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**PROFESSIONAL REFLEXION AS A NECESSARY CONDITION FOR
FORMATION FUTURE SOCIAL WORKS SPECIALISTS'
COMPETENCE AT THE UNIVERSITY**

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Abstract. *The article has reviewed and analyzed scientific views in psychological and pedagogical literature of well-known scientists on the notion of "professional reflexion". Presented is the essence of the concept of "professional reflexion" as a necessity for the formation of competence of the future social workers specialists in the course of education at the university. The relationship between "professional reflexion" and future professional activity of social workers is shown. It describes the main features of "professional reflexion" of future social workers in the process of their jobs' obtaining.*

Keywords: *professional reflexion, social worker, competence, professional activity.*

In modern conditions of Ukraine's transition to new educational standards a priority of modernization of professional training system is the introduction of competence-based approach, as the main means of improving of educational quality. The main task of university is to ensure a high quality of future specialists education to be competitive, capable for productive professional work, ready to further personal and professional growth, able for social and professional mobility with critical thinking and high level of responsibility for the results of their work and social activities. Under such circumstances, one of the most current tasks facing the university students as future specialists, is the formation of competence, as a result of maintenance of professional education process of study. A necessary condition for the formation of competence of

future professionals social workers in particular, is the development of their subjective position for their profession, understanding of its value for their own self-development and self-realization, awareness of themselves as its active transformative subject, in other words, reflectoring in the process of their whole professional activity from the targets to its results. In this regard, there is an actual problem of thinking over professional reflexion as a necessary condition for the formation of future social works specialists competence at the university, which allows to achieve an adequate professional and personal self-esteem, to predict and analyze the results of their own professional activity.

Theoretical analysis shows that the study of the essence of the concept of "professional reflexion" has been the subject of scientific research of many Ukrainian and foreign scientists in the field of philosophy, psychology, psychology and pedagogy. In philosophical studies professional reflexion is considered as an ability to form the understanding of the inner world of a man, his self, leading to self-understanding and the development of spirituality (V.A. Lefevr, L.S. Vygotsky, V.I. Slobodchikov).

Psycho-pedagogical aspects of the development of professional reflexion as a factor of personal and professional self-development, as the cultivating mechanism of meanings in the educational process, understanding of the essence, conditions of the development of human reflexivity in the cultural-historical and socio-cultural area are revealed in the works of eminent scientists K. Rodzhers, K.A. Abulkhanova-Slavskaya, I.S. Yakimanskaya [9].

Professional reflexion as a pedagogical problem, has been studied and discussed in the context of works of I.A. Zimnaya, V.A. Slastenin, A.V. Khutorskoy etc. [8]. In many studies, professional reflexion is seen as a necessary component of the successful implementation of professional activity (O.V. Akulova, A.P. Gureev, N.V. Kuzmina). A.A. Derkach [2] states that the success in the professional development is due to of personal growth, determined by the depth and quality of self-knowledge and self-understanding, which, in turn, depend on the reflexive rethinking of herself by a personality. Studying professional reflexion, V.A. Metaeva considers it to be one of the elements of competence or a factor of its formation [6].

The purpose of the article. Conduction of theoretical analysis of scientific views on the essence of the concept of "professional reflexion" and it as a necessary condition in the process of formation of competence of the future social work specialists in the process of education at the university.

In the process of preparation of this article were used the methods of critical analysis of scientific psychological and pedagogical literature on professional reflexion as a necessary condition for the formation of the competence of the future social work specialists at the university.

Modern psycho-pedagogical research on the problem of competence, more and more appeal to the phenomenon of professional reflexion, considering it as

a substantial element, and as a necessary condition for the formation of competence of the future specialists. A wide range of research of the problem of professional reflexion are due to the fact that the reflexive processes are involved in the regulation of almost all spheres of human activity. Professional reflexion - is to relate himself, possibilities of his own "I" with what is required by a chosen a profession; including - the existing notions about it. Skills of professional reflexion help the future specialist to formulate the obtained results, to predetermine the purpose of further work, to adjust his career path [3].

The problem in defining the essence of the concept of "professional reflexion" is particularly important within the system of professions "man-man", the distinguishing feature of which is saturated psychological background, complicating any technological regulation activity. Defining the concept of "professional reflexion", we can see that the source of its characteristics is self-knowledge, assessment and analysis of the personal and professional "I", searching of personal meaning and methodological entity of professional activity - from the sense of some of her actions and deeds to her essence and sense, which provide motivation for professional self-improvement and, consequently, a high level of professionalism. [1].

The realization of the future specialists of their professional aspirations, forming skills and abilities, developing of knowledge and skills, there is nothing else but professional reflexion itself. Professional reflexion forms a complete representation of the future specialist about himself, his qualities, physical and intellectual perspectives, meaningful social roles and functions, value orientations and objectives, professional ability [5].

Professional reflexion - is to relate himself, possibilities of his own "I" to what requires the chosen profession.

M.V. Romanova claims that the consideration of the capacity for professional reflexion in the process of education as formed personal property, ensuring the successful simultaneous awareness of performed activity and the means of regulation of this activity from the point of view of their effectiveness, including the ability to identify individual characteristics of their own activity, to analyze the results, allows him to define the conditions and psychopedagogical means of formation of this ability [3].

A.I. Trojanskaya understands professional reflexion as a synthetic psychic reality, and as a psychic process, and as reflexivity, and as the psychic state at the same time, lining in cognition, rethinking and designing by the personality her own professional activity her position in it, and the image of herself as the subject of this activity [9].

By definition, of G. Pyankova, professional reflexion is a complex of representations of the future specialist of himself as a professional, his self-esteem and self-analysis of the results of his own professional activity,

awareness of how the associates perceive him as a professional. Taking into consideration the conditions and characteristics of vocational training at the university of the future specialists in the structure of professional reflexion reflexive process is divided by her into two types: personal reflexion, the course and the results of their professional activity and social reflexion. [5].

One of the main tasks of psychological and pedagogical sciences in the professional sphere is to provide by higher education the conformity of a person and his profession. Each profession has its own characteristics, expressed in the subject, objectives, means and conditions of its implementation. Future specialist will not be able to perform their professional tasks competence without the knowledge and understanding of the requirements of the profession to the person as a personality [7]. Assuming from this point of view, professional reflexion is a necessary component of psychogram of professions related to the sphere of interpersonal communication and mutual activity. It is expressed in the active research position of the subject of research for understanding and rethinking of his own actions. As it is pointed out by I.G. Bessonova, the achievement of high professionalism by the subject of research the formation of reflexive properties [2]. And not for nothing, the general concept of professional reflexion was formulated by B.Z. Vulfov, according to whom professional reflexion - is to relate himself and abilities, of his own "I" to that that is required by the chosen profession. [1].

The analysis of the research of professional reflexion of students made by J.N. Kulyutkin, led to the conclusion that it includes: 1) the analysis by students educational and professional activity; 2) understanding of the activity at the classes at the university in an artificially created or natural conditions; 3) awareness of self-development and, selfimprovement activity as a future specialist. [6]

In the cause of preparation of the future social work specialists at the university, the formation and development of their professional reflexion as the personal education is especially important. Professional reflexion provides understanding by a future social worker specialist of his own inner world, self-organization of internal states and meaningful career. It enables professional reflexion to make the personality of future professional in the course of education at the university as an active, creative and personally meaningful process. According to A.A. Derkach, a higher degree of the profession the mechanism of professional reflexion means a higher level of professionalism. [2]

Ukrainian and foreign researchers studying the problem of formation of competence and improvement of the professionalism of the future social worker specialists, at the different stages of a career claim, that professional reflexion largely determines such functions of productive professional self-determination as "identification of interpersonal contradictions selfsubjectiveness through

various symbolic means, determination of personal meanings, the secretion of an adequate "self-image", the creating of the way of life concept and implements of its strategy "[7]. As a result, it will enable a future social work specialist create his own individual style consciously, to achieve self-esteem, and adequate professional position, to predict and analyze the results of their work.

The problem of professional reflexion acquires the particular importance for the future of social workers, in terms of their professional interaction, which provides for centration of subject-subject relations. As exacty the professional reflexion of future social workers manifests itself in the process of interpersonal interaction, communicative relationship, intellectual and personal characteristics.

For the future social work specialists professional reflexion in their profession, performs a difficult function of self-control enables them to investigate the situation, to create and evaluate the professional activity before and after its implementation, to consolidate successful actions for the realization of a specific purpose, to carry out the correction of failed actions and implement their self-development.

Conclusions. Summing up the results of the study it can be stated that the professional reflexion is an important part of the vocational training of future social work specialists and has a key role in tue procedural improvement of their professional activity. Mastering the professional reflexion of own activity, ie, the ability to analyze their professional activities, on this basis to take decisions, to take a particular position in the course of cooperation with customers is one of the necessary conditions for the formation of competence of the future social workers in the course of their vocational training at the university. The activation of cognitive activity and systematic work for the improve of their competence will contribute to the development of a professional reflexion at students of the future social workers.

Based on the theoretical analysis of the scientific literature, we can conclude that in the pedagogy the problem of professional reflexion as a necessary condition for the formation of competence of the future social work specialists in the course of education at the university is not sufficiently understood, which determines the direction of future research.

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MODULARITY PRINCIPLE IN THE FORMATION OF THE INTEGRATED COURSE "CHINESE AREA STUDIES"

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Abstract. *The article deals with the essence of the principle of modularity in the formation of the integrated course "Chinese Area Studies". This includes asynchronous organization of educational process. The role of modular training as a block distribution of educational information is defined and it requires deep self-working and analysis. The bulk of knowledge and skills is analyzed in the article which are generated in the process of studying this course and facilitate the organization of the transition from the reproductive gain knowledge to self-development of students.*