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IMPLEMENTATION OF THE REFORM OF PHYSICAL EDUCATION IN A SUMMER CAMP

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Abstract. *One of the most important tasks of modern education degree is the skills preservation and strengthening of health of participants of the educational process. In this context, an important indicator of future doctors, including specialists in physical education, to favor of preserving the culture of the sport. Article observes the main questions of reform of physical education in a summer camp.*

Keywords: *sport, health, education, summer camp, reforms.*

The problem of preserving the health of children and youth in modern conditions of Ukrainian society has exceptional importance and urgency as directly related to the problem of existence of the state. Therefore, maintaining health, its formation is of strategic importance. Constitution of Ukraine recognized the right to health as one of the major civil rights and the protection of human life and health is the responsibility of the state. Among the most important strategic objectives of the state program "Healthy Nation", "Health Promotion Youth of Ukraine" for 2013-2017 years, the National Strategy of improving motor activity in Ukraine in 2025 "Motor activity - healthy lifestyle - healthy nation" National doctrine of development of physical culture and sport defined the basic comprehensive human development and the formation of spiritual, mental and physical health.

Future specialists of physical education in modern conditions should not only be able to perform their functions, but also prepared for activities in the field of health. Therefore, an important criterion of readiness of teachers to educational work is the formation of a high level of sports culture in his possession and methods of forming the students and pupils. It follows that education in the Faculty of Physical Education should focus on the formation of students overall professional culture and sports culture. This situation gives future teachers an opportunity to realize the freedom of choice, the uniqueness of the educational experience, in which he takes his cultural identity and receives education in physical training as part of their own lifestyle and education as a way to subordinate personal creative growth objectives.

Therefore, one of the most important tasks of modern education degree is the skills preservation and strengthening of health of participants of the educational process. In this context, an important indicator of future doctors, including specialists in physical education, to favor of preserving the culture of the sport.

It is a difficult time. Society Reconstruction flows painful and controversial. Changing views on the understanding of all the usual processes of life and activity, approved by the pluralism of approaches to child rearing. It is painful rethinking the need for the existence of practices of pioneer camps, which is mainly due to the crisis of ideology. However, in children 10-16 years of genetic attraction to the organization. Teenager layer is the eternal youth "undersociety" in society.

Because countryside, summer, pioneer camps of different types - very much needed today. Summer camp is unique recessional, relaxed time, the natural environment, changing activities, new teammates, "religion" children of fellowship.

It is hard to imagine a summer vacation in a camp with no sports without competitions in running, jumping, throwing, all-around, without a battle on the football field, the struggle to volleyball and basketball courts. Mass sporting events - the inherent content of motor mode and in the academic year. Sport strengthens children's health, their tempers, makes a strong, hardy, courageous, dexterous.

The camp conditions are very promote sports activities; here athletic and sporting work is planned so as to carry out daily physical training sessions interesting and 1-2 sports events: contests, competitions on mobile games, throwing, relay races, etc. Moreover, the main task here - to give the motor activity of children harmony, turn into fascinating, organized process of physical development.

There is not a summer camp, in terms of the work, which would not have the item "Olympics". Carrying Olympics is scheduled for the end of the change. It must be the result of all sports activities. Olympics - a complex competitions held between the units, several types of units. Virtually any camp may carry sports contest of 3 or more kinds.

Interestingly, the term "Olympics" itself. In common parlance the word started to misuse. Even in the case where the competition is held only on one species, it is called sport. For example, the Olympics volleyball Olympics in swimming. What is the principle of the Olympics? During the Olympics to include more sports and physical counselors. Managers have great difficulty in calculating the results. The fact that each event included in a sports contest, is a command. Therefore, counselors task trainers for Physical Culture and the main competition judges - objectively summarize. Usually before the camp Spartacian held company officer Olympics and its results is completed team squad team. Olympics program depends on the age of the children, as well as

takes into account the popularity of this or that kind of competition. In the camps, which can be classified as small, typically groups are not sorted into equal because younger may be offended. Therefore, there is a chance of the equation system and larger and smaller, boys and girls with the help of the table.

Sport	Difference between playing (by age level)						
	1	2	3	4	5	6	7
athletics swimming shooting	<i>at tables (3 t.)</i>						
Table tennis	without handicap	4	6	8	10	12	14
Chess	without handicap	2 pawns	elephant	elephant rook and pawn	rook	rook and pawn	queen
<i>Checkers</i>	<i>without handicap</i>		<i>1 checker</i>		<i>2 checkers</i>		<i>3 checkers</i>

Note. The number "4" in the "Table Tennis" column indicates that, unless the difference game 2 stops (12 and 10 years), the eldest in each batch yields less than 4 points, ie, the party begins with the account 0:.. 4 in favor of the young; if the difference between playing the 3 stages (ie 3 years..), the party starts with a score of 0: 6 in favor of the younger, and so on..

In large camps where more than 15-20 units, sports day is best done in groups - between troops close in age, although there can not be avoided leveling systems. The competition between junior teams in every largest camp should be carried out separately and the game program. It is noteworthy that the program does not include games: football, volleyball, handball, basketball. The fact that any disputes in sports younger are not permitted. Experience has shown that the advantage in senior strength training usually gives them a distinct advantage in the game. That's why football and handball championship held separate camps between teams or clubs; volleyball and basketball are included in the Olympics in the senior squad.

The camp Olympics should be strictly regulated the number of participants number of participants from each unit, for example, each party has the right to act in the team score twice.

Track and Field - groups put on 8-10 team, regardless of the field, scoring is performed on 6-8 best results; along with a team competition in each of athletics and personal mind there. Thus, identified as champions among age groups, and the absolute champions of the camp.

Swimming - 5 people, 4 credit on better results.

Table tennis and chess - 3 people, among them certainly girl, she plays every team of the 3rd racket on the 3rd board. Competition draw system for the games thought out by themselves. For example, if involved at least 4 teams, the championship is played in a round robin (that is, each with each); if more than 4 teams at the Olympic, but with additional games to determine the place of the losing teams in the preliminary meetings.

There is no doubt that, for boys and girls sports day - a holiday, but for the organizers - is hard work. Olympics Movement, even in a small camp is extremely complex, and sometimes capricious. The opening and closing, refereeing, management protocols, care facilities, the order among the spectators and participants, award winners, honoring the organizers and judges, summarizing, and in the shortest time - this is an incomplete list of duties of the organizers of the competition. All this was preceded by extensive preparatory work. Here is how some may look the plan preparation camp Olympics:

- 1) Conduct a meeting of organizers and counselors: the first - for 4-5 days before the Olympics, the second - 2 days (system on games standings, setting forms, discussion programs, opening and closing, awarding of the winners, to discuss issues that may give rise to disputes, etc.)
- 2) Carry out guidance activities for children.
- 3) Update the layout track and sports fields.
- 4) Check the status of the inventory, bring it in order.
- 5) Prepare design competition venues: flags, pennants, banners, etc.
- 6) The day before the opening of the Olympics to check the status of the flag mast for sport and bowls, which usually is a fire Games.
- 7) Prepare certificates, medals, ribbon, souvenirs for ceremony, etc.
- 8) Collect the application.
- 9) Create protocols to establish the order of the races, spend a toss.
- 10) Choose the music program.

Also in the plan may be provided and other necessary things.

To camp Olympics took place in an organized, judges must advance to have a list of participants, the application, which reflect the conditions and the Olympics program, the number of participants in each type of participation each only 2 kinds, etc. Application signed by counselors, Chairman and organizer. After that it is certified by a physician.

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