflect topics relevant to the field of sports and physical culture.

Staffing of the educational and professional program corresponds to the profile of academic disciplines in the specialty 017 Physical Culture and Sports.

Educational and methodological support of educational activities for the training of higher education "master" in the educational and professional program "Physical Culture and Sports" is generally developed at the appropriate level and meets the requirements of the license conditions for educational activities of higher education institutions.

To identify the shortcomings of this educational and professional program, a survey was conducted among participants in the educational process, the results of

which identified some ways to improve it, namely, proposals were made to improve the resource provision of the program. First of all it is important to involve in teaching professionally oriented disciplines the scientific and pedagogical workers (possibly foreign lecturers) who have a degree or outstanding current trainers who are recognized professionals with experience in the field: research, organizational, innovative activities.

Secondly, it is important to improve the logistics of the educational institution, it concerns the provision of multimedia equipment for simultaneous use in classrooms at the appropriate level, improving social infrastructure: food outlets; gyms; stadium and sports grounds; medical centers, living conditions in the dormitory, to improve the provision of computer workstations, laboratories, equipment, facilities. Thirdly, it is important to use modern information and communication equipment; specialized software; physical culture and sports equipment; and to strengthen academic mobility, national and international credit mobility under the EU's Erasmus + program, based on bilateral agreements with partner countries'educational institutions.

The multifunctionality of physical culture and sports, their saturation with developmental, health, educational and upbringing technologies, innovative processes, requires special attention to the advanced updating of the content and methods of training for thi field. It should be borne in mind that their activities belong to the type of "Human- human", respectively, they must have modern psychological and pedagogical knowledge and skills.

Today, the institution of higher education in the field of physical culture and sports has put forward the concept according to which the unity of physical, mental, intellectual, moral and spiritual education is one of the leading principles of the educational process. At the same time, the need to increase the level of specialized-professional and psychological-pedagogical training of students and to achieve on this basis the necessary professional competence of graduates is noted.

The modern system of training specialists in physical culture and sports requires from the teaching staff of the higher school a deep rethinking of the purpose of physical education, various aspects of harmonization of its models and technologies. The

successful solution of new tasks facing higher physical education and pedagogical education depends on the readiness of the specialist to make the transition to a new pedagogical thinking, the essence of which is the perception of learning as a process of professional development of the future specialist.

The purpose of training is the maximum development of each student's abilities and abilities in the field of physical culture and sports. And this, in turn, changes the requirements for the student's personality as an active participant in the learning process. After all, as already mentioned, under the new educational paradigm, the teacher ceases to dominate, and the student is a full-fledged subject of pedagogical interaction. At the same time, to ensure high efficiency of education, it is important to develop a common pedagogical position of the entire teaching staff, distribute the tasks and functions of each department and each research and teaching staff so that all act in one direction, make common demands and, at the same time, creatively performed their educational and scientific work.

So, let's define the main directions of development of higher education in the field of physical culture and sports in the context of the ideas of the new educational paradigm:

- Creating conditions for the practical implementation of the main purpose of higher education - training of qualified professionals, competent and mobile in the field of physical culture and sports, ready for continuous professional growth, competitive in the labor market.
- Improving the content of higher education in the field of physical culture and sports, which should reflect changes in the requirements for professionals, including masters.
- Development and testing of effective innovative technologies of professional training and their inclusion in the educational process of the institution of higher education in the field of physical culture and sports.
- Establishing constant cooperation with education authorities, sports institutions, sports clubs in order to develop a common strategy for the practical

implementation of the ideas of the new educational paradigm in educational practice, and, above all - effective innovative technologies of physical education of youth.

- Development, testing and implementation of innovative forms and methods of organization of educational, scientific and educational work of future specialists in the field of physical culture and sports.

Conclusions from this study and further prospects in this direction. The wide range of mandatory and optional components of the educational and professional program allows undergraduates to master professional competencies in coaching and health activities in order to achieve high sports results in this area, improve functionality, improve physical activity and health of various segments of the population, formation of skills and abilities of masters to teaching, research activities by conducting appropriate practices. But this program requires a constant search for new conceptual and methodological principles that harmoniously combine the achievements of previous versions of the standard with modern demands in this area.